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ADVERTISING & MARKETING

Joel Williams, Advertising & Marketing Director

GRAPHICS & PRODUCTION

Francisco Arreola, Designer / Web Producer

ART DIRECTION

Francisco Arreola; Patrick Runkle; Joel Williams

COLUMNISTS

Joel Williams; WeekendSherpa.com; Captain Ray Wichmann; Paul Duclos

WRITERS & PHOTOGRAPHERS

Bill Picture; Dan Sankey; Scott Hargis; Sejal Choksi and Wes Starratt

ACCOUNTING

Cindy Henderson

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Advertising Inquiries:

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METROPOLITAN TRANSPORTATION COMMISSION (MTC) Transit Routes to Spring Blooms

PORT OF OAKLAND -**JACK LONDON SQUARE** Sailboat Show comes to Oakland



Photographer and OCSC Sailing School Member Greg Tarczynski took this shot of fellow OCSC members passing under the Golden Gate Bridge. Opening Day on the Bay on April 27 marks the official opening day of the Northern California sailing season. OCSC, based in Berkeley, makes the sport of sailing approachable, accessible and affordable for anyone with the desire to learn. Information on other Bay Area sailing schools can be found in our Waterfront Adventures section on pages 6 & 7.

Queen Wilhelmina's Tulip Garden, Golden Gate Park (Photo by Gloria Koch-Gonzales)

BY GEORGIA LAMBERT

t's already bloomin' beautiful in the Bay Area due to the early arrival of mild weather this spring. Did you know that public transit can take you to within a short walk of parks packed with roses, fields of wildflowers and the vibrant flowering bulbs of a renowned tulip garden? These colorful destinations are among the 250-plus attractions featured in MTC's recently updated and free Getting There on Transit guide. We provide the public transit carriers and/or basic route numbers; for schedules and additional information, go to 511.org or call 511.

Golden Gate Park, San Francisco:

With more than a thousand acres, Golden Gate Park is one of the most visited city parks in the United States. In addition to the three gardens listed below, Golden Gate Park's destination gardens include the Strybing Arboretum and Botanical Gardens, the AIDS Memorial Grove, the Conservatory of Flowers, and the Rose Garden. For further information, visit http://www.parks.sfgov.org.

Garden of Shakespeare's Flowers (GG Park)

Martin Luther King Jr. Drive and Middle Drive East

Muni 28, 29, 44

Established by the California Spring Blossom and Wildflower Association in 1928, this free garden features flowers and plants mentioned in the works of William Shakespeare. Crab apple trees are in flower in April; the garden also has blood-red poppies, daisies, violets, lady-smocks, cuckoo-buds, lilies and roses (which bloom at various times throughout the year), interspersed with panels that contain floral quotations from the plays.

Japanese Tea Garden (GG Park)

Tea Garden Drive and Martin Luther King Jr. Drive

Muni 28, 29, 44

Cherry blossoms are in full flower between March 15 and April 15. The azalea-covered waterfall and sweet wisteria are also part of the magic at the Japanese Tea House and Garden.

Queen Wilhelmina Tulip Garden (GG Park)

John F. Kennedy Drive near Upper Great Highway

Muni 18

March 15 through April 15 is the best time to visit this renowned tulip garden on the west end of Golden Gate Park, near Ocean Beach. Vibrantly colored tulips interspersed with blue flowering annuals surround an authentic Dutch windmill (donated to the city by Queen Wilhelmina of the Netherlands in 1902).

Oakland Rose Garden/Morcom **Rose Garden**

700 Jean Street, Oakland (510) 597-5039

AC 11, 12

With thousands of varieties of roses, this fragrant garden is tucked away from Oakland's busy city streets, just off Grand Avenue. Inspired by the gardens of Florence and Rome, some of this park's roses date from the 19th century. Certain varieties grow only in this rose garden and are points of interest for rose enthusiasts from around the world. Although the park is beautiful any time of year (and is a popular spot for weddings), the rose beds are at their blooming best from Mother's Day in May through October.

Luther Burbank Home & Gardens

Santa Rosa and Sonoma Avenues Santa Rosa (707) 524-5445

CityBus 5, 8, 18 **Golden Gate** Transit 80 **Sonoma County** Transit 20, 30, 42, 44, 48, 60, 62, 64

Arbor Day, March 7, celebrates the birth

date of Luther Burbank (1849-1926), world-renowned horticulturist, who made his home in Santa Rosa for more than

50 years. Burbank introduced hundreds of ornamental flowers and experimented with plants for most of his career. More than an acre of gardens in this city park is open to the public free of charge all day, every day, from 8 a.m. to dusk. California poppies are in full bloom in early April, and roses will be popping buds in late April. Other special garden areas focus on cutting flowers, ornamental grasses, medicinal herbs, fruit trees and wildlife habitats. Unlike the gardens, the Luther Burbank home, which is now a museum, and greenhouse are only open April through October.

University of California Botanical Garden

200 Centennial Drive Berkelev (510) 643-2755

BART Berkeley Station UC Campus Shuttle

These gardens contain plants of wild origin from nearly every continent. Of particular interest in spring, according to the propagation coordinator, are the blossoming California lilacs (fragrant, colorful shrubs), the Douglas iris, various succulents (some with flowering spikes up to 12 feet tall) and marigolds. The Garden of Old Roses is also a popular attraction. Home gardeners may want to attend the Botanical Garden's semi-annual plant sale, open to the public from 10 a.m. to 2 p.m. on April 26, where many of the same types of plants featured in the Botanical Garden may be purchased.

Point Reyes National Seashore

1 Bear Valley Road Point Reyes Station (415) 464-5100

West Marin Stagecoach **North Route 68**

Early spring is the perfect time to visit Point Reyes. Its crashing waves, sandy beaches, lighthouse and rocky headlands are always picturesque. In late April and early May, the poppies and lupine are in full blossom at the Bear Valley Visitor Center area where the bus arrives and

Getting There on Transit, a recently updated free pocket guide, contains practical information to help get you where you want to go, whether it's a daily commute or to experience the Bay Area's wealth of recreational destinations. The handy guide features colorful maps and detailed route listings for more than 250 destinations. It is part of the Metropolitan Transportation Commission's 511 travel information service.

Along with the Getting There on Transit guide, 511 is an excellent source for free transit and traffic information in the Bay Area. The trip-planning section at www.511. org is easy to use and provides schedules and alternative forms of public transportation available. Or you can simply dial 511 for updated transit, traffic, rideshare and bicycling information.

To obtain a free copy of the Getting There on Transit guide, send an e-mail with your name and address to library@mtc. ca.gov or call (510) 817-5836. Bay Area transit operators also distribute copies of the guide, or you can pick up a copy at the Bay Crossings store in the Ferry Building, San Francisco, and at the "In Transit" kiosk at the Embarcadero BART station in San Francisco.

departs. Although not accessible by public transportation, on weekends through April, you can take ranger-led wildflower walks at Chimney Rock, where the scarlet pimpernel, columbine, blue larkspur, sky lupine, California poppy, monkeyflower, buttercup and wallflower blossoms are at their blooming best.

Longshoremen call for Iraq war protest at ports on May 1

BY PAUL DUCLOS

early one hundred Longshore Caucus delegates voted to support a resolution calling for an eight-hour "stop work" meeting during the day-shift on Thursday, May 1 at Bay Area ports to protest the war by calling for the immediate, safe return of U.S. troops from Iraq.

"The Caucus has spoken on this important issue and I've notified the employers about our plans for 'stop work' meetings on May 1," said ILWU International President Bob McEllrath.

Caucus delegates, including several military veterans, spoke passionately about the importance of supporting the troops by bringing them home safely and ending the war in Iraq. Concerns were also raised about the growing cost of the war that has threatened funding for domestic needs, including education and healthcare. Nobel prize-winning economist Joseph Stiglitz and Harvard economist Linda J. Bilmes recently estimated that the true cost of the War in Iraq to American taxpayers will exceed 3 trillion dollars—a figure they describe "conservative."

campus and the world during its training voyages. One of the largest benefits of the new antenna will be live, always-on Internet connections onboard the ship.

According to Stephen Frazier, the Chief Information Officer at Cal Maritime, the new system will help address many of the problems that affected ship-to-shore communications in the past. "First, we expect emails to move back and forth in near real-time with minimal delays. In the past, we had to collect outgoing and incoming email traffic and move it in batches a couple of times each day. Our limited bandwidth meant we couldn't send most file attachments, including pictures or other critical files. With the new system, campus users will be able to continue using their own campus email accounts on board, and won't have to change over to special shipboard addresses. This alone will be a big help in reducing the workload on campus IT staff.

"We think families and friends of cadets, as well as prospective students, will really like the chance to see more of what makes the cruise such a vital part of the overall educational experience at Cal Maritime. An improved user interface will make it easier to find popular features like daily activity reports, candid photos, the



California Maritime Academy training ship Golden Bear in Vallejo as new satellite antenna is lowered into place.

New Satellite Antenna Installed On Cal Maritime Vessel

The profile of the California Maritime Academy training ship Golden Bear has been altered with the addition of a new satellite antenna—13 feet high and 12 feet in diameter—that will enable the ship to better communicate with the Cal Maritime

shipboard "Bear's Tale," and the Captain's Log. Visitors to the campus website (www.csum.edu) will find a link to this feature, which will be posted before the ship departs on the first of its two cruise legs, Sunday, April 27th.

This year's training voyage will visit island ports of the South Pacific, including Tahiti, Tonga, New Caledonia and Hawaii.

Bay Area Seaports Unite in Anti-Pollution Campaign

The Oakland Board of Port Commissioners has authorized the Port of Oakland's Executive Director to sign an agreement for a Bay Area Seaports Air Emissions Inventory. The new regional agreement names a Steering Committee comprised of the San Francisco Bay Planning Coalition, the Bay Area Air Quality Management District (Air District), and five Bay Area ports. The committee members will coordinate future efforts to reduce air emissions from port related activities, a statewide priority for the California Air Resources Board (CARB). "Reducing pollution is vital to the health of our neighbors and our region," said Port Board President Anthony Batarse.

Port of Oakland Executive Director Omar Benjamin stated, "This regional approach, and the establishment of a steering committee of all major Bay Area port authorities, will ensure success of this agreement and contribute to improving air quality for all of us. It represents another major step in our collaborative work to cut air pollution and support a healthy community."

The Bay Area Seaports Air Emissions Inventory will make it possible to evaluate the collective emissions from ports on the bay. "We have worked very hard to reduce air pollution on Port of Oakland property," said Jerry Serventi, Director of Engineering, Port of Oakland, who serves as President of the S.F. Bay Planning Coalition. "Bringing together all of the key members of the Bay Area's maritime industry to complete a detailed inventory of air emissions data will enable the Air District and industry to determine how best to reduce maritime related air quality impacts on a regional scale."

The purpose of the San Francisco Bay Planning Coalition is to facilitate the efforts of the steering committee members in developing these upcoming reports of air-quality emissions. The information will be used as the basis for policy decisions in connection with the Air District's Green Ports Initiative and other efforts to reduce emissions.

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- Every 6PM 8PM Wednesday Night Sail, OCSC Sailing, Berkeley, 510-843-4200, www.ocscsailing.com
- Set sail aboard one of our larger yachts skippered by a professional OCSC skipper and enjoy a relaxing sunset out on the Bay. You can soak in the beauty of the evening while not lifting a finger; or pitch in and take the helm. Following the sail we will serve chili, chips, salsa, and beverages. A great time to get to know other like-minded sailors. \$30 for members, \$40 retail. Call to make your reservation.
- Every 9AM 3PM –Tule Elk Tour, Blue Waters Kayaking, Tomales Bay, 415-669-2600, www.bwkayak.com
- Sat. Often the shorter tours are not enough when there is so much to see on Tomales Bay! Paddle through the tide channels amid the majestic scenery and remote beaches of the northern part of the Bay. As we paddle along we will discover the diversity of life which inhabits the Bay and its shores: Tule elk, harbor seals, batrays, hawks, waterfowl, sea stars and other intertidal life. \$98 per person.
- April 5

 11AM 5PM, Alameda Open House, Club Nautique Sail & Powerboating School, 510-865-4700, www.clubnautique.net

 Everyone is welcome. Come join us at our Alameda location for a fun filled day of FREE Sailboat Rides, view our fleet, enjoy some food beverage and live music, learn about sailing and powerboating lessons, seminars and more. FREE! Everyone welcome! Call for more information.
- April 6 7AM 12PM Monterey Dive, Advanced Diving Technologies, 925-754-8180, www.adtscuba.com

 What a better way to enjoy Spring. The seas have calmed and the whale sightings are happening. We have arranged for another technical dive. If you are qualified, then this dive is for you. This dive is offering depths of 150' to one of the pristine dives in Carmel. Diver prerequisites: experience in twin cylinders on HE, mild deco and sling bottles. Scooters welcome. The dive is \$100 and lunch is provided on the boat. Call Sharon today to sign up!
- April 12 10AM 2PM Pillar Point Kayak Trip, Half Moon Bay, California Canoe & Kayak, 800-366-9804, www.calkayak.com

 Kayaking is a great way to get outdoors and enjoy the natural setting of the lovely coastside region of Pillar Point Harbor in Half Moon Bay. Get up close and personal with harbor seals, marine birds and other wildlife. \$49, including equipment and guides.
- April 12 11AM 5PM, Sausalito Open House, Club Nautique Sail & Powerboating School, 415-332-8001, www.clubnautique.net

 Everyone is welcome. Come join us at our Sausalito location for a fun filled day of FREE Sailboat Rides, view our fleet, enjoy some food, beverage and live music, learn about sailing and powerboating lessons, seminars and more. FREE! Everyone welcome! Call for more information.
- April 16 7PM 9PM Ralph Larson on Climate Change plus John Sweeten, Marin Scuba Club, San Rafael, 415-453-9556, www.marinscuba.org
 We invite divers of all skill levels to join us the 3rd Wednesday of each month at The Seafood Peddler Restaurant in San Rafael for a featured presentation.
 We offer guest speakers discussing all aspects of diving using multi-media video presentations. Contact Alberta: marinscubaclubmembership@yahoo.com.
- April 19
 10AM 3PM Bair Island Corkscrew Slough Kayak Trip, Redwood City, California Canoe & Kayak, 800-366-9804, www.calkayak.com
 This is a fun day of easy paddling in a spectacular, calm-water wonderland right in our own backyard! Join us for an exploration by sea kayak of our local national wildlife refuge. Launching from the public boat ramp on Redwood Creek in Redwood City, we cruise through a paddler's paradise of intimate waterways and tidal marshes. \$89, including equipment and guides.
- April 19 6PM 9PM- Sausalito Moonlight Paddle, UCSF Outdoor Programs, 415-476-2078, outdoors.ucsf.edu

 Moonlight, the Bay, and a chance to share the experience with new friends and old- join us and enjoy the panoramic views of San Francisco, Angel Island and Alcatraz. Price includes guides and all necessary kayak equipment. Beginners are welcome. \$65
- April 20
 10AM 3PM Angel Island Kayak Tour, Outback Adventures, Larkspur, 415-461-2222, www.outbackadventures.com
 Lets pack our kayaks and take a real kayaking adventure to Angel Island in the San Francisco Bay. While paddling the majestic Bay, take in the spectacular views of San Francisco, Mt. Tamalpais, Mt. Diablo, and the East Bay areas. \$85 including equipment.
- April 20 Call for times Moonlight Paddle, Outback Adventures, Larkspur, 415-461-2222, www.outbackadventures.com

 Navigating your kayak by moonlight is a mystical experience you won't soon forget. We will paddle leisurely while admiring the moon's silvery light reflecting off the water's surface. Bring your friends and family to this warm welcoming event. \$65 including equipment.
- April 26

 1PM 4PM Spring Fling Catamaran Sail, OCSC Sailing, Berkeley, 510-843-4200, www.ocscsailing.com

 It's Opening Day on the Bay weekend! To kick off the Season, we've got the Adventure Cat rolling in to take you out for a cruise on the Bay. After sailing, you'll head back in for a free BBQ (4-6pm). Call to make your reservation.
- April 27

 10AM 2PM Kayak Basics class, Oakland Estuary, California Canoe & Kayak, 800-366-9804, www.calkayak.com

 Are you ready to try kayaking? Maximize your fun on the water! This half-day class (4 hours) allows you to paddle a few different types of kayaks, including Touring Kayaks (for open water), Recreational Kayaks, and Sit-on-Tops. Learn the basic strokes and the difference between boat types. We emphasize basic water safety, but save capsize recovery practice for a later course. Includes coupon for future rental, good for 2 hours! \$59, including equipment and guides.



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Port of Oakland Dredging Becomes Solution Instead of Problem

BY WES STARRATT, PE

he Port of Oakland and the Bay Area's environmental community have come a long way in working together for the common good. The May 13, 1988, issue of the Oakland Tribune vividly describes a dramatic confrontation between a barge filled with Oakland's dredged materials and fishing boats at what was undoubtedly the low point of the battle over where to put the mud dredged from Oakland's shipping channels. Contrast that with the bucolic "Partnership Recognition Ceremony" held recently in Marin County for "Hamilton Wetland Restoration and Oakland Harbor Deepening." Now, clean dredge material has become a valuable resource and not just "dredged spoils" that must be disposed of in the bay, at sea, or, when contaminated, in landfills.

The 1,000-acre Hamilton site is authorized to receive up to 10.6 million cubic yards of dredged material from the Port of Oakland and other dredging projects. It is the largest federally-funded wetland restoration project on the West Coast, involving an investment of \$106 million in federal funds and \$15 million in state funds through the California State Coastal Conservancy. So, shipping interests have found a disposal site for their dredged material, and the environmental community is able to restore a wildlife sanctuary on San Francisco Bay.

The U.S. Army Corps of Engineers is the lead federal agency for the two separatelyfunded projects. Project manager Dave Doak, exclaimed that "incredible teams of people are working on each of the projects," noting the start of this collaborative effort in 1996. Previously, dredged materials had to be put somewhere, such as adjacent to Alcatraz Island or, at times, even out to sea. Now, Oakland's dredged material is starting to be barged to a delivery point in mid-San Pablo Bay where it is discharged into a converted hydraulic dredge and then pumped through seven miles of pipeline to the Hamilton site. Oakland's joint-venture dredging contactor, Manson and Dutra, is responsible for this delivery system.

The port has always had dredging problems. Historically, Oakland was a marshland on the east shore of San Francisco Bay, and San Francisco was the port city. That began to change in the late 1800s with the arrival of the transcontinental railroad, which required boats and ferries to transfer goods and passengers to San Francisco. Those vessels needed channels that had to be dredged through the East Bay's shallow waters. Then came the container ships. San Francisco didn't have space to handle the containers nor railroad connections to move them to inland destinations. So, the container ships went to Oakland, which had to be dredged and dredged again as the container ships grew larger and larger. In 1988 the dredging was from a depth of 35 ft to 38 ft; a decade later, it was up to 46 ft, and finally the target is a 50 ft depth. That depth is expected to permit the largest container ships from Asia to make their first West Coast call at Oakland, instead of having to first call at one of the southern California ports to off-load sufficient containers to be able to enter Oakland's shallow waters.

A turning point in Oakland's dredged materials disposal program took place in 1994, with the transfer of the U.S. Naval Supply Depot at Oakland's Middle Harbor to the Port. It was apparent that Middle Harbor would provide an excellent site for the disposal of dredged materials from the adjacent shipping channel, but, since that program would involve "filling the bay," a permit would be required from the Bay Conservation & Development Commission. BCDC responded that it would not grant a permit unless the port agreed to utilize some of the dredged mud for wetland restoration projects around the bay.

One wetland restoration project was provided by a private individual who made the so-called Montezuma site available along the shore of Suisun Bay for the payment of a "tipping fee." Soon, dredged mud from the Port of Oakland was being barged to the Montezuma site, as well as to Oakland's adjacent Middle Harbor. That effort by BCDC also brought together the Port and those involved in the Hamilton Wetland Restoration Project. "Meantime," commented Joe Wong, Oakland's Executive Director of Operations, "We have also created a shallow-water habitat in the Oakland Middle Harbor, and we are very proud of that."

Oakland's 50 ft dredging project will be completed in June 2009, while Hamilton will continue to receive clean dredge materials from various dredging projects for several more years. By 2015 tidal action will once again become active at the restored Hamilton Wetlands. Endangered species will no longer be "endangered"; the environmental community will feel that it has achieved its wetland restoration goal, and the Port of Oakland will be receiving the largest container ships available.

Richmond Yacht Harbor, LTD

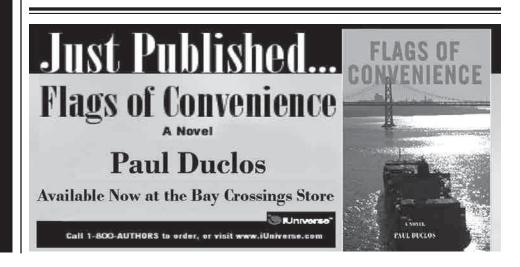
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WETA Brings New Authority To Life to Build Robust Ferry Network

overnor Schwarzenegger Jappointed four Bay Area residents to the new Water Emergency Transportation Authority (WETA) in March: Charlene Haught Johnson as chair; former Vallejo Mayor Anthony Intintoli Jr. as vice chair; Alameda Mayor Beverly Johnson; and Gerald Bellows. These appointments brings WETA to life. Just one slot, to be named by the Assembly, remains to be filled. The four of the five needed Board members now establish a quorum for WETA, allowing the authority to exercise all of the powers it has been granted.

"We urge WETA to move as quickly as possible to get new boats in the water and new terminals on the shore," said Jim Wunderman, President and CEO of the Bay Area Council. "They need to act with sincere urgency, as if people's lives depend on their actions, because they do. We also urge WETA to look closely at building the new boats here in the Bay Area, taking advantage of many existing-if perhaps mothballed facilities-we have in the region and creating a new industry our economy needs."

WETA is the result of Senate Bill 976, which created the Bay Area's first new transportation authority of the 21st Century. WETA's mission is to plan and build the most comprehensive water transit services in the world, connecting all parts of the Bay Area, that can also respond to an earthquake or other disaster. SB 976 and SB 88 identified WETA as the agency to receive \$250 million from the infrastructure bonds passed in November 2006 to start building the system. In addition, WETA qualifies for numerous possible federal funding categories, and has greater flexibility to leverage existing Bay Area regional

funding sources. SB 976 also consolidated all existing statefunded ferry service in the Bay Area under the authority and control of WETA, including the Alameda/Oakland Ferry, the Vallejo Baylink Ferry and the Harbor Bay Ferry.

"Hurricane Katrina's aftermath-where desperate residents waited days for any state or federal help-spurred the Bay Area Council to act to create WETA" said Wunderman. "When our big disaster comes, which will most likely be a 1906-sized earthquake, the only way to move people, emergency supplies and goods around the region would be on the water. Now we will be able to do so."

At the request of Senate President Don Perata, the Bay Area Council explored how to better prepare the region for a disaster with a Blue Ribbon Task Force that extensively consulted with agencies responsible for planning, operating and coordinating transportation; with experts on earthquake risk and vulnerability; and with vessel suppliers and operators. Experts advised the Task Force that the Bay Area faces a two-thirds chance of a major earthquake in next 25 years and that the regional transportation system will not survive intact, necessitating an alternate water-based system. The recommendations and analysis were summarized in the report "The Bay - The Transportation Spine for Disaster," delivered to Senator Perata on April 12, 2006.

The report found that the need for WETA is great. In addition to the FEMApredicted 5,000 deaths, 18,000 hospitalizations and 165,000 people made homeless by a major quake, the region will also face a transportation cataclysm. An Association of Bay Area Governments (ABAG) study found that more than 1,700 roads will be closed by a major earthquake on the Hayward Fault. Despite all of the completed and ongoing transportation seismic safety efforts, ABAG and the U.S. Geological Survey warn that all transbay bridges will be closed, either by bridge damage or access-road failure. Soil liquefaction will render many key roads-such as bridge approaches, Highway 101 and I-80 and 880-impassable. Violent ground movement and fault slip will cause large fractures and landslides to block roadways. The BART Berkeley hills tunnel, which passes directly through the Hayward Fault, will likely be closed for years. In short, those that survive a major quake will be stuck in their location for a long time.

Current water-based infrastructure and equipment capabilities are grossly inadequate to the physical task. Ferry terminals exist in only a few spots on the Bay, and the vessel fleet lacks the capacity to make up for even one outof-service bridge. Prior to the creation of WETA, the few vessels that existed were in the hands of many different public and private owners and operators, and with no detailed plan or identified leader to activate and coordinate them. Due to a shortage of docking facilities, only half of the current fleet could be deployed in an emergency. In addition, the shortage of fueling facilities would mean that vessels would likely run out of fuel during a major evacuation.

WETA has a mission to create a robust and flexible system, with clear leadership. It should meet the most important transbay emergency response and recovery transportation

needs to protect the Bay Area and its residents. It should also create one of the most robust water-based public transit systems in the world.

"The Bay Area Council drove the creation of BART 50 years ago to unite our region on the land, now we hope WETA can unite our region on the water," said Wunderman. "The Bay

Area Council joins with current and future ferry riders across the Bay to express heartfelt gratitude to Senator Tom Torlakson, Assembly Member Mark DeSaulnier, Assembly Speaker Fabian Nunez, Senator Don Perata and Governor Arnold Schwarzenegger for their hard work to create WETA."





Teresa Booth, Mare Island Marine Resources; Suzanne Harrington Cole, Fighting Back Partnership Board; Derik Calhoun, General Manager, Vallejo Citizens Transit Corp.; Dennis Klimisch, President Klimisch, Inc.

Teresa, Suzanne, Derik and Dennis were accepted last fall as members of Leadership Vallejo's first 19-member class. Since then, they have taken part in monthly day-long programs exploring the city's history, government, environmental, labor, economic development, education and social service systems. Class members gain leadership skills, a better understanding of the issues affecting Vallejo and the region, and a valuable contact network of individuals, groups and organizations already working for a better Vallejo.

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Joseph Room, John F. Kennedy Library 505 Santa Clara Street Vallejo April 23, 2008 - 5-7 pm

Meet Leadership Vallejo's first-year class as they present the Community Projects they have been working on this year. Meet our Board members and learn how you, your employees, colleagues, group or organization can get involved.

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BY WEEKENDSHERPA.COM

pring is here and the North Bay is ready with some double-header adventures featuring bikes, hikes, camps, kayaks, and...good wine.

Summit 'n' Sip

Pair a hike to one of Sonoma's highest summits with an après tasting at its smallest winery, and you've got a vintage Wine Country day trip. At 2,729 feet,

Bald Mountain's summit is a few hundred feet higher than Mount Tam's, offering views well worth the 7-mile (round-trip) hike. On clear days, the snow-capped peaks of the Sierra Nevada glint on the horizon and Mount Saint Helena looks close enough to touch; below, the lush green valleys and vineyard-latticed hills of Napa and Sonoma roll away. Descend via the same route, or make a partial loop by dropping down Gray Pine Trail to a mostly canopied section that crosses a creek, dips through forests, and pops out onto an open ridge with broad views. On the drive back, toast your successful ascent with a stop at Kaz Vineyard & *Winery*, the smallest—and quite possibly the friendliest-winery in Sonoma. (It closes at 5:00 p.m., so be sure to time your hike accordingly.) Richard "Kaz" Kasmier is the big guy at this family-run operation, which makes only 60 barrels of delicious organic wine a year. Buy one of their uniquely labeled bottles and Kaz will happily sign it for you.

With numerous stretches of exposed trail, this hike is best done in the milder temperatures of spring or fall. Bald



Bald Mountain's summit at 2,729 feet is a few hundred feet higher that Mt. Tamalpais.

Mountain is in Sugarloaf Ridge State *Park*. To reach the park: From Highway 12 in Sonoma Valley, go east on Adobe Canyon Rd. in Kenwood. Drive 3.5 miles to the park entrance. The trailhead is at the back of the left-side parking lot. Hike about 1 mile on Lower Bald Mountain Trail; continue up the paved Bald Mountain Trail for 1.5 miles. At the end of the pavement, turn right and continue on the Bald Mountain Trail. The trail curves around the summit; turn right on Gray Pine Trail and take a spur trail to the summit. Descend the way you came,

or continue down the Gray Pine Trail .8 mile to Red Mountain Trail. (Sturdy shoes with good grip are recommended for this route.) Turn right and go about 1 mile to the Headwaters Trail; turn left. Go .5 mile to the Vista Trail; turn right. Go .7 mile until it connects back with the Bald Mountain Trail. The park may not have maps; print one out beforehand here. Allow four to five hours for the hike. No dogs are allowed on the trail.

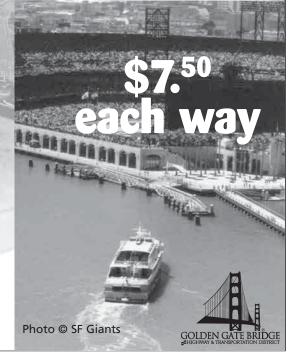
Kaz Vineyard & Winery, 233 Adobe Canyon Rd., Kenwood; 877-833-2536.

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Arch Rock in Point Reyes provides breathtaking coastal views

Open Friday to Monday from 11:00 a.m. to 5:00 p.m. Tastings are \$5.

Bike 'n' Hike

Good bike-and-hike trails are sometimes hard to find. In *Point Reyes*, the popular Bear Valley Trail is one of the best, with a peaceful ride and ramble that leads to a hulking coastal destination. Get a jumpstart on hikers by biking the first 3 mellow miles along the creek-side fire road, through towering Douglas firs. Lock your bike at the rack and continue on a foot trail that parallels the creek for another mile; near the end, the canopy thins and suddenly the destination pops into sight: Arch Rock (pictured). Walk out to rock's edge for huge views up and down the coast. On the ride back, take a break at Divide Meadow, a sunny expanse prime for picnics; from here it's a sweet stretch of gradual downhill back to the trailhead.

From the Bear Valley Visitor Center bike the Bear Valley Trail. After 3 miles, you'll reach a junction and bike rack. Lock your bike and continue 1 mile on the Bear Valley Trail to Arch Rock. Return the way you came. For more information on Point Reyes visit www.nps.gov/pore

Kayak 'n' Camp

Camping in the Sierras would be chilly at this time of year, but Tomales Bay is just getting toasty: the average high in April is 70 degrees. For an offbeat spring camping excursion, rent a kayak from Blue Waters Kayaking in Marshall and paddle across the bay to a private beach. Stuff your kayak with overnight supplies that would be tough to haul in with a backpack: gourmet dinners, wine, firewood. (Be sure to pick up a fire permit at the Bear Valley Visitor Center.) Campsites are found at Marshall and Tomales beaches, about an hour's paddle from Marshall. Get an early start to avoid the afternoon headwind, then spend the day watching egrets, herons, and the occasional osprey. Pull ashore, light up the campfire, and roast some s'mores with your sunset. Rites of spring.

Blue Waters Kayaking, 19225 Shoreline Highway, Marshall; 415-669-2600. Pick up two permits at Bear Valley Visitor Center in Point Reyes: an overnight permit (\$15 per night, per six people), and a fire permit (no charge). There is no running water at camp; bring your own. To make a camping reservation call 415-663-8054. No dogs.



Secluded beaches can become your private hideaway when traveling by kayak in Tomales Bay.

29-year-old WeekendSherpa.com founder

and managing editor Brad Day grew up in California and has spent his entire life adventuring in Northern California's great outdoors.



WeekendSherpa.com is a San Francisco based online publication that sends out a free weekly (Thursdays) email newsletter giving insiders' information on enjoyable and economical things to do in the Bay Area/Northern California outdoors, including hiking, biking, and just plain relaxing...as long as it gets you out there! www.weekendsherpa.com.



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Sausalito & Tiburon A comfortable ride across the San Francisco Bay to the two Marin seaside villages of Sausalito and Tiburon to enjoy shopping, dining or an easy stroll around town.

Angel Island A California State park and wildlife reserve. Angel Island is both a great picnic destination with hiking, kayak tours, an hour-long fullynarrated TramTour, as well as a historical site dating back to the U.S. Civil War.

Vallejo Sail to Vallejo, a waterfront community that includes the city's Heritage District, Vallejo Naval and Historical Museum and family-friendly Six Flags Discovery Kingdom theme park.

Alameda & Oakland There's dining in Jack London Square, the Farmer's market on Sundays and jazz nightly.

Blue & Gold Fleet at PIER 39 Beach Street & The Embarcadero San Francisco

GREEN PAGES

The Garbage Patch Kids

BY BILL PICTURE

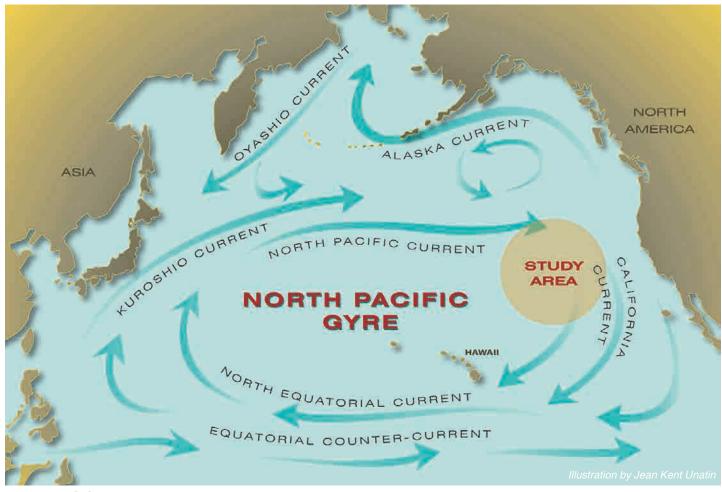
few hundred nautical miles off the coast of California, ocean currents collide to create a swirling vortex known as the Pacific Gyre. At the center of that vortex lies a fast-growing pool of garbage—most of which is terrestrial in origin—that environmentalists have dubbed "The Great Pacific Garbage Patch."

You see, the same salty breezes that keep Bay Area air so fresh also have a tendency to pick up litter from city streets and deposit it into the San Francisco Bay. Changing tides in the Bay and its grid of currents catch most of the garbage, creating floating tangles that often hug spots along the Bay's shoreline, threatening the native wildlife with whom we share the region.

But, with the help of a strong, Pacific-bound current, some of the trash will find its way to open water, and make the slow journey to the center of the Pacific Gyre. Some of the garbage will biodegrade along the way, but non-biodegradable refuse, such as plastics, will survive the journey and, eventually, be deposited into the garbage patch. This isn't a small problem; the "patch" is now roughly twice the size of the state of Texas!

"Calling it a garbage patch isn't really accurate," explains Marcus Eriksen, Director of Education and Research at Long-Beachbased Algalita Marine Research Foundation (AMRF). "The best way I can think of to describe it is a vegetable soup. The noodles would be the 2.5 tons of fishing nets. The vegetables would be the plastic bottles, shampoo bottle caps, fishing floats and the odd shoe or flip-flop. And the majority of it is the broth, a thin soup of partially brokendown plastics."

Plastic isn't biodegradable. Instead, it photodegrades, meaning sunlight breaks the



The North Pacific Gyre is a giant vortex that lies between Asia and North America cause by prevailing currents

This isn't a small problem; the "patch" is now roughly twice the size of Texas!

plastic down into smaller and smaller, but no less toxic, parts, until it reaches molecular level. It's at this level that plastic is most dangerous, as it can very easily be ingested by sealife.

Though founded in 1994, AMRF's mission wasn't cemented until 1997, when its founder, Charles Moore, a researcher and avid yachtsman, sailed right through the center of the garbage patch on his way back

from a yacht race in Hawaii. Since then, the foundation's efforts have been directed toward stopping the growth of the garbage patch, by raising awareness of the problems caused by water-carried pollution.

AMRF's scientists have been back to the garbage patch several times since 1997 to conduct research. They're particularly interested in determining the patch's growth rate. And, while the results of their latest trip are still being assessed, Eriksen says the patch is growing exponentially, which he believes is largely due to the increased use of plastic packaging, particularly for items marketed as disposable.

"I don't want you to think that [AMRF] is anti-plastic, because we're not," he explains. "We just don't think that our culture of one-time usage is a smart, sustainable practice. We need to change that kind of culture and get away from this 'use it and toss it' mentality."

While we'd all like to believe that every plastic bottle and container gets recycled, this is far from the truth. In fact, according to Conservation International, less than

GREEN PAGES

25% of plastic bottles are recycled. The rest are landfill-bound, or end up in gutters or storm drains. In San Francisco, storm drains flow to wastewater treatment facilities, where garbage is removed. "But in every other city in the Bay Area, the drains go straight into the Bay," explains Jessica Castelli of Save the Bay, an Oakland-based non-profit dedicated to protecting and restoring the San Francisco Bay.

Castelli estimates that 90 percent of the trash that ends up in Bay Area waterways is non-biodegradable. And a very good portion of that, she says, is plastic. Though she commends Bay Area consumers and businesses on stepping up their recycling efforts, she agrees with Eriksen that recycling isn't a magic bullet.

"The San Francisco Bay Regional Water Quality Control Board did a study recently, and they found three pieces of trash in every foot of stream and creek leading into the Bay," she explains. "And coastal cleanups happen regularly, and we still find tons of trash. What we need to do is create less trash, and be more careful about our trash."

Castelli also believes that stronger policies and regulations need to be in place at the city and county level. "It's time that we make [local governments] accountable because, until now, restrictions on trash haven't been enforced as strongly as other runoff pollutants."

Save the Bay recently advocated for the SF Bay Regional Water Quality Control Board [WQCB] to require that Bay Area counties greatly reduce trash discharge into the Bay via storm drain runoff, or be subject to penalties. Despite opposition by local governments, who argued that meeting the board's new requirements would be costly and burdensome, the WQCB decided last month to proceed with the plan. The new requirements will go into effect in a few months.

"That's the best thing we can do, stop more trash from getting into the water," says Marcus Eriksen of the Algalita Marine Research Foundation. "And that's where small communities can take the lead."

San Francisco has done more than any other Bay Area county to minimize the amount of plastic that ends up in landfills and in the Bay. It was the first to ban the use of Styrofoam takeout containers by restaurants. A handful of other Bay Area

cities have since followed suit.

The City is also in the process of phasing out the use of bottled water in city offices and was the first to ban the use of plastic shopping bags by large supermarkets. "Film plastic is insidious stuff," says Alex Dmitriew, Assistant Coordinator of the San Francisco Department of the Environment's Commercial Zero Waste Program. "It blows around and end ups in the Bay. And it causes havoc in the marine environment." Later this year, the City of San Francisco will ask restaurants and other hospitality-related businesses to voluntarily stop selling bottled water. And the City is considering a ban on the sale of single-serving bottles of water in San Francisco.

Dmitriew believes that such restrictions on the commercial use of plastic are a good start. But he says that consumers must also accept some responsibility. "We need to think more when we make purchases and start making smarter choices," he says. Eriksen adds, "Disposable is just a giant waste of resources. Take your own bags when you go shopping, use a coffee mug instead of a disposable cup, stop using straws."

Unfortunately, researchers have yet to come up with a solution to the Great Pacific Garbage Patch. There is no cheap, easy or effective way to remove the garbage. And researchers fear that any attempt to do so might kill off the zooplankton that call this stretch of ocean "home."

Still, Eriksen insists the situation isn't hopeless. "We need to focus on what we can do," he says. "And that's stop making the problem worse. You should see the look on people's faces when they see one of the samples we took from the [garbage patch]. They're appalled, and they go, 'What can I do?' I think people inherently want to the do right thing. They just need to be guided."

For more information visit the following websites:

Algalita Marine Research Foundation - *www.algalita.org* Save the Bay

- www.savesfbay.org SF Department of the Environment
- www.sfenvironment.org

All images Courtesy of Algalita Marine Research Foundation



Debris that was caught by booms before entering the ocean from the Los Angeles River after a storm event.



Above and below: Items collected from open waters in the Pacific Gyre.

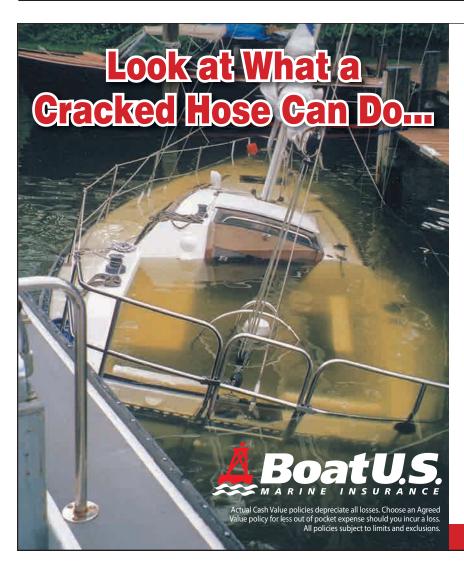


Opening Day on the Bay - Join the Parade

pening Day on the Bay, on Sunday in April 27, is the official opening day of the Northern Californian sailing season and will feature over 200 boats, beautifully decorated and adorned, heading across San Francisco Bay in parade formation starting at 12:00 p.m. Dating back to 1917 and organized by the Pacific Inter-Club Yacht Association, the parade sails from the shadows of the Golden Gate Bridge to just past Pier 39. The procession regularly features tug boats, clean-up boats and tour boats, with visitors and spectators onboard. Judges are on hand to dish out prizes for the décor and imagination of the colorful vessels. This year's theme is "Mother Goose and Friends visit San Francisco Bay." Any vessels can take part as long as they register beforehand. For more details go to www.picya.org or call (925) 323-7282.

Hundreds of recreational and special interest boats will participate in this year's festivities and the Presidential Yacht Potomac, Franklin Delano Roosevelt's famed "Floating White House" will also be out in force on Opening Day on the Bay. Join them aboard this National Historic Landmark for a 3 1/2-hour cruise from 10:30 a.m. to 2 p.m. Celebrate the official opening of a new boating season with the blessing of the fleet, and the parade of ships on San Francisco Bay. The cruise includes a gourmet box lunch and soft drinks. Tickets are \$80 per person. Proceeds benefit the Potomac's educational programs and a portion of the ticket price is tax deductible. The Potomac is located at Jack London Square in Oakland. Space is limited and advance purchase is strongly advised. For more information or to purchase tickets please call (510) 627-1215 or check out their website at www.usspotomac.org.





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Variety is King at Third Street AleWorks

BY JOEL WILLIAMS

onveniently located just a few blocks off Highway 101 in downtown Santa Rosa, Third Street AleWorks has a spacious, welcoming open dining area. Thanks to the friendly wait staff and customers I met there, I found out that it is a popular happy hour hangout; the outdoor Beer Garden is especially inviting on a nice spring day.

Founders Jim Tasley, Todd Hedrick and Chris Hagan opened the AleWorks in 1996 with a vision of a fun, casual environment where patrons could gather to enjoy great beer and food with friends. Twelve years later, it seems clear that they have achieved their goal.

When I visited the AleWorks, there were a whopping ten beers on tap, as well as two cask conditioned ales available. According to Brewmaster Randy

Gremp, "We shoot for eight to eleven beers on the board at a time." The "board" he is referring to is the large blackboard that hangs over the bar that lists the current hand-crafted beer selection available. Since the selection of beers available can change daily, they have found that using the "board" is the best way to keep customers informed as to what's available that day.

Randy Gremp

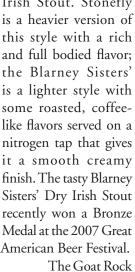
Although the beer list is certainly subject to change, the AleWorks does have a few flagship beers that will almost always be available. Their most popular beer is the spicy Bodega Head IPA, which has a bold hop presence with the familiar flavor of generous amounts of Cascade hops balanced with a high alcohol content of 7.1% ABV.

The Annadel Pale Ale and American Wheat are two of their lighter-style flagships that are also popular standards.

The Annadel Pale Ale is more like a milder IPA for those who prefer a less hoppy version of the popular style. This beer was also available in a cask conditioned version which was very interesting to try side-byside with the carbonated version on tap. The cask-conditioned version—served with no added carbonation and not as cold as the other beers—had a completely different flavor profile which accented the hops and malts that are sometimes masked at colder temperatures.

Also featured were two distinctly

different Stouts: Stonefly Oatmeal Stout and Blarney Sisters' Dry Irish Stout. Stonefly the Blarney Sisters' some roasted, coffee-American Beer Festival.



offering available, with an ABV of 8.7%. I enjoyed this heavy hitter very much, finding it to be quite sweet and malty with a bit of a nutty flavor. There was also the very nice Prost Pilsner, which is an ale version of the popular lager style. Gremp uses an especially non-distinct American Ale yeast and then ferments the beer like

a lager—longer and colder—to achieve

the crisp, clean flavor normally associated

with lagers.

Dopplebock was the big specialty beer

Gremp started out as a home brewer in the mid-80s. After years of experimenting at home and winning several awards at local competitions, he made the jump from hobby to profession in 1992 when his local brewpub, the Calistoga Inn, was in need of a new brewer. Using a six-pack of his homebrew as a resume, Gremp was hired and spent the next 13 years honing

his craft in Calistoga. In 2005, he took over the top brewing position at Third Street AleWorks.

The local Santa Rosa clientele at the AleWorks are very adventurous drinkers and have no problem with strong and flavorful craft beers, which is a brewer's dream. Gremp wouldn't have it any other way, and enjoys creating new concoctions for his loyal and exploratory crowd. I suggest that you stop by to see what's on tap; you will surely have a large variety of styles to choose from.

Joel Williams was a professional craft brewer for over seven years at several breweries. He earned a diploma in Brewing Sciences



in 1996 from the world-renowned Siebel Institute of Technology in Chicago.





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THE WORLD'S SECOND **OLDEST PROFESSION?**

BY CAPTAIN RAY

ailing isn't the world's oldest profession, but it does go back a very long way. The earliest depiction of a sailboat is on a piece of Egyptian pottery dating from about 3200 BC. Anthropologists believe humans have been sailing intentionally for about 7,000 years, and there may well have been unintentional voyages before that.

Through the ages, a wonderfully rich and colorful vernacular has evolved around sailing in many languages. In English, many of these idioms have found their way ashore and are used in everyday speech, often without any awareness of their

nautical origins. Here are a few examples of what I mean:

- The evolutionary peak of the sailing ship was the "full rigged ship." This was a sailing vessel that had three masts, each mast having three yards—the horizontal poles from which the sails hung. This is the likely origin of the expression "the whole nine yards."
- A full rigged ship had almost 300 different pieces of rope that moved and were used to raise, lower, and adjust the sails. Collectively, these were called the running rigging. This was in addition to the myriad of shrouds and stays that didn't movecalled the standing rigging-but just held everything up. When novice sailors



learned the location and use of all these lines, they were promoted to able-bodied seamen. They were said to "know the ropes," while their slower shipmates were still "learning the ropes."

- If a square rigged ship anticipated a rapid departure, the sails would be secured to the yards with a light expendable line. When the time came for that hurried exit, these lines would be cut, and the sails would drop and fill with wind. The expression "cut and run" came ashore to mean any hasty or disorderly departure.
- On sailing vessels, the lines that control sails are called sheets. One end of the sheet is tied to the sail; the other is either pulled in or eased out to adjust the sail to the changing wind. If this inboard end of the sheet is lost, the sail blows out into the wind like a giant flag and provides no power to the boat. If this happens to one or two sails, the vessel is still able to be controlled, but by the time there are "three sheets to the wind," the vessel may well be out of control.
- Until very recently it was impossible for a ship to sail into the wind. If a ship accidentally sailed past its destination, that port would have to be skipped. Similarly, if something fell off the ship while she was underway, it could not be recovered once it was past the stern. These missed opportunities were said to have "gone by the boards."
- In the days of the sailing navy, cannonballs were stacked in a pyramid near each gun.

To keep them in place as the ship rolled, these stacks were built up on top of a molded metal plate called a "monkey." With the cannonballs made of iron and the monkey made of brass, the two metals would contract at different rates as temperatures dropped. Sometimes it got cold enough "to freeze the balls off a brass monkey."

Just imagine local villagers—people who had never been more than a few miles from where they were bornlistening to the conversations of bluewater sailors. These colorful turns of phrase and interesting expressions must have seemed like a foreign language to them! We'll examine a few more in another column.

Ray Wichmann, is a US SAILINGcertified Ocean Passagemaking Instructor, a US SAILING Instructor Trainer, and a member of US SAILING's National



Faculty. He holds a 100-Ton Master's License, was a charter skipper in Hawai'i for 15 years, and has sailed on both coasts of the United States, in Mexico, the Caribbean, and Greece. He is presently employed as the Master Instructor at OCSC Sailing in the Berkeley Marina.





Oakland Hosts Largest Sailboat Show on the **West Coast**

trictly Sail Pacific, the largest sailboat show on the West Coast, comes to Oakland's Jack London Square from April 16 through April 20 with attractions for all sailing enthusiasts—from experienced racers and cruisers, to those who have never stepped foot aboard a sailboat. The show features over 200 exhibitors, an expansive fleet of sailboats ranging from small sailing dinghies to large ocean-going cruising sailboats, free introductory sailboat rides, an extensive seminar program, and special events for all ages.

Veteran racers, experts in sailing technology and weather, and cruisers who have circled the globe will lead free seminars all five days of the show. Show organizers Sail America, Walt Disney Pictures, and Pacific High Productions will also host a special preview of scenes from the yet-to-be-released film Morning Light on Friday, April 18; the film chronicles the story of one of the youngest crew to ever compete in the 2,225-mile Transpacific Yacht Race from Los Angeles to Honolulu.

TICKETS:

Adult ticket prices are \$12 on weekdays; \$15 on the weekend; \$24 for any two days. Junior sailors aged 15 and under, accompanied by an adult, are free.

SHOW HOURS:

Wednesday, April 16 (12 noon to 7 pm) Thursday, April 17 and Friday, April 18 (11 am to 7 pm) Saturday, April 19 (10 am to 7 pm) Sunday, April 20 (10 am to 5 pm)

FOR MORE INFORMATION:

For more information and to purchase tickets, visit www.strictlysail.com.

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Fisherman's Wharf on Pier 47 Foot of Jones on Jefferson Street

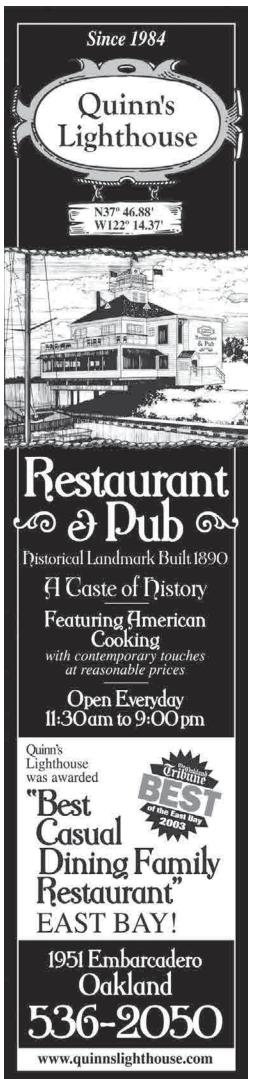


Whether you're commuting to work or enjoying a weekend outing with friends or family, the Alameda/Oakland Ferry is a great way to travel the bay.

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GET THERE BY HARR



Golden Gate Ferry LARKSPUR* Weekdays (excluding Holidays) Weekends and Holidays Depart Arrive Depart Arrive Depart Larkspur SF Larkspur Larkspur Larkspur 10:30am 6:55am 9:40am 5:50am 6:20am 6:25am 12:30 12:40pm 11:40 1:30pm 7:40 1:40pm 2:30pm 2:40 3:30 7:10 7:40 7:45 8:15 3:40 4:30 4:40 5:25 7:50 8:20 8:30 9:05 5:30 7:00 7:15 8:00 8:20 8:50 9:10 9:45 One-Way Ferry Fares 9:15 9:50 10:10 10:45 10:10 10:45 10:55 11:30 LARKSPUR SAUSALITO 11:10 11:45 11:55 12:30pm Daily Daily 11:40 12:15pm 12:25pm 1:00 12:40pm 1:15 1:25 2:00 Adult Cash Fare \$7.10 \$7.10 2:15 2:50 3:00 3:30 3:35 2:50 3:25 4:05 Frequent Rider Ticket \$4.45 \$3.80 3:40 4:15 4:25 4:55 (Book of 20 Tickets) 4:15 4:45 4:55 5:25 5:20 6:05 Seniors (age 65+) \$3.55 \$3.55 5:10 5:45 5:55 6:25 with Medicare or 5:35 6:10 6:20 6:50 approved I.D. 6:35 7:10 7:20 7:50 7:20 7:55 8:10 8:40 Youth (ages 6-18) \$3.55 \$3.55 8:10 9:20 8:45 8:50 Children (age 5 & under) **FREE** FREE

*On weekdays, with the exception of the 5:20 pm San Francisco departure which is operated by a 715 passenger Spaulding vessel, all other trips are operated by high-speed catamarans. Weekend service is provided by a 715 passenger Spaulding. Also, direct ferry service is provided to most Giants games at ATT&T Park.

Weekdays (excluding Holidays)			Weekends and Holidays				
Depart Sausalito	Arrive SF	Depart SF	Arrive Sausalito	Depart Sausalito	Arrive SF	Depart SF	Arrive Sausalito
7:10am 8:20 10:55 12:15pm 1:55 3:20 4:45 6:10 7:20	7:35am 8:45 11:25 12:45pm 2:25 3:50 5:15 6:35 7:50	7:40am 10:15 11:35 12:55pm 2:35 4:00 5:30 6:45 7:55	8:10am 10:45 12:05pm 1:25 3:05 4:30 6:00 7:10 8:20	11:20am 12:45pm 2:10 3:50 5:35 6:30	11:50am 1:15pm 2:40 4:20 6:05 7:00	10:40am 12:00pm 1:25 2:50 4:15 6:30	11:10am 12:30pm 1:55 3:20 5:15 7:00

E-mail/Comments to ferrycomments.goldengate.org INFORMATION CONTACTS 511 (toll-free) or 711 (TDD) For Larkspur and Sausalito website:www.goldengate.org

HOLIDAY SERVICE: Larkspur & Sausalito In effect on Martin Luther King, Presidents', Memorial, 4th of July, Labor Day, modified Holiday service is operated on the Day after Thanksgiving. NO SERVICE: Larkspur & Sausalito No ferry service on New Year's, Thanksgiving, and

Sharing time with whales is a privilege.



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Adventure Cat					
2008 Departure Schedule	BAY CRI	UISE	SUNSET CRUISE		
March 10 to April 24 Daily April 25 to June Daily	1:00 1:00	3:00 pm 3:00	6:00 pm 6:30		
Sunset cruise includes hors d'oeurves and two drinks for \$45.	Bay Cruise Rates: Adults: \$30 / Children 6-12: \$15 / Kids 5 and under: \$2				
(800) 979-3370 / www.adventurecat.com	Group Discount Rates: 10 or more full fare passengers = \$5.00 off per person when run on one credit card				

A	LAMEDA/C	DAKLAND		Α	LAMEDA/0	DAKLAND	
	Weekdays to S	San Francisco		Weeke	ends and Holida	ays to San Fran	cisco
Depart Oakland	Depart Alameda	Arrive Ferry Bldg.	Arrive Pier 41	Depart Oakland	Depart Alameda	Arrive Ferry Bldg.	Arrive Pier 41
6:00am 7:05 8:10 9:15 11:00 12:45pm^ 2:30 4:40 5:50 6:20	2:20*^ 4:30*^ 5:40*^ 6:10*	6:30am 7:35 8:40 9:45 11:30 1:15pm 3:00 5:10 6:15	10:00 11:45 1:30pm 3:10 7:00	10:00am 11:30 1:45 4:15 5:45 7:10	10:10 11:20 1:30 4:05 5:35 7:00	10:30 12:00 pm 2:20 4:45 	10:45 12:15 2:35 4:55 6:25 7:50
6:55^	6:45*^	7:20		Weeken	ds and Holiday	s from San Fra	ncisco
7:55^ 8:55^	7:45* 8:45*	8:20 	9:25	Depart Pier 41	Depart Ferry Bldg.	Arrive Alameda	Arrive Oakland
V	Veekdays from	San Francisco		0.45	, ,	10.10	0.55
Depart Pier 41	Depart Ferry Bldg.	Arrive Alameda	Arrive Oakland	9:15 am 10:50 1:00pm	9:25 1:10pm	10:10 11:20 1:30pm	9:55 10:30 1:45pm
10:15 12:00pm 1:45 3:45	6:30am# 7:35# 8:40# 10:30 12:15pm 2:00 4:10	7:15am 8:20 9:25 10:50# 12:35pm# 2:20# 4:30 #	7:05am 8:10 9:15 11:00# 12:45pm# 2:30# 4:40 #	3:30 5:00 6:30	3:45 5:15 6:40	4:05 5:35 7:00	4:15 5:45 7:10
	5:20	5:40	5:50	ALAN	MEDA/OAK	LAND FAR	ES:
5:20 	5:45 6:25 7:25	6:10 6:45 7:45	6:20 6:55 7:55		One Round Way Trip	10Ticket 20Ticke Book* Book*	
	8:25	7.45 8:45	8:55	Adult (13+)	\$6.00 \$12.00	\$45.00 \$80.00	\$150.00
* To S.F. vi ^ Departs i	5.25	o Alameda via		Child (5-12) Child under 5** Senior (65+) Disabled Persons* Active Military	\$3.25 \$6.50 FREE FREE \$3.50 \$7.00	PURCHASE TO ONBOARD THE OF At the Region Connection (RTC) and Bay Area business	FICKETS TE FERRY The FERRY The First Transit Transit Transit Transit

Seniors must show valid I.D., Regional Transit

ust show Military I.D.

Schedule information harvested online.

Schedules are subject to change. April, 2008

the 24-hour Ferry Fone at (510)

522-3300 to confirm times.

Blue & Gold Ferry BAY CRUISE SAUSALITO Leave PIER 39 FISHERMAN'S WHARF, PIER 41 Weekdays Weekends and Holidays Weekdays 10:45am 10:45 3:15pm Sausalito 12:00pm 4:00 12:15pm 4:00 Pier 41 Sausalito Pier 41 1:15 1:15 4:30 11:00 am 11:40 am 11:50 am 12:10pm 2:00 5:30 12:15 pm 12:55 pm 1:05 pm 1:25 2:30 1:35 2:10 2:35 2:20 3:40 3:35 Bay Cruise does not operate during inclement weather, Additional oruises may be added on demand. Check with ticket booth on day of sailing for schedule. No reserved seating available. 8:00 8:20 FARES: All prices include audio tour. \$22.00 Junior (12-18) \$18.00 * Friday ONLY ^ Via Angel Island Senior (62+).....\$18.00 Child (5-11).....\$14.00 Special Rates On Line Weekend and Holidays **ANGEL ISLAND** Depart Depart Arrive Arrive Pier 41 Sausalito Sausalito Pier 41 11:55 0:35am 11:50 12:20pm Depart Arrive Depart Arrive 1:20pm 1:25 12:30pm Angel Angel Pier 41 2:00 2:45 2:50 3:15 Island Island 4:25 4:30 4:55 3:20 10:00am 10:20am 3:20pm 4:00pm 6:00 6:45 Weekend Schedule on Memorial Day (May 28), Weekends Independence Day (July 4), and Labor Day (Sept 3) Arrive Depart Depart One-Way Pier 41 Angel Angel Pier 41 Adult. ..\$9.00 Island Child (5-11)..... .\$5.00 20 Ticket Commute Book\$140.00 10:35am 11:00am 11:05am 12:20am 3:50pm 4:55pm **TIBURON** FISHERMAN'S WHARF, PIER 41 Stops at Pier 41 prior to Ferry Building Weekday > Stops at Pier 41 for 20 minutes prior to Ferry Building

				Depart	Arrive	Depart	Arrive
Angel Island Round Trip via SF				Pier 41	Tiburon	Tiburon	Pier 41
Adult Child (6 - 12 Child (5 - u *All prices i		\$14.5 \$8.50 FREE k Fees)	11:00am 12:15pm 1:35	11:20am 12:35pm 1:50	11:25am 12:40pm 1:55	12:10pm 1:25 2:35
ΔNC	SEL ISLAND	- OAKI A	ND	2:45	3:05	3:10	4:00
Depart	Weekend Depart			4:05 	4:45 	7:45	8:20
Oakland	Alameda	Island					
9:00am* 9:10am* 10:10am			Weekends and Holidays				
Depart And	Alameda	Arrive Oakland		Depart Pier 41	Arrive Tiburon	Depart Tiburon	Arrive Pier 41
3:10pm	3:45pm Insfer at PIER 41 or	3:55pm	Island Forn	10:35am	11:10am	11:35am	12:20pm
riequires tra	TIBUR		isiana i eny	12:30pm 2:00	12:55pm 2:25	1:05pm 2:30	1:50 3:15
D	OWNTOWN S.F	., FERRY BLD	G.	3:20 5:15	4:05 6:10	4:10 6:20	4:55 6:45
	Week	days		3.15	0.10	0.20	0.45
Depart Tiburon	Arrive Ferry Bldg.	Depart Ferry Bldg.	Arrive Tiburon	FARES:			One-Way
6:25am 7:40	6:55am 8:10	7:00am 8:15	7:30am 8:45	1			
8:50 5:05pm 6:20	9:20 5:35pm 6:50	4:30pm 5:45 7:00	5:00pm 6:15 7:30		ded to Ferry Build illding via PIER 41 land		ket

Round Trip

. \$17.00

. \$ 9.00

.. \$100.00

FARES:

Child (5-11)...

20 Ticket Commute Book

Or call Blue & Gold Fleet at (415) 705-8200.

Adult.

One-Way

\$8.50

Vallejo Baylink Ferry

VALLEJO/SAN FRANCISCO FERRY BLDG./ FISHERMAN'S WHARF

Weekdays					
Depart Depart		Arrive	Depart		
Vallejo	Ferry Bldg.	Pier 41	Pier 41		
5:30am	6:35am				
6:30	7:35				
7:00	8:10				
7:45	8:55				
8:45	9:55				
10:00	11:10	11:20am	11:30am		
11:30	12:40pm				
2:00	3:30	3:00pm	3:10pm		
3:20	4:30				
4:05	5:15				
4:45	6:00				
5:35	7:05	6:35	6:45		
	I				

Missed the last ferry from San Francisco? Take the bus to Vallejo, weekdays and weekends at 10:30pm from in front of the Pier 1 Deli

CROSSING TIME & BOARDING: Crossing time between Vallejo and San Francisco is about 1 hour. Ferries depart on time. Passengers should allow 15-20 minutes to park and purchase tickets at ferry terminals before boarding.

Weekends and Holidays

Vallejo	Depart Ferry Bldg.	Pier 41	Depart Pier 41	
8:10	9:20			
10:00	11:10	11:20am	11:30	
11:30	12:40pm			
1:00pm	2:10			
2:30	3:40	3:50pm	4:00pm	
4:00	5:10	5:20	5:30	
5:35	6:45			
4:05	7:45			
8:20	9:50	9:20	9:30	

EADEC.

	rakes.	
ſ	Adult One-Way	\$12.50
l	Senior/Disabled/Medicare One-Way (65+/disabled)*	\$6.25
l	Youth One-Way (6-12 years)	\$6.25
l	Baylink DayPass	\$23.00
l	Monthly Pass	\$270.00
l	Monthly Pass with Muni	. \$310.00
l	Call (707) 64-FERRY or visit www.baylinkferry.com for up	dated
ĺ	information.	

Angel Island -Tiburon Ferry

Monday - Friday				
Tiburon to Angel Island	Angel Island to Tiburon			
10:00am 1:00pm	10:20am 1:20pm			
We	eekends			
10am, 11am, 1pm 3pm	10:20am, 11:20 am 1:20pm 3:20pm			
July	4, 2007			
10:00am, 5:00pm hourly	10:20am, 5:20pm hourly			
Schedule Subject to change w/o notice	Adults (13 and over) \$13.50 Children (6 - 12) \$11.50 Children (3 - 5) \$3.50 Bicycles \$1.00 The fares are round trip.			
Please contact up regarding any questions. Our website contains all				

current information (www.angelislandferry.com)

Harbor Bay Ferry

EAST END OF ALAMEDA/S.F.

Depart Harbor Bay Island	Arrive S.F. Ferry Bldg.	Depart S.F. Ferry Bldg.	Arrive Harbor Bay Island
6:30am	6:55am	7:00am	7:25am
7:30	7:55	8:00	8:25
8:30	8:55	4:35pm	5:00pm
	4:30pm	5:35	6:00
5:05pm	5:30	6:35	7:00
6:05	6:30	7:35	8:00
7:05	7:30		

No service on weekends

FARES:

Alameda Harbor Bay Ferry passengers can purchase Ferry tickets, passes and books on board our ferries. Alameda Harbor Bay Ferry accepts cash, checks, Visa, Mastercard and Commuter Checks as payment for ferry tickets.

One-Way Adult	\$6.00
One-Way Juniors (5-12)	\$3.00
Children (under 5)	Free
One-Way Seniors (62 & over)	
Disabled	\$3.50
Active Military	\$4.75
One-Way Commute (book of 10)	\$50.00
One-Way Commute (book of 20)	
Monthly Pass	\$165.00
Free MUNI and AC Transit Transfers F	Provided



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Red & White BAY CRUISE SCHEDULE

All Weekend departures make additional stops before

AT&T PARK SERVICE PIER 43 1/2 Direct service is available Alameda/Oakland and Vallejo for selected Giants baseball games. For service from Larkspur to selected games please visit goldengateferry.org. Monday through Sunday For more information, visit www.eastbayferry.com for Alameda/ 10:00am 1:45 Oakland service and www.baylinkferry.com for Vallejo service 10:45* 2:30 Adult . \$21 11:15 3:00 Senior (62+)\$18 12:00pm 3:45 Youth (12-17) 1:15 4:15pm* Child (5-11) http://www.baycrossings.com/ferry_schedules.asp Under 4...

Weekends Only

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Protecting the Bay from Urban Runoff

BY SEJAL CHOKSI

ay Area storm drains channel runoff into our creeks and empty into the Bay without any treatment or filtering. So when it rains, the cigarette butts, automotive fluids, pet waste, household gardening chemicals, and trash accumulated in gutters is washed into local creeks and the Bay. In fact, polluted rainwater accounts for the largest source of pollution to the Bay. Any material or substance left exposed to the elements can be carried into our waterways by stormwater.

Stormwater runoff causes serious damage to aquatic ecosystems and human health. Pesticides and other chemicals poison the aquatic food web; dirt from construction zones and eroded creeks clouds the water, destroying habitat and impeding healthy plant growth; debris such as plastic bags and bottles suffocate and disable wildlife; and bacteria and other pathogens make waterways unsafe for recreational activities like boating and swimming. In addition to pollution from residential neighborhoods and roadways, the Bay Area contends with runoff from densely-developed urban space, from active industrial sites that use hazardous chemicals and compounds, and from abandoned operations that are still contaminated with long-banned pollutants like polychlorinated biphenyls (PCBs).

The vast majority of stormwater runoff to the Bay drains from land managed by cities and counties. Each municipality is responsible for regulating the stormwater that collects in its system of storm drains and creeks as rainwater travels to the Bay. Over the last two decades, San Francisco Baykeeper has strategically targeted the

worst stormwater polluters to the Bay. We have sued numerous industrial polluters with a record of discharging contaminated stormwater into the Bay, forcing them to make improvements to their facilities to prevent runoff of chemicals and industrial compounds. Baykeeper also successfully challenged a number of Bay Area counties over weak regulations, winning stronger controls on stormwater.

Our victories in those cases have set the stage for an initiative that will improve stormwater regulations across every municipality in the Bay Area. The San Francisco Regional Water Quality Control Board has begun developing a single set of region-wide stormwater regulations, called the municipal regional permit for stormwater. This new permit will regulate stormwater runoff from 77 municipalities in the Bay Area's nine counties—this provides an extraordinary chance to establish effective regulations throughout the entire Bay Area. Baykeeper is now leading the effort to ensure that the permit includes essential components such as adequate controls on PCBs and mercury contamination; careful monitoring and reporting of stormwater pollution; and strong new low-impact development requirements—an important tool to reduce stormwater runoff from urban areas.

Low-impact development is an innovative stormwater management approach that attempts to replicate nature's way of dealing with runoff. By using design elements that capture and manage runoff close to its source, low-impact development effectively prevents stormwater runoff before it happens. Examples of low-impact development techniques include replacing paved surfaces with native grasses or gardens; creating a planted or "green" roof; and collecting rainwater for landscape irrigation use. These

How you can help:

- Limit your pesticide and fertilizer use. Pesticides can harm aquatic life such as fish and amphibians, and fertilizer releases phosphorus into our waterways, which can cause algal blooms that deplete oxygen and block sunlight in the water.
- Check your vehicles for fuel and oil leaks. When it rains, grease and oil drippings wash into storm drains and end up in our waters.
- 3. Don't wash your car in your driveway or street. Instead, clean your car at a do-it-yourself car wash site where the water is diverted to the wastewater treatment plant. Soap, dirt and oils from washing your car can harm fish and animals if it goes straight in the storm drain.
- 4. Dispose of any potentially toxic products—such as leftover yard chemicals, paints, batteries and household cleaners—at a household hazardous waste collection facility. Don't pour potentially toxic products down the drain or street gutters.
- 5. Use a mop or broom, not a hose, to clean up outdoor spills, debris and yard clippings.
- 6. Clean up litter and trash when you see it and make sure that you keep the lids on your trash and recycle bins firmly closed.
- 7. Use ashtrays. Cigarette butts are one of the most common types of trash found on our beaches.
- 8. Pick up after your pet. Bacteria, parasites, and viruses from pet waste can easily wash into storm drains and end up in the Bay without being treated.
- Support increased funding for your city's clean stormwater programs.
- Help Baykeeper reduce stormwater pollution by becoming a member today!

practices can increase groundwater recharge, diminish erosion, and reduce the amount of pollutants delivered to waterways by rainwater. If cities around the Bay are filled with structures that capture and filter stormwater, the amount of polluted runoff to the Bay can be significantly reduced.

Stormwater runoff is a low-profile but high-impact source of pollution to our waterways. San Francisco Baykeeper is working to reduce the negative effects of stormwater runoff as an essential step toward keeping the Bay watershed clean.

Sejal Choksi, San Francisco Baykeeper and Program Director

Sejal first joined
San Francisco
Baykeeper as an
attorney in September
2002, spearheading San Francisco
Baykeeper's efforts to secure the nation's
first regulations to control agricultural
pollution. As the San Francisco
Baykeeper, she now directs all aspects
of Baykeeper's advocacy programs,
pollution patrols, and legal docket.



The rehabilitated and remodeled Ferry Building once again connects the city to its waterfront heritage

Fabulous at Five

"Dream Team" that Restored Ferry Building Reconvenes to Celebrate, Ruminate

BY BOBBY WINSTON

eveloper Chris Meany and his "Dream Team" of architects and builders gave themselves a well-deserved pat on the back on Friday, March 7 to mark the 5th anniversary since the lovingly renovated Ferry Building was reopened to the public. The occasion was a symposium titled "Where Land"

Meets Water: the urban edge in transition."

Meany participated in a panel that ruminated on the perils and possibilities of San Francisco waterfront development with a focus on the Zen of gaining entitlement for such projects. Architect Jay Turnbull of Page & Turnbull spoke to the hurdles dealing with historic preservation issues and the need to break with conservative thought – "the

rules" – in finding new uses for old buildings. Dan Hodapp, Senior Waterfront Planner for the Port of San Francisco, reviewed that agency's plans and priorities. Chris Meany, *pater familias* of the Ferry Building team, offered a piquant overview of the gauntlet run to make the whole shebang happen.

By acclimation, the restored Ferry Building is an aesthetic, commercial and political triumph. Kudos to one and all.



The Embarcadero Freeway used to cut off the Ferry Building from the city.



Host Jay Turnbull makes a point as a freighter passes behind the symposium audience.



The waterfront and San Francisco Ferry Building in an earlier heyday.

AROUND THE BAY IN APRIL



Halloween on the Pond" Photograph on canvas from Artists of Issaquah exhibition. Copyright © Ric Miller 2003.

Savor Art on the Water in Sausalito

On Saturday, April 26, Sausalito's colorful floating homes community will present the Artists of Issaquah exhibition. Guests will have an opportunity to view and purchase a wide variety of outstanding art, while getting a rare chance to be inside some of the most unique homes in the world. Fifteen resident artists of Issaquah Dock and eight artists from Liberty Dock will be showing paintings, photography, sculpture and mixed media work at reasonable prices. The Sausalito floating homes community includes some 400 houseboats and boasts a rich history of creative expression. The Artists of Issaquah are maintaining this tradition with their sixth annual exhibition. The event is from 11:00 a.m. to 5:00 p.m. and admission is free. For more information please call Barbara Duncan at (415) 332-1768 and visit the website at www.floatinghome.com/fh/ artists.

National Park Service Offers Free Walking Tour

Over the last 160 years, industry and recreation have changed San

Francisco's northern waterfront. San Francisco Maritime National Historical Park preserves one of the few authentic glimpses into the city's development as an international port. Now you can learn how this scenic park was an early battleground in the fight between preservation and development. Take a stroll with a Park Ranger through the Aquatic Park Historic District and Fisherman's Wharf to discover the vibrant history of this waterfront area. The free one-hour tour takes place on Saturdays and Sundays through August. The tour covers a distance of about one mile, with some gently sloping and uneven terrain. Meet at 10:30 a.m. in the lobby of the Argonaut Hotel, 495 Jefferson Street, near the corner of Jefferson and Hyde Streets. Dress in layers and wear good walking shoes. San Francisco Maritime National Historical Park is located at the west end of Fisherman's Wharf, in San Francisco. The park includes a magnificent fleet of historic ships, a visitor center, a maritime museum (closed for renovation) and a library. For more information about the park, or its public programs, please call (415) 447-5000

or visit the park's website at www.nps.gov/safr.

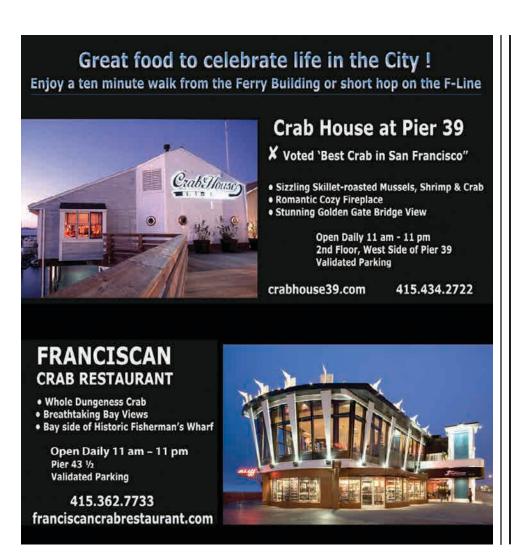
Full-Immersion Stage Production Comes To San Francisco Brah

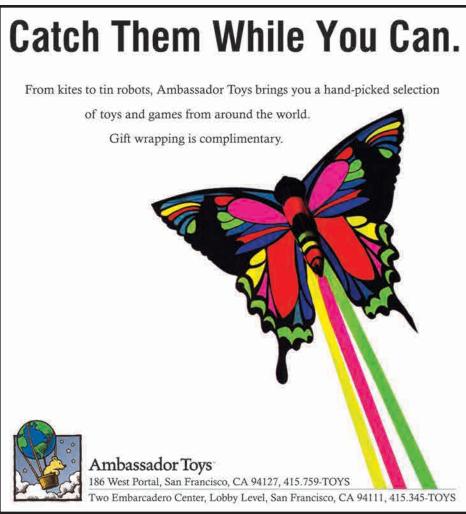
"Point Break Live!" begins a limited San Francisco engagement Friday, April 11, at Xenodrome. It is the absurdist stage adaptation of the 1992 Keanu Reeves/Patrick Swavze extreme-sports blockbuster that tells the story of former College football star, Johnny Utah, in pursuit of the surfing, bank robbing, skydiving, bare-handfighting adrenaline-junkie-cum-Zen-master Bodhi Sattva. Since its Seattle debut in 2003, "Point Break Live!" has 'rawked' sellout crowds in Minneapolis, and New York City, and it continues strong after six-months in Los Angeles to rave reviews, with all shows sold out two weeks in advance. The starring role of Johnny Utah is selected from the audience each night, and reads their entire script off of cue cards. This method manages to capture the rawness of a Keanu Reeves performance, even from those who generally think themselves incapable of acting. The fun starts immediately with the "screen test," wherein the volunteer Keanus go through a grueling audition process. The production features armed robbery, big-wave surfing, car chases, explosions, no less than two extended skydiving sequences and an indoor monsoon. The audience doesn't just watch the show; they are in it. It's a messy show and the action literally spills forth from the stage; plastic ponchos are distributed to protect the audience. It's suggested you leave your fineries at home, but, that's part of the fun, Brah. The production will feature Friday performances at 8:00 p.m. and two performances on Saturdays at 7:30 p.m. and 10 p.m. The Xenodrome is located at 1320 Potrero Avenue in San Francisco. Tickets are \$25 and available at www.theatermania.com or by calling (866) 811-4111. "Point Break Live!" will continue through June 2008, and possibly beyond. For more info, cast photos, and video visit www.pointbreaklive.com.

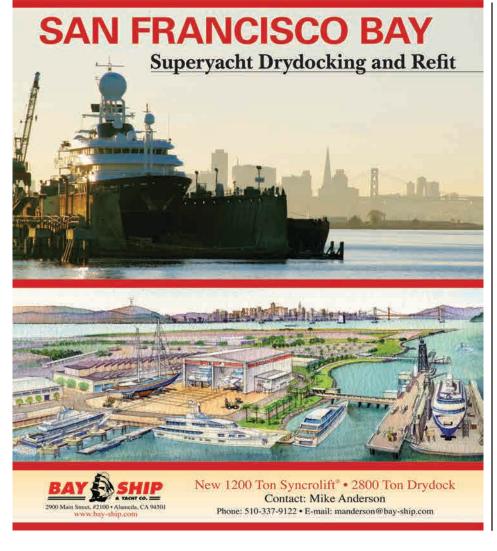
Sips & Bites on the Bay

Take a trip back to an era of classy cocktail parties and epicurean elegance aboard Franklin D. Roosevelt's historic USS Potomac. Sponsored by Foggy Bridge Winery, "Sips and Bites on the Bay" is an opportunity to enjoy fine wine and creative cuisine against the backdrop of the stunning San Francisco skyline. Sail the Bay in style on one of the country's most historic vessels while enjoying some of the finest wine and food Northern California has to offer. The wines will be paired with gourmet passed hors d'oeuvres, creating a unique educational wine and food experience. The cruise departs from the San Francisco Ferry Building's Pier "E" and sails April through November on most Saturday afternoons from 4-6 p.m. and Sunday mornings from 10 a.m.-12 p.m. Tickets are \$150 per person with group rates also available. Fees include all wine and hors d'oeuvres and two hours of sailing time. Only passengers 12 years of age and older are permitted. "Sips and Bites on the Bay" also offers a unique opportunity for corporate retreats. For further dates and more information, please visit www.sipsandbitessf.com or call (877) 329-7377.

To have your event or announcement considered for the Bay Crossings Around the Bay listings, please send information or a press release to: joel@baycrossings.com.











Is your bus driver

the friendliest, most helpful person on earth? Have newly accessible bike paths gotten you off the couch and back on two wheels? Has a group in your area made it safe to cross the busiest of streets again? Isn't it time they get the recognition they deserve? Once every two years, the Metropolitan

Transportation Commission (MTC) hands out awards to the people and organizations that have made an extraordinary contribution to the way that we get around the Bay Area.



MTC is currently

seeking nominations of those who have made significant improvements in the safety, efficiency or quality of your daily commute, as well as those who have spearheaded smart growth or have gone beyond the call of duty as a transportation professional. MTC will announce award

winners in a variety of categories at a ceremony to be held in October 2008, and nominations are due by Friday, May 9.

What moves you?

For more information on past winners, to read about specific awards or to submit your nomination online, please visit:

www.mtc.ca.gov/about_mtc/awards/

Phone 510.817.5757 to have a nomination form mailed to you.