



# BAY CROSSINGS

*"The Voice of the Waterfront"*

May 2008 Vol.9, No.5



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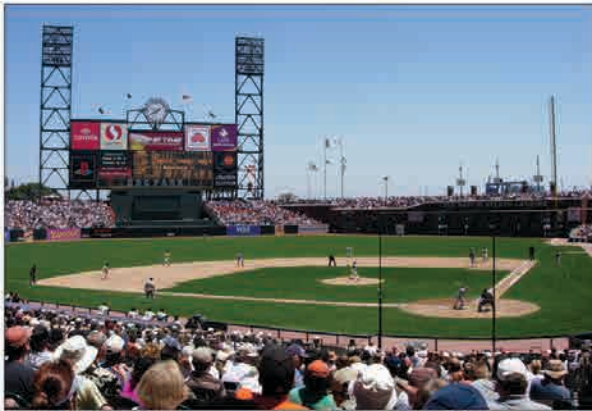


Photo by Seahorse48

\*Ferry will leave no sooner than 10PM. In the event of fireworks, Vallejo service will depart McCovey Cove 5 minutes after the Alameda/Oakland service. See BayLinkFerry.com for details. Subject to change.

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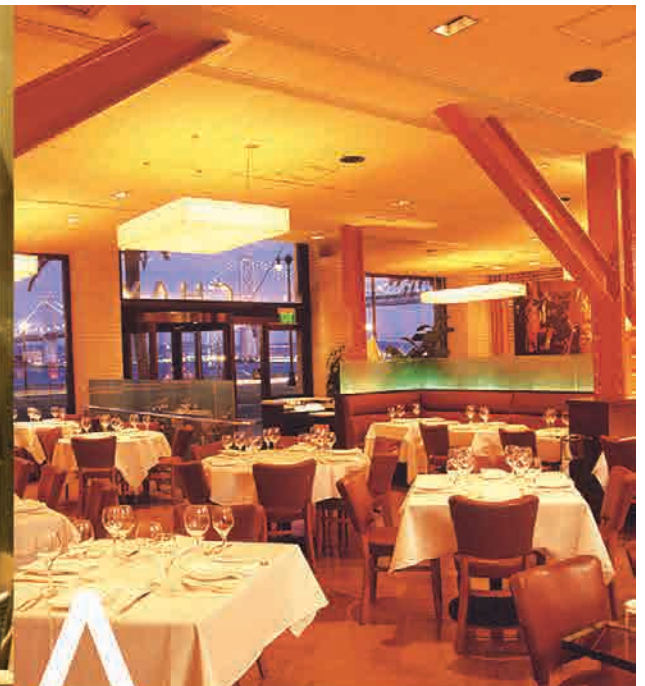
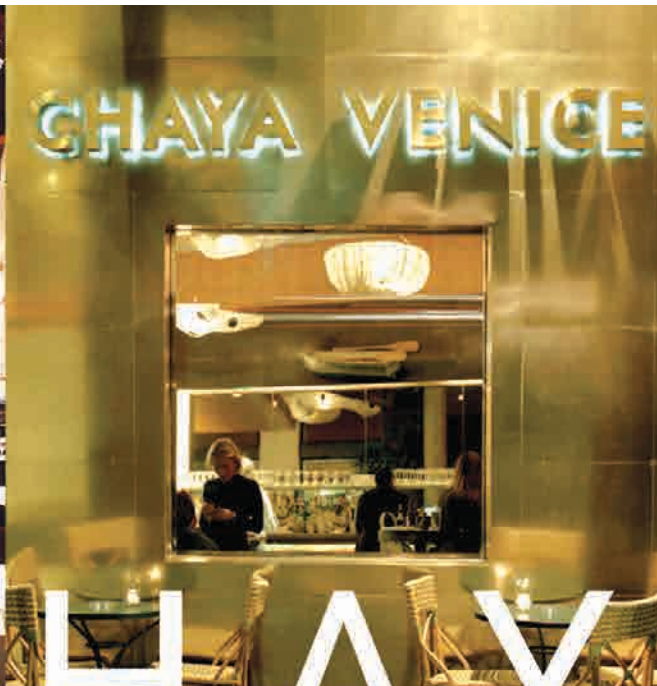
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### Corrections & Letters

*We appreciate the opportunity to publish our readers' comments, letters or requests for corrections, which can be sent to [joel@baycrossings.com](mailto:joel@baycrossings.com).*

## BAYCROSSINGS

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## ON OUR COVER



Publisher Joel Williams took this photo of a large container ship at the Port of Oakland. The Oakland Board of Port Commissioners recently took a bold step to address community and environmental concerns about impacts on air quality from its maritime operations. The seven-member board voted unanimously to adopt and implement a "Maritime Air Quality Policy Statement" and "Early Actions" to reduce air pollutant emissions and related health risk. Ship and commercial watercraft engines pump more than 1.2 tons of fine particulate matter into Bay Area air every day, according to the Bay Area Air Quality Management District.

# Help Shape the Future of Bay Area Transportation



BY URSULA VOGLER

Spring brings a new wave of opportunities to help shape the Bay Area's *Transportation 2035 Plan*, a work in progress sponsored by the Metropolitan Transportation Commission (MTC). With a title of "Change in Motion," the plan, which looks 25 years into the future, signals MTC's commitment to promoting sustainability and mobility in the face of continued growth and global warming impacts. Attend one of the public workshops held in May around the region, and help the agency determine priorities for the plan.

The workshops launch the next phase of this two-year effort. Throughout 2007, MTC and its partner agencies worked with the public via a regional summit, more localized town hall meetings, a telephone survey and Web poll, and interviews and focus groups to craft the plan's overall vision for the future along with a methodology for evaluating potential investments.

The "Vision Statement" endorsed by MTC in March 2008 outlines a Bay Area future that includes a safe, reliable and well-maintained transportation network that will take people where they want to go, when they want to get there. According to the Vision, residents should have access to a robust, seamless network of pedestrian and bicycle paths and transit routes that make car-free travel a viable option. The Vision also calls for reshaping future growth

patterns to put people closer to jobs, shopping and essential services, diminishing traffic, pollution and carbon emissions.

"When we conduct polls in the Bay Area, we always ask people what is the biggest problem they face. And almost all the time they say traffic congestion. But when you think about it, traffic congestion is really not a cause, it's a result," explains MTC's Executive Director Steve Heminger. "It's a symptom of a problem we have where people are living too far away from their jobs and are commuting long distances."

Meanwhile, a regionwide call for transportation projects yielded over 900 entries ranging from transit and freeway expansion and maintenance to alternative modes (e.g., bicycle and pedestrian projects) and transit-oriented developments. MTC is now undertaking the tough job of whittling down the submitted projects in order to realize the vision while meeting the plan's discretionary funding cap of \$30 billion over 20 years. The public's input during the workshops will help do just that.

The nine May workshops—one in each Bay Area county—will allow the public and partner agencies to review the results of the project evaluations, and weigh the trade-offs among various options for investing the region's limited transportation resources. The workshops will include a brief video explaining the plan's concepts and desired outcomes and an interactive session aimed at seeking input from the workshop's attendees.

## Transportation 2035 Public Workshops

RSVP for the free workshops by e-mailing [info@mtc.ca.gov](mailto:info@mtc.ca.gov) or calling (510) 817-5981 (or TTY/TDD (510) 817-5769). Please provide your name, address, phone number and e-mail, and let us know which workshop you plan to attend. For transit directions and more information, visit [www.mtc.ca.gov/T2035](http://www.mtc.ca.gov/T2035).

### Sonoma County

Tuesday, May 6, 2008, 6:30-8:30 pm  
 Finley Community Center, Auditorium,  
 2060 West College Avenue,  
 Santa Rosa

### Solano County

Wednesday, May 7, 2008, 6-8 pm  
 County Government Center, Rooms  
 1600-1620, 675 Texas Street, Fairfield

### Santa Clara County

Thursday, May 8, 2008, 6-8 pm  
 Martin Luther King Library, Rooms  
 225-229, 150 East San Fernando  
 Street, San Jose

### Contra Costa County

Monday, May 12, 2008, 6-8 pm  
 Civic Park Community Center, Social  
 Hall, 1375 Civic Drive, Walnut Creek

### San Mateo County

Tuesday, May 13, 2008, 6-8 pm  
 San Mateo County Government  
 Center, Board of Supervisors  
 Chambers, 400 County Center,  
 Redwood City

### Alameda County

Wednesday, May 14, 2008, 6-8 pm  
 MetroCenter, Lawrence D. Dahms  
 Auditorium, 101 8th Street, Oakland

### Marin County

Monday, May 19, 2008, 6-8 pm  
 San Rafael Community Center,  
 Auditorium, 618 B Street,  
 San Rafael

### Napa County

Tuesday, May 20, 2008, 6-8 pm  
 Napa City-County Library,  
 Community Meeting Room, 580  
 Coombs Street, Napa

### San Francisco County

Thursday, May 22, 2008, 6-8 pm  
 San Francisco State Downtown  
 Campus, Rooms E673-674, 835  
 Market Street, San Francisco

**Similar material will be presented at each workshop, and light refreshments will be served.**

**Special Needs:** To request a sign language interpreter or reader, notify MTC at (510) 817-5757 (or TTY/TDD (510) 817-5769) at least three business days in advance. Requests for interpreters for non-English speakers should be made at least five business days in advance. Every effort will be made to provide assistance.

# Port of Oakland and Union Take Steps to Reduce Emissions

BY PAUL DUCLOS

**B**ay Area dockworkers with the International Longshore and Warehouse Union (ILWU) Local 10 responded last month to an alarming health risk assessment released by the California Air Resources Board and the Bay Area Air Quality Management District.

“We work and live in this community,” said ILWU Local 10 President Melvin Mackay. “We breathe the same dirty air on the docks that West Oakland residents do on their streets. We’re very concerned about the cancer and asthma risks that this study found. The shipping industry needs to take more steps to reduce its pollution.”

The ILWU launched its Saving Lives campaign in January 2006 to encourage multinational ship-owning companies to reduce oceangoing vessel smokestack emissions by at least 20 percent by 2010 in port cities along the Pacific coast and nationwide. Ship and commercial watercraft engines pump more than 1.2 tons of fine particulate matter into Bay Area air every day, according to the Bay Area Air Quality Management District, and oceangoing container vessels produce more sulfur dioxide—a major air pollutant associated with respiratory diseases—than all of the world’s cars, trucks and buses combined.

The Oakland Board of Port Commissioners also took a bold step to address community and environmental concerns about impacts on air quality from its maritime operations. The seven-member board voted unanimously to adopt and implement a “Maritime Air Quality Policy Statement” and “Early Actions” to reduce air pollutant emissions and related health risk.

The policy provides funding mechanisms, including container fees, to generate \$520 million over several years for maritime air pollution reduction initiatives and infrastructure improvements. Setting a fee structure will allow the port to

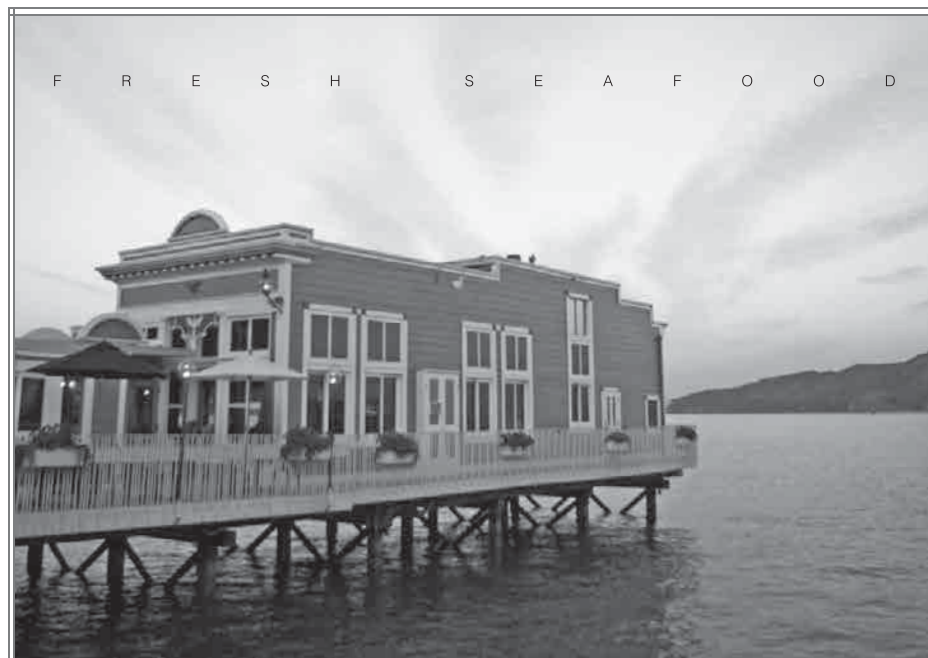
qualify for matching state funds for these significant and groundbreaking projects. The specific amount of any container fees will be determined after further staff work and analysis is completed on the best approach, as well as on the economic and business impacts of such fees. The Port Commissioner Board directed staff to convene a public forum in late spring to consider the full spectrum of issues related to requiring that truckers entering the port be employees of trucking companies. Staff was also directed by the Board to hire a consultant to prepare a detailed report regarding an employee/trucker requirement by June 2008.

Even as the Port of Oakland cargo business grows, officials there say the port will dramatically cut air pollution. The risk reduction calculations will be determined

using the Port’s 2005 seaport emissions inventory baseline.

## Senior VP at Matson Steps Down

After a maritime career that spanned four decades, including 27 years with Matson Navigation Company, Gary North, senior vice president, Pacific has retired. North’s association with Matson dates back to 1967, when he started with the company as a cargo planner in Hawaii’s freight department. In the seventies and early eighties, he held management and, later, executive posts with Seatrain Lines and U.S. Lines. Vic Angoco has been promoted and will head the company’s operations in the Pacific.



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- Every Sat & Sun**     **9AM – 12PM - Tomales Bay Morning Paddle, Blue Waters Kayaking, Tomales Bay, 415-669-2600, [www.bwkayak.com](http://www.bwkayak.com)**  
This gentle naturalist-led tour includes an introductory kayak lesson and is perfect for first-time paddlers – young and old. Bring the whole family along for a fun adventure of paddling and nature watching! Cost \$68 includes equipment.
- Every Wed.**     **6PM – 8PM - Wednesday Night Sail, OCSC Sailing, Berkeley, 510-843-4200, [www.ocscsailing.com](http://www.ocscsailing.com)**  
Set sail aboard one of our larger yachts skippered by a professional OCSC skipper and enjoy a relaxing sunset out on the Bay. You can soak in the beauty of the evening while not lifting a finger; or pitch in and take the helm. Following the sail we will serve chili, chips, salsa, and beverages. A great time to get to know other like-minded sailors. \$30 for members, \$40 retail. Call to make your reservation.
- May 10**     **10AM – 2PM - Kayak Basics class, Oakland Estuary, California Canoe & Kayak, 800-366-9804, [www.calkayak.com](http://www.calkayak.com)**  
Are you ready to try kayaking? Maximize your fun on the water! This half-day class (4 hours) allows you to paddle a few different types of kayaks, including Touring Kayaks (for open water), Recreational Kayaks, and Sit-on-Tops. Learn the basic strokes and the difference between boat types. This class emphasizes basic water safety, but saves capsized recovery practice for the Beginning Sea Kayaking class. \$59. Includes coupon for future kayak rental, good for 2 hours!
- May 10-11 & 24-25**     **10AM – 5PM, Coastal Navigation, Club Nautique - Sail & Powerboating School, 510-865-4700, [www.clubnautique.net](http://www.clubnautique.net)**  
Learn the tools of navigation. Coastal or in the bay, knowing how to get yourself safely to port is invaluable! Two weekends. Reservations Req. Cost: Members - \$372 / Non-Members - \$495.
- May 16**     **7PM – 10PM - Moonlight Paddle, Outback Adventures, Larkspur, 415-461-2222, [www.outbackadventures.com](http://www.outbackadventures.com)**  
Navigating your kayak by moonlight is a mystical experience you won't soon forget. This unique kayak tour allows for a grand view of the moon rising into the night's sky. We will paddle leisurely while admiring the moon's silvery light reflecting off the water's surface. \$65 including equipment.
- May 17**     **9AM – 4PM - Angel Island Paddle, UCSF Outdoor Programs, 415-476-2078, [outdoors.ucsf.edu](http://outdoors.ucsf.edu)**  
Experience one of the Bay Area's most loved destinations. This day trip begins with a basic safety and paddling skills orientation, kayaking on the bay, followed by lunch on historic Angel Island. Fees include all necessary kayaking equipment and Outdoor Programs guides. Cost - \$100.
- May 17**     **4PM – 6 PM - OCSC's Free Monthly BBQ – all invited! OCSC Sailing, Berkeley, 510-843-4200, [www.ocscsailing.com](http://www.ocscsailing.com)**  
A free BBQ & drinks and a fun crowd. This is a great way to check out our Club and meet some of our sailors.
- May 18**     **9AM – 5PM, Overboard Recovery Clinic, Club Nautique - Sail & Powerboating School, 510-865-4700, [www.clubnautique.net](http://www.clubnautique.net)**  
The bay is cold and powerful. If someone falls overboard would you know what to do? Learn how to get them back on board as quickly and safely as possible. Reservations Req. Cost: Members - \$297/Non-Members \$395.
- May 18**     **6PM – 9PM - Sausalito Moonlight Paddle, UCSF Outdoor Programs, 415-476-2078, [outdoors.ucsf.edu](http://outdoors.ucsf.edu)**  
Moonlight, the Bay, and a chance to share the experience with new friends and old- join us and enjoy the panoramic views of San Francisco, Angel Island and Alcatraz. Price includes guides and all necessary kayak equipment. Beginners are welcome. Cost - \$65.
- May 21**     **7PM – 9PM - Mike Clough-Diving the wrecks of Bikini Island, Marin Scuba Club, San Rafael, 415-453-9556, [www.marinclub.org](http://www.marinclub.org)**  
We invite divers of all skill levels to join us the 3rd Wednesday of each month at The Seafood Peddler Restaurant in San Rafael for a featured presentation. We offer guest speakers discussing all aspects of diving using multi-media video presentations. Contact Alberta: [marinclubmembership@yahoo.com](mailto:marinclubmembership@yahoo.com).
- May 24**     **10AM – 3PM - Angel Island Kayak Tour, Outback Adventures, Larkspur, 415-461-2222, [www.outbackadventures.com](http://www.outbackadventures.com)**  
Lets pack our kayaks and take a real kayaking adventure to Angel Island in the San Francisco Bay. While paddling the majestic Bay, take in the spectacular views of San Francisco, Mt. Tamalpais, Mt. Diablo, and the East Bay areas. \$85 including equipment.
- May 25**     **10AM – 2PM - Pillar Point Kayak Tour, Half Moon Bay, California Canoe & Kayak, 800-366-9804, [www.calkayak.com](http://www.calkayak.com)**  
Kayaking is a great way to get outdoors and enjoy the natural setting of the lovely coastside region of Pillar Point Harbor in Half Moon Bay. Get up close and personal with harbor seals, marine birds and our resident sea otter! \$49, including equipment and guides.
- May 31**     **10AM – 3PM - Bair Island - Corkscrew Slough Kayak trip, Redwood City, California Canoe & Kayak, 800-366-9804, [www.calkayak.com](http://www.calkayak.com)**  
Join us for an exploration by sea kayak of Bair Island and Corkscrew Slough! Launching from the public boat ramp on Redwood Creek in Redwood City, we cruise through a paddler's paradise of intimate waterways and tidal marshes within a national wildlife refuge. This is a fun day of easy paddling in a spectacular, calm-water wonderland right in our own backyard! \$89, including equipment and guides.
- May 17 & May 31**     **9AM – 3PM - Full Day Paddle & Hike, Blue Waters Kayaking, Tomales Bay, 415-669-2600, [www.bwkayak.com](http://www.bwkayak.com)**  
Bring your lunch and join us for a day of hiking, kayaking and learning about Tomales Bay. You will be led by our naturalist trained kayak guides. This is an active, fun day.



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## WTA CEO Steps Down

Steve Castleberry, Chief Executive Officer of the Water Transit Authority (WTA), has announced his resignation, which was accepted with regret at the newly formed Water Emergency Transit Authority's (WETA) March 31 Board of Directors meeting. The move was prompted by an unexpected job offer that allows Castleberry to work closer to his Nevada City home.

Castleberry joined the WTA in April of 2001 and was named CEO in January of 2004. As head of WTA he directed planning and environmental studies for regional ferry service and when he resigned was poised to helm the WETA with its expanded mandate for regional emergency preparedness. His easygoing manner and effective leadership will be missed.

## Vallejo Ferry to Offer Special Ballpark Service

The City of Vallejo announced the launch of special direct ferry service to all weekend and holiday San Francisco Giants games played at AT&T Park this season. This new service will hopefully add a vital revenue stream supporting the City's Transportation Division budget, while providing a great service to Solano County and North Bay region baseball fans. The popular direct return service will continue to be offered from McCovey Cove after all weekday night games.

Fans headed to the weekend and holiday games will board a dedicated ferry in Vallejo and arrive at the ballpark in McCovey Cove about 45 minutes before the first pitch. About 25 minutes after the last out, the same ferry will pick up the Vallejo-bound passengers for the return trip to Vallejo. Passengers will be able to avoid traffic snarls on Interstate 80 and San Francisco's city streets, bypass the toll bridges, and parking at the Vallejo Ferry Terminal is free.

The dedicated ferry to the baseball games will also help ease the historical over-crowding on the very popular summer weekend ferry trips to the San Francisco Ferry Building and Fisherman's Wharf at Pier 41. "It's a win-win for everyone, direct service for the ball games, and more seats for passengers heading to San Francisco for other events or family outings," said Crystal Odum Ford, the City's Transportation Superintendent.

Special tickets are required for service to all 28 weekend and holiday baseball games this season. These tickets are available only at the Vallejo Ferry Terminal Ticket Office, and advance purchase is highly recommended as pre-sales are limited to the first 275 passengers. Direct ballpark roundtrip fare is \$25.00 for adults, and \$12.50 for seniors (65+), youths (ages 6-12), and the disabled. For complete details and schedule of games, please visit [www.baylinkferry.com](http://www.baylinkferry.com).

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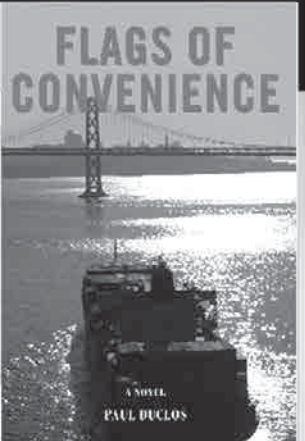
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### San Francisco Celebrates Bridge Approach Milestone

At an April event celebrating the completion of a key segment of the new West Approach to the San Francisco-Oakland Bay Bridge, Governor Arnold Schwarzenegger cut through the ceremonial chain with a torch. Opened to traffic seven months ahead of schedule, this element of the tricky retrofit-by-replacement of the mile-long elevated freeway through downtown San Francisco provides eastbound motorists with a straighter and safer pathway to the bridge.



# Dog Day on the Bay

## SPCA Offers Canine Cruise

Set sail with your canine companion! The San Francisco SPCA, in conjunction with Hornblower Cruises & Events, hosts a nautical adventure for sea dogs and their humans. 'Dog Day on the Bay' is an elegant, two-hour champagne brunch cruise, with gourmet cuisine and impeccable service for guests and their furry first mates. Enjoy spectacular views of San Francisco Bay and the Golden Gate Bridge during this one-of-a-kind experience.

The cruise takes place on Sunday,

May 4<sup>th</sup>. Dogs sail free, but there is a limit of one dog per adult and pups must be at least six months old. Services and amenities for the canine crew include the Bow Wow Buffet (sponsored by Happy Tail Ale), a special 'poop' deck (sponsored by the Sloat Garden Center) for those necessary bathroom breaks, Puppy Pleasures Boutique, and dog artists to commemorate your canine companion's maritime voyage. Deck railings are covered with protective netting for extra safety and senior SF/SPCA veterinarians and experienced SF/SPCA staff dog monitors are in attendance. All proceeds from the event benefit the homeless dogs and cats at the San Francisco SPCA.



All the photos are from last year's cruise taken by Charlotte Fiorito



**WHERE:** On board the San Francisco Belle, departing Pier 3; the Embarcadero, SF

**WHEN:** Sunday, May 4. Boarding – 11:00 a.m., Departure – 12:00 p.m., Return – 2:00 p.m.

**COST:** Tickets must be purchased in advance through Hornblower Cruises & Events, 415-788-8866 ext. 7 or hornblower.com: Adults, \$140; Children 4-12, \$65; Dogs & Children under 4, Free. Includes a free boarding photograph.

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# East Side Story

BY WEEKENDSHERPA.COM

**B**eyond industrial Oakland and suburban Walnut Creek lie areas of the East Bay popping with adventures. With spring temperatures and fresh colors in the hills, now's the time to go.

### Suisun Sundowner

Monterey and Point Reyes might get all of the kayaking fanfare, but the Suisun Estuary near Fairfield holds its own with

them. In fact, it's the biggest wildlife estuary in the lower 48 and remains largely untapped by the kayak and canoe crowd. The estuary was once a major transportation canal used by the Patwin Indian tribe, and its magic was not lost on Trish Abbatiello of **Sunset Bay Kayaks**. For the past nine years, she has rented kayaks to some of the lucky folks who have discovered this watery oasis. Her new shop is in the heart of old Suisun City, right across the street from the put-in. Go on a naturalist-led tour or take to the water on your own. We recommend the self-guided 1.5-hour Sunset Kayak. As the sun sinks on the horizon, you'll paddle south past houseboats and the marina, heading toward pyramid-shaped Mount Diablo. Take the first right into Peytonia Slough and follow it west toward the setting sun. Keep an eye out for beavers, ducks, and pelicans. When you're ready, paddle out of the slough and back to the dock, where Trish will be waiting to help you unload. It's modern-day service amid an ancient Northern California secret.

**TIP:** After changing out of wet shorts and shoes, grab a bite down the street at



*Pelican Crossing, Suisun*

Photo by Derrick Davidson

**Main Street Bar and Grill**. The downstairs has white tablecloths and candles, while the upstairs is more casual, with a long bar and TVs. The menu ranges from New York steaks to salmon fillets.

Bring a windbreaker or fleece and a change of clothes, including socks and shoes.

**Sunset Bay Kayaks**, 607 Main St., Suisun City; 707-429-5925. \$15 per person for the Sunset Kayak. \$30

per person for a Naturalist Tour. **Main Street Bar and Grill**, 627 Main St., Suisun City; 707-428-6270.

### Ring around the Mountain

It offers one of the biggest views in the West: an eye-candy panorama that includes more than 200 miles of California landscape. Which is why the Grand Loop on **Mount Diablo** should be on your to-do list this spring. This 6.5-mile trek around the East Bay's tallest peak is grand

# THE RACE IS NOW!

**Extra Larkspur Ferry Service for Bay to Breakers Race. SUNDAY, MAY 18**

<u>ONE-WAY FARE</u>	<u>DEPART LARKSPUR</u>	<u>ARRIVE SF</u>
<b>\$7.10 Adults</b>	5:45 am	6:15 am
<b>\$3.55 Seniors/Persons with Disabilities</b>	6:30 am	7:15 am
Children 5 and under <b>FREE</b> (limit 2 per adult)	7:00 am	7:30 am
<b>NO OTHER DISCOUNTS APPLY FOR THIS SERVICE</b>	8:10 am	8:40 am

Return service from San Francisco to Larkspur at 12:40 pm, 2:40 pm, 4:40 pm and 7:15 pm.

For more information, please call **511** (say "Golden Gate Transit"), 711 TDD & or visit [www.goldengate.org](http://www.goldengate.org)

GOLDEN GATE BRIDGE  
HIGHWAY & TRANSPORTATION DISTRICT

in more than just its beauty: it's a real thigh burner with substantial uphill stretches, so be sure to bring lots of water—and energy. Starting from the Juniper Campground parking area at 3,000 feet, the loop leads clockwise around the mountain, then climbs right up to the summit. From the path, a rich green landscape unfolds across the coastal range and down to the bay. Along the way, lupine, poppies, and lilies add color. The final leg of the ascent (the Prospectors Gap and North Peak trails) is especially steep. But keep at it; the scenery from the top is—need we repeat?—absolutely grand.

This exposed trail gets firecracker hot in summer, so we recommend hiking it before then. And the trail gets steep, so wear shoes with good tread. Directions: Park at Juniper Campground off of Summit Rd. There are two paved roads; walk down the one on the right to Deer Flat Rd. Continue on Deer Flat Rd. for 1.5 miles until you reach Deer Flat. Go right on Meridian Ridge Rd. Continue on this for about a mile through Murchio Gap and up to Prospectors Gap Trail (an Eagle Peak side-trip can be made at Murchio Gap). Continue up the Prospectors Gap Trail for 1.3 miles until you reach Prospectors Gap (a North Peak side-trip can be made here). Go right, up the North Peak Trail toward Mount Diablo's summit. Reach Devil's Elbow after 1 mile and go right, up the Summit Trail to the lower summit parking lot. Walk to the back of the lot and descend the Juniper Trail 1 mile back to your car.

### Foothill Ramble

Thanks to active groups like **Save Mount Diablo**, much of the area surrounding this East Bay icon has been preserved from development, leaving a playground of expansive hiking and mountain biking trails. Hop on your mountain bike to explore the western side of the mountain through the rolling hills of the Shell Ridge Open Space, just outside of Walnut Creek. This 11-mile loop, for intermediate and advanced riders, links three unique sections of open space, and has 10—yes, 10—creek crossings, so expect wet toes. A good map is essential (see below). (Beginners and those averse to wheeling through the creeks can opt for a shorter out-and-back route.) The first few miles along the Briones-to-Mount Diablo Trail ramble along wide fire roads with a few climbs and descents and gate pass-throughs; this part of the ride features

plenty of surrounding greenery, grazing cows, and pockets of poppies in the hills. Big oak trees provide rare shade on this mostly exposed stretch, which passes through Diablo Foothills Regional Park before entering Mount Diablo State Park. To pedal the full 11-mile route, energetic riders can link together Wall Point Rd, Dusty Rd., and Stage Rd.—get ready for those ten creek crossings. Refreshing!

Because of exposed trail sections, this ride is best done early in the day or when cooler temperatures are in the forecast. Save Mount Diablo has an excellent **map** for sale on its website or at outdoor stores around the bay. Directions: Exit Highway 680 at Ygnacio Valley Rd. and go east. After 1 mile, go right on Homestead Ave. After .2 mile, go left onto Marshall Dr. and follow it 1 mile to the end. Begin the ride at the information kiosk, where you turn right onto the Briones-to-Mount Diablo Trail. Over the next few miles you will come to multiple junctions, but stay on the Briones-to-Mount Diablo Trail (including at the poorly marked intersection with the Stonegate Trail after 3 miles—go left to stay on the Briones-to-Mount Diablo Trail). After 4.5 miles the Briones-to-Mount Diablo Trail ends; turn left onto Wall Point Rd. toward the Summit Trail. After .5 mile, go left onto Dusty Rd. and descend .5 mile to Stage Rd. Turn left and continue on Stage Rd. for just over 2 miles and through 10 creek crossings. Veer left onto Shell Ridge Loop Trail, then after .2 mile, go left again (by the picnic table), heading back up for .25 mile toward the Briones-to-Mount Diablo Trail. Turn right on the Briones-to-Mount Diablo Trail, which will take you back to the start.

*29-year-old WeekendSherpa.com founder and managing editor*

**Brad Day** grew up in California and has spent his entire life adventuring in Northern California's great outdoors. WeekendSherpa.com is a San Francisco based online publication that sends out a free weekly (Thursdays) email newsletter giving insiders' information on enjoyable and economical things to do in the Bay Area/Northern California outdoors, including hiking, biking, and just plain relaxing...as long as it gets you out there! [www.weekendsherpa.com](http://www.weekendsherpa.com).



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**Sausalito & Tiburon** A comfortable ride across the San Francisco Bay to the two Marin seaside villages of Sausalito and Tiburon to enjoy shopping, dining or an easy stroll around town.

**Angel Island** A California State park and wildlife reserve. Angel Island is both a great picnic destination with hiking, kayak tours, an hour-long fully-narrated TramTour, as well as a historical site dating back to the U.S. Civil War.

**Vallejo** Sail to Vallejo, a waterfront community that includes the city's Heritage District, Vallejo Naval and Historical Museum and family-friendly Six Flags Discovery Kingdom theme park.

**Alameda & Oakland** There's dining in Jack London Square, the Farmer's market on Sundays and jazz nightly.

**Blue & Gold Fleet at PIER 39  
Beach Street & The Embarcadero  
San Francisco**

# Reaping Green Rewards

BY BILL PICTURE

**A** Bay Area non-profit has devised a strategy to increase corporate accountability and overhaul socially irresponsible business practices and, in the process, better ensure the safety of both consumers and the environment.

In 1992, San Francisco-based As You Sow set out to clean up the retail marketplace by going after manufacturers whose products contained carcinogenic ingredients. As You Sow did this on behalf of California consumers, who are guaranteed protection under the state's Safe Drinking Water and Toxic Enforcement Act. In some cases, not only has As You Sow been able to get the companies to reformulate their products, it has also collected monetary damages, which it then doles out to other organizations fighting the good fight in the form of grants.

One of As You Sow's environmental enforcement program's earliest successes was convincing nearly 50 major cosmetics brands, including Revlon and Maybelline, to remove cancer-causing toluene and formaldehyde from their nail-care products. More recently, As You Sow set its sights on mobile classrooms, which are being moored in the parking lots of the state's public schools to accommodate student populations that are growing at an exponential rate. After bringing to the attention of decision-makers in Sacramento that these trailers often contained unsafe levels of known carcinogens, including formaldehyde—used in some wood paneling, ceiling tiles, flooring and glue—the State committed to reduce the levels of these chemicals by 80 percent.

And, at As You Sow's urging, Apple is now working to phase out the use of heavy metals in computer components,



along with toxic chemicals in the plastics used to make computer shells. “We approached Steve Jobs last year

with a list of nine demands, and things got pretty heated,” says Larry Fahn, executive director of As You Sow. “But

they eventually committed to all of them. And they're moving forward on those promises and have clearly made some progress.”

It didn't take long for As You Sow, which is funded through a combination of grant money and private donations, to figure out that the most effective tactic for changing an organization's corporate behavior—from making safer products to implementing greener business practices—is to enlist the support of shareholders who share the non-profit's concern for consumer safety and environmental protection. These investors, Fahn says, are quickly becoming consumers' and the environment's best friend.



Photo by Joel Williams

Home Depot is one of many large corporations that As You Sow works with to increase corporate accountability.

“A growing number of them are finding that they can invest socially responsibly, and that it won’t impact the return on their investment.” In 1999, As You Sow approached Home Depot to ask that the company cease its practice of selling lumber harvested from old growth forests. On their own, As You Sow’s request most likely would have been ignored. But, because the organization represented a group of Home Depot shareholders who opposed deforestation, along with a network of grassroots organizations who picketed outside Home Depot stores and offices, Home Depot had to listen. Between pressure from its shareholders and the threat of a public relations nightmare, Home Depot, after some resistance, announced a three-year phase-out of wood products harvested from endangered forests.

“If you can get 3 percent of the votes, that’s usually considered high,” Fahn explains. “We got 12 percent at Home Depot. So that was a huge victory. And it gave [As You Sow] some instant credibility.” Naturally, Home Depot took all the credit, marketing the idea as its own. Still, the decision prompted competitors within the home improvement community, such as Lowe’s, to follow suit.

also help the company’s bottom line.”

As You Sow was able to cite the success of similar recycling programs at Hewlett-Packard and Dell to help make its case to Apple. Fahn says he encountered resistance at both of those companies at first as well. But a little number-crunching showed that the companies stood to make a nice chunk of change by taking back the old computers and recycling the materials. “And that helped us convince Apple to do the same,” Fahn adds.

Lately, Fahn has been looking closely at the number of televisions destined for the waste stream as consumers replace their old tube models with flashy digital televisions.

“What we’d like to do is convince the Circuit Citys and Best Buys of the world to take back the old televisions. Then, it would be the responsibility of the manufacturer to collect the televisions and recycle the parts.”

He’d also like to see the beverage industry take a similar extended producer responsibility, by having Coca-Cola, for instance, share the responsibility of recycling plastic bottles with consumers by paying to build more plastic recycling facilities.

“The idea is, if a company knows

“There’s only limited government regulation, and there’s no uniform corporate responsibility reporting. So companies get to self-define what sustainable is.”

- Conrad McKerron, director of As You Sow’s corporate social responsibility program.

In the case of Apple, As You Sow employed a similar tactic, rallying the support of socially responsible shareholders to get the computer giant to commit to tripling its recycling efforts for old Macintosh computers, to avoid those computers ending up in landfills. “The biggest challenge is making the economic case,” Fahn says. “You have to prove that doing the right thing will

it’s going to have to take back the product and be responsible for properly disposing of it, then they’ll be more savvy about the way they put together new products,” explains Conrad McKerron, the director of As You Sow’s corporate social responsibility program.

A growing awareness within the corporate community of the benefits of green business practices is making



Photo courtesy of Waste Management

Currently, As You Sow is putting pressure on the beverage industry to share the responsibility of recycling the plastic bottles that they produce.

As You Sow’s job a tiny bit easier. Still, McKerron says that the bar has yet to be set for how green is green enough. “I think companies are trying to be much more green,” he says. “The problem is, no one is really sure what that means. There’s only limited government regulation, and there’s no uniform corporate responsibility reporting. So companies get to self-define what sustainable is.”

And that self-set bar, McKerron says, often falls short of a company’s potential for sustainability. “So we come along and say, ‘What you’re doing now is great, but here’s what else you can do.’ We recognize and praise their efforts, and try to be a catalyst.”

For more information on As You Sow, visit [www.asyousow.org](http://www.asyousow.org)

## As You Sow’s Key Successes

1. Arguing that Genetically Engineered (GE) foods have not undergone sufficient testing to ensure their safety, As You Sow convinces big-name food companies, including Heinz and Hershey, to reduce or remove GE ingredients from certain product lines.
2. Coca-Cola and Pepsi agree to increase the recycled content of single-serving plastic bottles by 10% to offset a nationwide decline in recycling rates.
3. Computer manufacturers HP, Dell and Apple agree to take back obsolete equipment from customers and recycle materials to reduce e-waste otherwise headed for landfills. Apple is also looking into removing toxic ingredients from the plastic used for its monitors and keyboards.
4. Staples agrees to phase out all paper products sourced from endangered forests and sets a goal of 30% recycled content for paper products sold in its stores.
5. Several manufacturers of herbal supplements agree to pull product lines containing high levels of heavy metals, such as lead, from store shelves and reduce exposure levels in other products to ensure consumer safety.
6. Home Depot agrees to stop selling lumber harvested from old growth forests.

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## SAILING ADVENTURES

# SERIOUS FUN

BY CAPTAIN RAY

In the course of my job as a sailing instructor, I am out on the Bay or the ocean four or five days a week. In the 20 years I've been doing this, I can recall less than a half-dozen times when I was the only sailboat on the Bay. There are many people sailing many kinds of boats, for many different reasons, all year long here on the Bay. With this much sailing happening around, it is not surprising that we get a bit complacent.

We tend to forget that sailing (and especially ocean sailing) is on a list of human endeavors that I call "serious fun." That list includes activities like climbing high mountains and riding large



Photo by Joel Williams

animals. Even with proper training, good equipment, and a great deal of experience, the possibility of injury, or even death, exists. It just seems to be in the nature of the human species for some of us to want to push the envelope from time to time. It's actually quite amazing how many different ways we have come up with to do this.

Just over 11 miles southwest of the Golden Gate Bridge, there is a buoy anchored in about 100 feet of water. It marks the start of the Main Ship Channel that guides vessels through the shallows surrounding the entrance to San Francisco Bay. The buoy's official name is the San Francisco Approach Lighted Horn Buoy "SF." The buoy is commonly referred to as the "light bucket" or "lightship," because years ago there was actually a lightship permanently anchored there, with a crew living aboard to keep the light shining.

The Doubled-Handed Lightship Race, held every year, starts inside the Bay, goes out the Gate, around this buoy, and then finishes back inside the Bay. Each boat has a crew of two—hence the name "double-handed." As you may have heard, this year one of the boats was lost, and both of the crew died. The boat had rounded the buoy and was on her way back into the Bay when she just disappeared. The next day, the body of one of the crew was found washed up onto the San Mateo coast; the other has not been recovered. Floating debris was found and parts of the boat have been located on the sea bottom.

Sailing blogs have been full of speculation as to what happened, what

the weather and sea conditions were during the race, whether the condition of the boat was adequate for the conditions, etc. Some people have suggested that the race committee should have called off the race, or that it was too early in the year to hold a race that goes out the Gate.

I'm not going to try to find a cause or place blame. I don't know what happened to that boat; at this point, no one knows for sure what happened. It is all speculation, and it is likely that we will never know what happened. What we do know is that two men are gone and their families grieve. What we also know is that even with proper training, good equipment, and a great deal of experience, the possibility of injury or death exists. We have all been reminded that sailing is serious fun.

**Ray Wichmann,** is a US SAILING-certified Ocean Passagemaking Instructor, a US SAILING Instructor Trainer, and a member of US SAILING's National Faculty. He holds a 100-Ton Master's License, was a charter skipper in Hawai'i for 15 years, and has sailed on both coasts of the United States, in Mexico, the Caribbean, and Greece. He is presently employed as the Master Instructor at OCSC Sailing in the Berkeley Marina.



## We Need Your Voice Join Baykeeper Today!

Do you believe polluters like the Cosco Busan should be held accountable for fouling the San Francisco Bay? Do you think cities need to do more to keep sewage out of our streets, creeks and the Bay? If so, join Baykeeper and help us enforce clean water laws to protect the Bay. It's never been more important. Join us today!

[www.baykeeper.org](http://www.baykeeper.org)



# A Beer Festivus for the Rest of Us

BY JOEL WILLIAMS

Spring is here and summer is just around the corner. For most people this means planning outdoor weekend trips to the waterfront or the mountains. For me it means looking forward to the many fabulous beer festivals that take place in and around the Bay Area. Northern California boasts some of the best breweries in the world and there is no better place to experience the unique and outstanding products that these artisans create than at a local brewfest. Here are a few that you may want to put on your calendar:

**May 10 - 12<sup>th</sup> Annual Boonville Beer Fest** – 1:00 p.m. – 6:00 p.m.  
Mendocino County Fairgrounds, Boonville, CA

Entry fee gets you admittance to the festival, a sampling glass, music and all the samples you care to enjoy during the four hours the taps are open. Food, merchandise and other sundries are also available for purchase.  
(707) 895-BEER [www.avbc.com/news/boontbeerfest.html](http://www.avbc.com/news/boontbeerfest.html)

**June 7 - The Beerfest - A Benefit for Face to Face** – 1:00 p.m. – 5:00 p.m.  
Wells Fargo Center for the Arts, Santa Rosa, CA  
Over 35 breweries representing Northern California's best plus food from 28 restaurants/purveyors. Everything is included in your ticket and with everything from elegant hors d'oeuvres to spicy ribs this event is famous for outstanding food. Music provided by Dgiin's Gypsy Funk. Tickets are limited so you won't be standing in long lines with that "one of the herd" feeling. This is an opportunity to taste and compare a wide variety of quality craft beers and exceptional food in a relaxed and pleasant atmosphere. Ticket includes all food & beverage tasting and a souvenir glass. \$35 Advance / \$40 Day of the event. [www.sonic.net/~newton5/default.html](http://www.sonic.net/~newton5/default.html)

**June 21 - Oakland A's Beer Festival** – 4:05 p.m. – 6:05 p.m.

East Side Club, McAfee Coliseum, Oakland, CA

This event is held before the 7:05 game against the Florida Marlins and will feature beer from more than 30 different breweries, live music, and other festivities; free admission with game ticket. \$10 includes a souvenir beer mug and 2 tastings. <http://oakland.athletics.mlb.com/oak/ticketing/events.jsp>

**July 12 - Microbreweries Battling Breast Cancer** – 1:00 p.m. – 5:00 p.m.  
Larkspur Landing Courtyard, Larkspur, CA  
Event is a benefit for Charlotte Maxwell Complimentary Clinic with beer from more than 25 local microbreweries; live music all afternoon. More details about this festival will be posted on the Marin Brewing Company's website [www.marinbrewing.com](http://www.marinbrewing.com).

**August 16 - 6<sup>th</sup> Annual Russian River Beer Revival & BBQ Cookoff** - 1:00 p.m. – 5:00 p.m.  
Stumptown Brewery & Smokehouse, Guerneville, CA  
Over 25 Breweries and 25 BBQ Teams. Have a great time outside on Stumptown's beach right along the Russian River and have some great food and beer. There is a shuttle bus available that runs from Russian River Brewing Company in Santa Rosa out to Guerneville so you don't have to worry about driving. Attendance is limited and event sold out last year so get you tickets in advance. (707) 869-0705 [www.stumptown.com](http://www.stumptown.com)

**August 23 - Sierra Brewfest** – 3:00 p.m. – 6:30 p.m.  
Nevada County Fairgrounds, Grass Valley, CA  
Hosted by the Sierra Nevada Brewing Company in an outdoor venue, underneath tall Ponderosa pine trees; more than 100 beers from over 35 area microbreweries; wine and non-alcoholic beverages; live music by the Cold Shot Band; food, including sausages, barbecue, and Mexican food. [www.musicinthemountains.org/brewfest.php](http://www.musicinthemountains.org/brewfest.php)

**September 13&14 – 5<sup>th</sup> Annual Brews on the Bay** – 12:00 p.m. – 4:30 p.m.

SS Jeremiah O'Brien, Pier 45, San Francisco, CA

Held by the San Francisco Brewers Guild on board the National Liberty Ship Memorial SS Jeremiah O'Brien near Fisherman's Wharf. Over 40 local artisan beers will be poured making it the largest offering of San Francisco-brewed beer at any festival worldwide. Each brewery is encouraged to bring a wide and diverse selection of their beers, some serving up to eight different styles. The event features live music and food is also available. Attendance is limited and the event sells out. [www.sfbrewersguild.org](http://www.sfbrewersguild.org)

Joel Williams was a professional craft brewer for over seven years at several breweries. He earned a diploma in Brewing Sciences in 1996 from the world-renowned Siebel Institute of Technology in Chicago.



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It's ALL included in your ticket:  
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Spicy Ribs to Elegant Hors d'Oeuvres!  
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[www.monitor.net/beerfest](http://www.monitor.net/beerfest)

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# The Impacts of Our Morning Routines

BY SEJAL CHOKSI, BAYKEEPER AND PROGRAM DIRECTOR

I have a fairly standard morning routine: I shower, wash my hair and apply moisturizer, then have breakfast. It's an average morning that I am sure is similar to many people's—but I'm guessing that few of us consider our morning routines to have a direct impact on local water quality. When I leave the house to catch BART, I leave behind traces of my routine. My body did not absorb all of the caffeine that was in my coffee, and the shampoo, conditioner and moisturizer I used washed down the drain, where it will eventually reach the Bay. All of our everyday activities—from washing our hands to taking life-saving medications—are leaving a toxic footprint on our waterways.

And unfortunately, most wastewater treatment plants in the Bay Area are not capable of removing many of these chemicals from the waste stream. Our wastewater systems were designed to capture and treat the nutrients and pathogens in human waste, not the byproducts of the chemicals we use. That means our chemical leftovers can end up in our local streams, reservoirs and in the Bay. Collectively, this class of emerging water contaminants is referred to as Pharmaceutical and Personal Care Products (PPCPs).

Today, over 80 percent of the waterways tested in the U.S. show trace amounts of chemicals like acetaminophen, hormones, blood pressure medicine, codeine and antibiotics. Synthetic musks, sun-screen ingredients and even cocaine are commonly found in our waterways. These substances lurk in our waters at extremely

- Do not flush unused or leftover medications down the toilet or sink drain. Take them to a proper disposal facility like your local pharmacy, or contact your city's wastewater treatment facility for specific disposal information.
- Reduce your use of products containing triclosan, such as anti-bacterial soaps and cleansers.
- Encourage your local government to invest in better wastewater treatment technology. While there is no single technology that can remove 100 percent of PPCPs, there are tools and regulations that can reduce the flow of harmful chemicals into the Bay.
- Advocate for regulations that require 'eco-labeling' of our products. In the same way that we require food manufacturers to label products that contain ingredients that might compromise health, we can require PPCPs manufacturers to label products that contain ingredients known to persist in the environment.
- Most importantly, educate your friends and neighbors about limiting the impacts of their daily routines. To learn more about pollutants that impact the Bay and what you can do to help, visit San Francisco Baykeeper at [www.baykeeper.org](http://www.baykeeper.org).

tiny concentrations, so small that they are often referred to as micropollutants. These low concentrations are precisely why PPCPs went unnoticed for so long. It was only in the nineties that scientists began to develop methods that could detect and identify these trace substances.

Just because these chemicals are in our water bodies in trace amounts, however, does not mean they are not impacting our ecosystem. Many of these PPCPs stick around and build up in the environment. For example, in recent years there have been increasing reports of researchers finding 'feminized' male fish downstream of wastewater treatment plants around the world. These feminized fish tend to have low sperm counts and lower fertility than normal males. Researchers have pointed the finger at natural and synthetic estrogens and at chemicals from detergents and plastics. Another such product that has been raising alarms for researchers and regulators is triclosan, which is found in a wide variety of antibacterial household products such as hand soap, detergents, plastics, toothpaste and deodorant. Triclosan residues have been detected in many parts of our ecosystem, including surface waters, soil, fish tissue and human breast milk. In fact, the San Francisco Estuary Institute has documented triclosan

in the waters of San Francisco Bay.

The relationship between human health and PPCPs is unclear. We know that some of these substances, like triclosan, are increasingly detected in humans. But linking unknown exposure to these chemicals to direct human health effects is difficult, and it may be many years before we understand the full impact of PPCPs on our health and our environment. While widespread regulation of these pollutants may take time, there are some commonsense ways to reduce the toll on local waterways caused by our everyday activities.

## Before and After a Total Loss



### Thanks to NEW Replacement Coverage from BoatU.S.

They look the same because they are the same. With a Yacht policy from BoatU.S., new boats suffering a total loss are replaced with new boats! If your new boat suffers a total loss before it's two and a half years old, you now have the option to have the policy pay to replace the boat with the most current make/model available. And, with most total losses, there's no deductible or depreciation—which means you're back on the water with little or no out-of-pocket expense.

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Replacement coverage applies to Agreed Value policy, to new boats, aged 12 months or less, up to 120% of value or \$150,000. Does not apply to discounted/promotional purchases (boat shows, demos). All BoatU.S. policies subject to limits and exclusions.

Sejal Choksi,  
San Francisco Baykeeper and  
Program Director



Sejal first joined San Francisco Baykeeper as an attorney in September 2002, spearheading San Francisco Baykeeper's efforts to secure the nation's first regulations to control agricultural pollution. As the San Francisco Baykeeper, she now directs all aspects of Baykeeper's advocacy programs, pollution patrols, and legal docket.



# JACK LONDON SQUARE

## Joie de Vivre at the Square

Joie de Vivre Hospitality has announced their purchase and plans to renovate the Waterfront Plaza Hotel at Jack London Square. As part of the project, Bay Area culinary icon Joey Altman will spearhead the development of a new destination restaurant on Oakland's waterfront. The remodel will focus on the adjectives, "Soulful, Casual, Festive, Adventurous, and Stimulating" to characterize the new vision.

The hotel will remain open during the remodeling process but the current Jack's Bistro will close and, after extensive remodeling, reopen mid-summer under a new name and concept.

Altman, who will guide the restaurant's rebirth, is the host of the award-winning program Bay Café, a daily television program which provides food and wine enthusiasts with an insider's look at the Bay Area's rich and diverse culinary scene. Altman first came into the national spotlight in 1989 with the runaway success of his San Francisco restaurant Miss Pearl's Jam House. Miss Pearl's African and Caribbean-inspired menu of bright, exotic flavors caught the attention of food critics nationwide and made the restaurant a smash-hit.

"Joey's energy and expertise are an enormous asset to this endeavor," said Joie de Vivre's founder Chip Conley. "Everything he does is characterized by a vivacity and enthusiasm that are sure to be evident in this restaurant."

Though the name and concept for the new hotel and restaurant have not yet been released, the groundwork has been laid. Both the restaurant and remodeled hotel are expected to debut in mid-summer 2008. The Waterfront Plaza Hotel project is part of Ellis Partners' \$375 million revitalization of Jack London Square, which will bring new restaurants, retailers and Class A offices to Oakland's waterfront.

Voted Best Restaurant 4 Years Running



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Banquets Corporate Events

[www.scomas.com](http://www.scomas.com) (415)771-4383

Fisherman's Wharf on Pier 47 Foot of Jones on Jefferson Street

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service between Oakland's Jack London Square, Alameda Main Street, SF Ferry Building and SF Pier 41, Seasonal service to ATT&T Park for Giants game and Angel Island State Park



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# GET THERE BY FERRY

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WATER TRANSIT AUTHORITY

WTA

Golden Gate Ferry																																			
LARKSPUR *																																			
Weekdays (excluding Holidays)				Weekends and Holidays																															
Depart Larkspur	Arrive S F	Depart S F	Arrive Larkspur	Depart Larkspur	Arrive S F	Depart S F	Arrive Larkspur																												
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\*On weekdays, with the exception of the 5:20 pm San Francisco departure which is operated by a 715 passenger Spaulding vessel, all other trips are operated by high-speed catamarans. Weekend service is provided by a 715 passenger Spaulding. Also, direct ferry service is provided to most Giants games at ATT&T Park.

SAUSALITO							
Weekdays (excluding Holidays)				Weekends and Holidays			
Depart Sausalito	Arrive SF	Depart SF	Arrive Sausalito	Depart Sausalito	Arrive SF	Depart SF	Arrive Sausalito
7:10am	7:35am	7:40am	8:10am	-----	-----	10:40am	11:10am
8:20	8:45	10:15	10:45	11:20am	11:50am	12:00pm	12:30pm
10:55	11:25	11:35	12:05pm	12:45pm	1:15pm	1:25	1:55
12:15pm	12:45pm	12:55pm	1:25	2:10	2:40	2:50	3:20
1:55	2:25	2:35	3:05	3:50	4:20	4:45	5:15
3:20	3:50	4:00	4:30	5:35	6:05	6:30	7:00
4:45	5:15	5:30	6:00	6:30	7:00	---	---
6:10	6:35	6:45	7:10				
7:20	7:50	7:55	8:20				

INFORMATION CONTACTS: 511 (toll-free) or 711 (TDD) | E-mail/Comments to [ferrycomments.goldengate.org](mailto:ferrycomments.goldengate.org) | For Larkspur and Sausalito website: [www.goldengate.org](http://www.goldengate.org)

**HOLIDAY SERVICE:** Larkspur & Sausalito  
In effect on Martin Luther King, Presidents' Memorial, 4th of July, Labor Day, modified Holiday service is operated on the Day after Thanksgiving.

**NO SERVICE:** Larkspur & Sausalito  
No ferry service on New Year's, Thanksgiving, and Christmas Day.



Adventure Cat			
2008 Departure Schedule	BAY CRUISE		SUNSET CRUISE
	1:00pm	3:00 pm	6:30 pm
Sunset cruise includes hors d'oeuvres and two drinks for \$45.		Bay Cruise Rates: Adults: \$30 / Children 6-12: \$15 / Kids 5 and under: \$2	
(800) 979-3370 / <a href="http://www.adventurecat.com">www.adventurecat.com</a>		Group Discount Rates: 10 or more full fare passengers = \$5.00 off per person when run on one credit card	

ALAMEDA/OAKLAND				ALAMEDA/OAKLAND																															
Weekdays to San Francisco				Weekends and Holidays to San Francisco																															
Depart Oakland	Depart Alameda	Arrive Ferry Bldg.	Arrive Pier 41	Depart Oakland	Depart Alameda	Arrive Ferry Bldg.	Arrive Pier 41																												
6:00am	6:10am	6:30am	-----	10:00am	10:10	10:30	10:45																												
7:05	7:15	7:35	-----	11:30	11:20	12:00 pm	12:15																												
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ALAMEDA/OAKLAND FARES:					
	One Way	Round Trip	10Ticket Book*	20Ticket Book*	Monthly Pass
Adult (13+)	\$6.00	\$12.00	\$45.00	\$80.00	\$150.00
Child (5-12)	\$3.25	\$6.50			
Child under 5**	FREE	FREE			
Senior (65+)	\$3.50	\$7.00			
Disabled Persons*	\$3.50	\$7.00			
Active Military	\$4.75	\$9.50			

\* To S.F. via Oakland # To Alameda via Oakland  
^ Departs immediately after loading

**Schedule information harvested online. Schedules are subject to change. May, 2008**

Seniors must show valid I.D., Regional Transit Connection, or Medicare Card. Military personnel must show Military I.D.

PURCHASE TICKETS ONBOARD THE FERRY or at the Regional Transit Connection (RTC) at participating Bay Area businesses. Please call the 24-hour Ferry Fone at (510) 522-3300 to confirm times.

Sharing time with whales is a privilege.

415-331-6267  
[www.sfbaywhalewatching.com](http://www.sfbaywhalewatching.com)

# Blue & Gold Ferry

BAY CRUISE				SAUSALITO			
Leave PIER 39				FISHERMAN'S WHARF, PIER 41			
Weekdays		Weekends and Holidays		Weekdays			
10:45am 12:00pm 1:15	2:30pm 4:00	10:00 10:45 12:15pm 2:00	3:15pm 4:00 4:30	Depart Pier 41	Arrive Sausalito	Depart Sausalito	Arrive Pier 41
11:00 am	11:40 am	11:50 am	12:10pm	12:15 pm	12:55 pm	1:05 pm	1:25
1:35	2:10	2:20	2:35	2:45	3:35	3:40	4:00
----	----	8:00	8:20	----	----	----	----

Bay Cruise does not operate during inclement weather. Additional cruises may be added on demand. Check with ticket booth on day of sailing for schedule. No reserved seating available.

**FARES:** All prices include audio tour.  
 Adult ..... \$22.00 Junior (12-18) ..... \$18.00  
 Senior (62+) ..... \$18.00 Child (5-11) ..... \$14.00  
 Special Rates On Line

ANGEL ISLAND			
Weekdays			
Depart Pier 41	Arrive Angel Island	Depart Angel Island	Arrive Pier 41
10:00am	10:20am	3:20pm	4:00pm

Weekends			
Depart Pier 41	Arrive Angel Island	Depart Angel Island	Arrive Pier 41
10:35am	11:00am	11:05am	12:20pm
----	----	3:50pm	4:55

\* Stops at Pier 41 prior to Ferry Building  
 > Stops at Pier 41 for 20 minutes prior to Ferry Building

**Angel Island Round Trip via SF**

Adult	\$14.50
Child (6 - 12)	\$8.50
Child (5 - under)	FREE

\*All prices include State Park Fees

ANGEL ISLAND - OAKLAND		
Weekends ONLY		
Depart Oakland	Depart Alameda	Arrive Angel Island
9:00am*	9:10am*	10:10am

Depart Angel Island	Arrive Alameda	Arrive Oakland
3:10pm	3:45pm	3:55pm

\* Requires transfer at PIER 41 onto 9:45 am Angel Island Ferry

TIBURON			
DOWNTOWN S.F., FERRY BLDG.			
Weekdays			
Depart Tiburon	Arrive Ferry Bldg.	Depart Ferry Bldg.	Arrive Tiburon
6:00am	6:20am	----	----
6:50am	7:10am	7:15	7:35
7:50	8:10	8:15	8:35
8:45	9:05	----	----
----	----	4:30pm	5:00pm
5:00pm	5:20pm	5:25	5:45
5:50	6:10	6:15	6:35
6:40	7:00	7:15	7:35

FARES: One-Way Round Trip			
Adult	\$8.50	\$17.00	
Child (5-11)	\$4.50	\$ 9.00	
20 Ticket Commute Book	-----	\$100.00	

AT&T PARK SERVICE			
Direct service is available Alameda/Oakland and Vallejo for selected Giants baseball games. For service from Larkspur to selected games please visit goldengateferry.org.			
For more information, visit www.eastbayferry.com for Alameda/Oakland service and www.baylinkferry.com for Vallejo service. Or call Blue & Gold Fleet at (415) 705-8200.			

Red & White BAY CRUISE SCHEDULE			
PIER 43 1/2			
Monday through Sunday			
10:00am	1:45	Fare:	
10:45*	2:30	Adult	\$21
11:15	3:00	Senior (62+)	\$18
12:00pm	3:45	Youth (12-17)	\$18
1:15	4:15pm*	Child (5-11)	\$14
		Under 4	\$Free

\* Weekends Only

[http://www.baycrossings.com/ferry\\_schedules.asp](http://www.baycrossings.com/ferry_schedules.asp)

# Vallejo Baylink Ferry

VALLEJO/SAN FRANCISCO			
FERRY BLDG./ FISHERMAN'S WHARF			
Weekdays			
Depart Vallejo	Depart Ferry Bldg.	Arrive Pier 41	Depart Pier 41
5:30am	6:35am	----	----
6:30	7:35	----	----
7:00	8:10	----	----
7:45	8:55	----	----
8:45	9:55	----	----
10:00	11:10	11:20am	11:30am
11:30	12:40pm	----	----
2:00	3:30	3:00pm	3:10pm
3:20	4:30	----	----
4:05	5:15	----	----
4:45	6:00	----	----
5:35	7:05	6:35	6:45

Missed the last ferry from San Francisco? Take the bus to Vallejo, weekdays and weekends at 10:30pm from in front of the Pier 1 Deli.

CROSSING TIME & BOARDING: Crossing time between Vallejo and San Francisco is about 1 hour. Ferries depart on time. Passengers should allow 15-20 minutes to park and purchase tickets at ferry terminals before boarding.

Weekends and Holidays			
Depart Vallejo	Depart Ferry Bldg.	Arrive Pier 41	Depart Pier 41
8:10	9:20	----	----
10:00	11:10	11:20am	11:30
11:30	12:40pm	----	----
1:00pm	2:10	----	----
2:30	3:40	3:50pm	4:00pm
4:00	5:10	5:20	5:30
5:35	6:45	----	----
4:05	7:45	----	----
8:20	9:50	9:20	9:30

**FARES:**

Adult One-Way	\$12.50
Senior/Disabled/Medicare One-Way (65+/disabled)*	\$6.25
Youth One-Way (6-12 years)	\$6.25
Baylink DayPass	\$23.00
Monthly Pass	\$270.00
Monthly Pass with Muni	\$310.00

Call (707) 64-FERRY or visit [www.baylinkferry.com](http://www.baylinkferry.com) for updated information.

# Angel Island - Tiburon Ferry

ANGEL ISLAND/TIBURON			
Monday - Friday			
Tiburon to Angel Island		Angel Island to Tiburon	
10:00am	11:00	10:20am	11:20 1:20pm
1:00pm	3:00	3:30	

Weekends		
10:00am, 5:00pm	10:20am, 5:20pm	

Schedule Subject to change w/o notice	Adults (13 and over)	\$13.50
	Children (6 - 12)	\$11.50
	Children (3 - 5)	\$3.50
	Bicycles	\$1.00

The fares are round trip.

Please contact up regarding any questions. Our website contains all current information ([www.angelislandferry.com](http://www.angelislandferry.com))

# Harbor Bay Ferry

EAST END OF ALAMEDA/S.F.			
Depart Harbor Bay Island	Arrive S.F. Ferry Bldg.	Depart S.F. Ferry Bldg.	Arrive Harbor Bay Island
6:30am	6:55am	7:00am	7:25am
7:30	7:55	8:00	8:25
8:30	8:55	4:35pm	5:00pm
-----	4:30pm	5:35	6:00
5:05pm	5:30	6:35	7:00
6:05	6:30	7:35	8:00
7:05	7:30		

No service on weekends

**FARES:**

Alameda Harbor Bay Ferry passengers can purchase Ferry tickets, passes and books on board our ferries. Alameda Harbor Bay Ferry accepts cash, checks, Visa, Mastercard and Commuter Checks as payment for ferry tickets.

**Fare:**

One-Way Adult	\$6.00
One-Way Juniors (5-12)	\$3.00
Children (under 5)	Free
One-Way Seniors (62 & over)	\$3.50
Disabled	\$3.50
Active Military	\$4.75
One-Way Commute (book of 10)	\$50.00
One-Way Commute (book of 20)	\$90.00
Monthly Pass	\$165.00

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# Mountain Hardwear: The Mountain Moves to the Bay

**M**ountain Hardwear, the newest addition to the Ford Point Building in Richmond's Marina Bay, is all moved in, and the company has created a truly unique and comfortable work environment for its dedicated employees.

It's important to note the spelling of Mountain Hardwear's name, because it is definitely not a hardware store. Mountain Hardwear designs and develops top-of-the-line outdoor gear, including clothing, tents, sleeping bags, backpacks and other accessories. Although there are almost 100 employees at the new Richmond location, which covers almost 78,000 square feet, there is a family atmosphere in the air, and a friendly down-to-earth attitude. This is almost certainly because the entire staff shares a passion for the outdoors—a passion that drives their desire to develop innovative, technologically advanced outdoor gear and the company's desire to create a working environment dedicated to keeping the employees happy at the same time.

Mountain Hardwear was formed in 1993 by a small group of people that included: Jack Gilbert, former VP of Sales and Marketing at The North Face and former president of Sierra Designs; Paul Kramer, avid backpacker and snowboarder, also from Sierra Designs; Mike Wallenfels, an experienced climber and mountaineer with sales experience from Adventure 16; and Paige Boucher, an enthusiastic backcountry skier with strong marketing



*Richmond Mayor Gayle McLaughlin welcomes Mountain Hardwear to the Ford Point Building at the Open House on April 8th.*

experience, also from Sierra Designs.

Founded on a principle of radical thinking, Mountain Hardwear has been very successful in continually inventing and re-inventing some of the most functional and innovative outdoor gear available, and it has changed the industry as a result. As part of its research and development, Mountain Hardwear sponsors over 20 athletes and uses their real-world challenges and experiences to continue to advance the technology and fabrics the company builds into its products.

Mountain Hardwear has taken claim to the north section of the Historic Ford Point Building, which includes the original Ford Company executive offices and former

showroom. From the minute they started designing their new workspace in the 78-year-old Ford Point Building, there was an unwavering commitment given to environmental sustainability.

The list of green initiatives

undertaken by Mountain Hardwear is very impressive, but also, it should be noted that some of the features initially designed into the over 500,000-square foot building by architect Albert Kahn would be considered environmentally sustainable today. The sawtooth roof was designed to feature large northern skylights, which provide abundant natural light, and the hinged windows along the western and northern walls are aligned perfectly to draw in the cool Bay breezes, which provide natural air conditioning. Following Kahn's lead, Mountain Hardware was able to design a ventilation system that will draw cool Bay air during the summer months, which will cut down on cooling costs.

"We made sustainable decisions from top to bottom," said Operations Director James Bottoms. He added, "Another key sustainable component of our new space is that 100 percent of our annual electrical needs will be supplied by on-site solar power." The aforementioned sawtooth roof design is also a

perfect host for a solar panel array, and it just so happens that a fellow Ford Point Building tenant, SunPower, designs, manufactures and delivers the highest efficiency solar electricity technology worldwide. Mountain Hardwear has made arrangements to purchase enough of the power generated by the one megawatt system installed at the Ford Point Building by SunPower to cover all of its electric needs.

"Just because we are going solar does not mean that we plan to waste power," said Bottoms, noting that the large skylights and ample windows allowed them to install less fluorescent lighting per square foot than would have been possible elsewhere. "The open-space lighting that we do have is controlled by photo cells, so output is less when there is enough natural light and all the offices and meeting rooms have motion detectors to turn off the lighting when rooms are not in use."

The green approach can be seen from the ceiling to the floors. According to Bottoms, "In addition to our hanging



*Kayaks and bicycles are available for Mountain Hardwear employees to take advantage of the beautiful surroundings of Richmond's Marina Bay.*

fluorescent lighting, we made sustainable flooring decisions. In many areas, we did not use any floor covering. We cleaned and sealed the existing concrete floor, significantly reducing our consumption of materials.” In the company’s showrooms, 100 percent natural, nontoxic, dye free, biodegradable wool/hemp/cotton carpeting was used. The employee store has compressed bamboo flooring and the recreation room uses flooring tiles made from recycled tires.

In addition to everything that the company has done to be environmentally responsible, the employees have pledged to continue their sustainable practices and even implement a few new ones. The kitchen areas include dishwashers and are stocked with plates, glasses and utensils to eliminate the need for any disposable products. Trash will continue to be separated from recyclable waste, but the employees will be able to separate waste that is compostable too.

Employees are also encouraged to take public transportation; a free shuttle bus is provided for employees every morning and night from the Ford Point Building to the Richmond BART station. On-site showers are even available for those that bike to work, and, remarkably, at least one or two employees say they will use the on-site kayak launch to kayak to work.

The location of the Ford Point Building along Richmond’s beautiful waterfront will also allow Mountain Hardware employees to have more fun. Because the scenic Bay Trail runs right in



Photo by Joel Williams

The sawtooth roof at the Ford Point Building features large northern skylights that provide abundant natural light.

front of the building along San Francisco Bay, Mountain Hardware provides its employees with temporary use of bicycles and kayaks in order to take a ride in or along the Bay. The company has also provided the employees with a recreation room that has ping pong, pool and foosball tables as well as a climbing wall. Employees are even allowed to

bring their dogs to work too if they want. All in all, the company is an exceptional place to work.

Bottoms sums thing up by saying that, “Mountain Hardware prides itself on innovation in product, people and process. Albert Kahn was one of the world’s best innovators of places. With our relocation to the Ford Point Building, Mountain

Hardware is proud to be headquartered in such an innovative place.”

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Photo by Joel Williams

Mountain Hardware employee Joy Doyle and her husband Rick along with their Golden Retriever, Mr. Beauregard Dubois.



Photo by Joel Williams

The Mountain Hardware employee recreation room features ping pong, pool and foosball tables along with a climbing wall.

# AROUND THE BAY IN MAY

## Largest Regatta in U.S.

### Hits the Bay

The Great Vallejo Race is now reputed to be the largest inland regatta in the United States, drawing from 300 to 500 sailboats annually. This year's race will take place on May 3-4 under the aegis of the Yacht Racing Association of San Francisco Bay. The two-day race marks the official opening of the Bay's racing season. The race starts near the Berkeley Circle on Saturday morning, rounds a single weather mark near Alcatraz, and then heads to Vallejo. As the boats enter Carquinez Strait, they bunch together while making the turn into Mare Island Strait, where the fun really starts. After the long run up the Bay, many crews are lulled to sleep by the time they enter the Strait but a sharp crew can usually pick off several places before reaching the finish line at the Vallejo Yacht Club. Then the party begins with a band, dinner cooked by club volunteers and an evening dance that lasts until the wee hours of Sunday morning. The next morning, after breakfast prepared by more volunteers, crews wander (or stagger) back to their boats to prep for the trip home. Sunday's starting line is Saturday's finish line, with just as many boats jockeying for position in the narrow confines of Mare Island Strait for a reaching start. The race finishes near G-17, off the San Rafael Channel, just before the Richmond-San Rafael Bridge. In

all, the course is about 40 miles long, tests skippers and crew alike, and makes a grand, splashy start to the Bay's racing season. This spectacular event can be seen from just about any waterfront location in the North Bay. For more info visit [www.vyc.org](http://www.vyc.org).

## People Paddle to Fight AIDS

The Third Annual People Paddle for AIDS will take place on May 4 from 10 a.m. – 1:00 p.m. Billed as San Francisco's most colorful paddlecraft fundraiser and after-party/festival, up to 200 kayakers and outrigger canoe paddlers will converge on Pier 40 at historic South Beach Harbor,



paddling and partying at the festival to raise funds to fight AIDS. Proceeds benefit up to 30 Northern California AIDS service organizations. Paddlers will launch from the South Beach Marina at 10:30 a.m., paddle to a turn in McCovey Cove for a big "raft up" photo opportunity, then paddle back to South Beach Pier 40 at 12:30 p.m. The event will end with a large block party at South Beach Harbor complete with an awards ceremony, live

music, food, and booths showcasing the offerings of our partner agencies and sponsors. Healing Waters, whose mission is to empower, inspire and enrich the lives of people living with HIV/AIDS through outdoor adventures, is sponsoring the event. For more information visit [www.peoplepaddle.com](http://www.peoplepaddle.com).

## KaBoom!

The weather is often better in May than in July around the San Francisco waterfront, great for being able to appreciate the incredible display of fireworks synchronized to a "World Class Rock" soundtrack provided by KFOG. This year's 15th Annual KaBoom on Piers 30/32 will feature music by Los Lobos, Collective Soul and Matt Nathanson. The event also features a Children's Stage with continuous performances and plenty of food and beverages are available. The event, which started in 1994, used to be called the KFOG Sky Concert until 1994 when it was renamed KaBoom. Saturday, May 10 at 4:00 p.m. Tickets are \$15 in advance and \$20 at the door. For more information visit [www.kfog.com/kaboom](http://www.kfog.com/kaboom).

## Greg Kihn Band to Appear at TROOPFEST 2008

The aircraft carrier USS Hornet, permanently moored at Pier 3 in Alameda,

welcomes TROOPFEST 2008 from 10 a.m. to 5 p.m. on Saturday, May 17. The benefit concert and festival are open to the public. Proceeds from the event will be used to send packages to U.S. troops overseas. The highlight of TROOPFEST 2008 is the concert with five hours of classic rock music on the hangar deck featuring the Greg Kihn Band, Midlife Vices, Cocktail Monkeys, and Evolution: A Tribute to Journey. Guest star Chris Jackson of 98.5 KFOX and Grammy-winning artist Tony Lindsay will also perform. TROOPFEST 2008 activities include live music, ship tours, exhibit and sponsorship tables, and raffle. The raffle grand prize is a 12-day cruise for two from Holland America Line. Other raffle prizes include an original 80s Kramer Pacer American (Strat shape) all-stock guitar signed by classic rock artists including Joe Satriani, Greg Kihn, Tom Johnston and Pat Simmons of The Doobie Brothers; Pat Travers, Dave Meniketti of Y&T, and others, donated by Chris Jackson. Advance tickets are \$25 for adults and \$15 for youth (5-17). A special military ticket is available for \$15 with valid military I.D. All tickets will be \$5 more if purchased at the door. Tickets may be purchased calling (510) 521-8448 x282 or by logging onto the USS Hornet Museum's website at [www.uss-hornet.org](http://www.uss-hornet.org). Updated event information is available at [www.troopfest.org](http://www.troopfest.org). Free parking is available.

## MTC Seeks Nominations for Its Transportation Awards Program

When it comes to transportation, the Metropolitan Transportation Commission (MTC) wants to know: What moves you? Is your bus driver the friendliest, most helpful person on earth? Has an organization in your community worked hard to beautify the view along your daily commute? Have bike-friendly routes or newfound groups of riders gotten you back on two wheels? It's time to recognize those exceptional projects, groups and people who have made it easier, safer, greener or just more fun to get around the Bay Area by nominating them for an MTC award. Past winners have included volunteers, community leaders

and government employees dedicated to improving transportation for Bay Area residents.

MTC is the regional transportation planning agency for the nine-county San Francisco Bay Area and its awards program recognizes individuals, projects and organizations that develop new and better ways to help people get where they're going each day. With the award theme of "Excellence in Motion," MTC is seeking nominations for the **Grand Award** as well as **Awards of Merit** to recognize worthy efforts, regardless of their specific transportation focus. Examples of past Award of Merit winners include programs that make more efficient use of the transportation network, groups that work to inform and educate the public

about transportation issues, individual or group efforts to improve transit service or boost smart growth, and efforts to promote the use of bicycling or other alternatives to driving alone.

MTC is also seeking nominations for five special award categories:

- The **Miriam Gholikely Award** recognizes extraordinary accomplishments in the field of community service, volunteerism, advocacy, leadership or minority affairs.
- The **Doris W. Kahn Accessible Transportation Award** honors efforts that have resulted in significant improvement in transportation services for the elderly or persons with disabilities.
- The **David Tannehill Special Employee Award** is intended for a bus

driver, train operator, road maintenance worker or other transportation employee who goes beyond the call of duty.

- The **Greta Ericson Distinguished Service Award** recognizes long-term, quality leadership in the transportation profession.
- And the **John F. Foran Legislative Award** honors a state or federal legislator whose work has had a positive effect on transportation.

The deadline for all nominations is Friday, May 9. Winners will be selected by a jury representing MTC and the community. Visit the MTC Web page at [www.mtc.ca.gov](http://www.mtc.ca.gov) to submit an application online or to download an application form or call the MTC Public Information Office at (510) 817-5757 for more information.

To have your event or announcement considered for the Bay Crossings Around the Bay listings, please send information or a press release to: [joel@baycrossings.com](mailto:joel@baycrossings.com).

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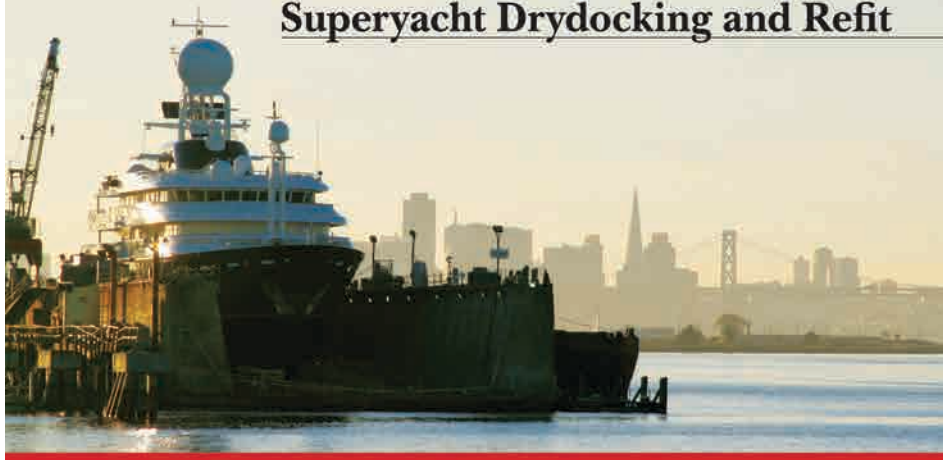


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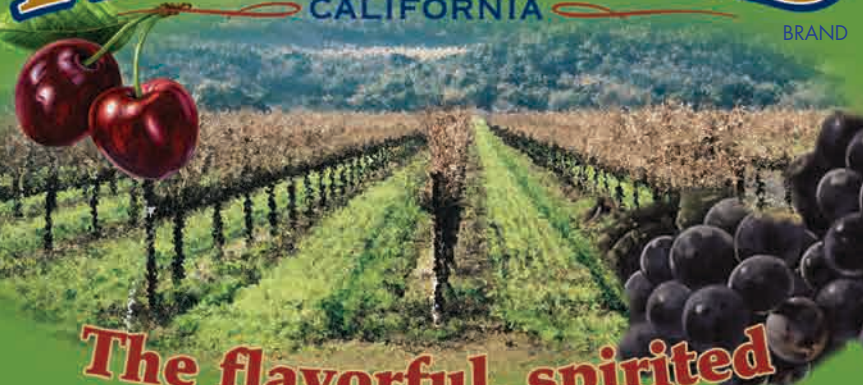
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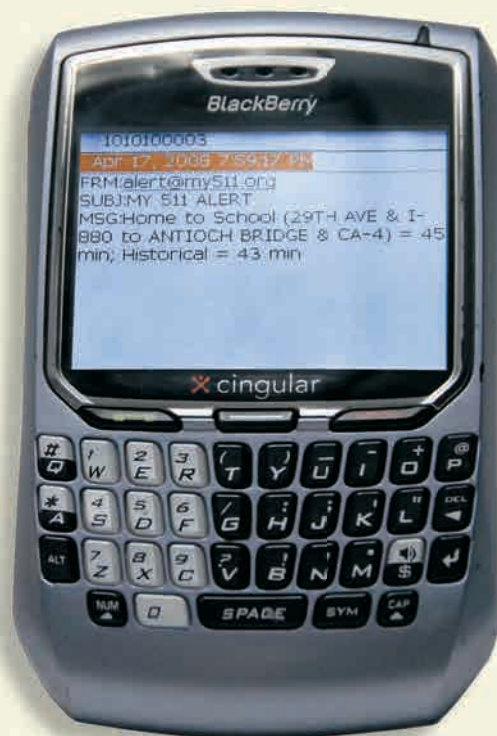
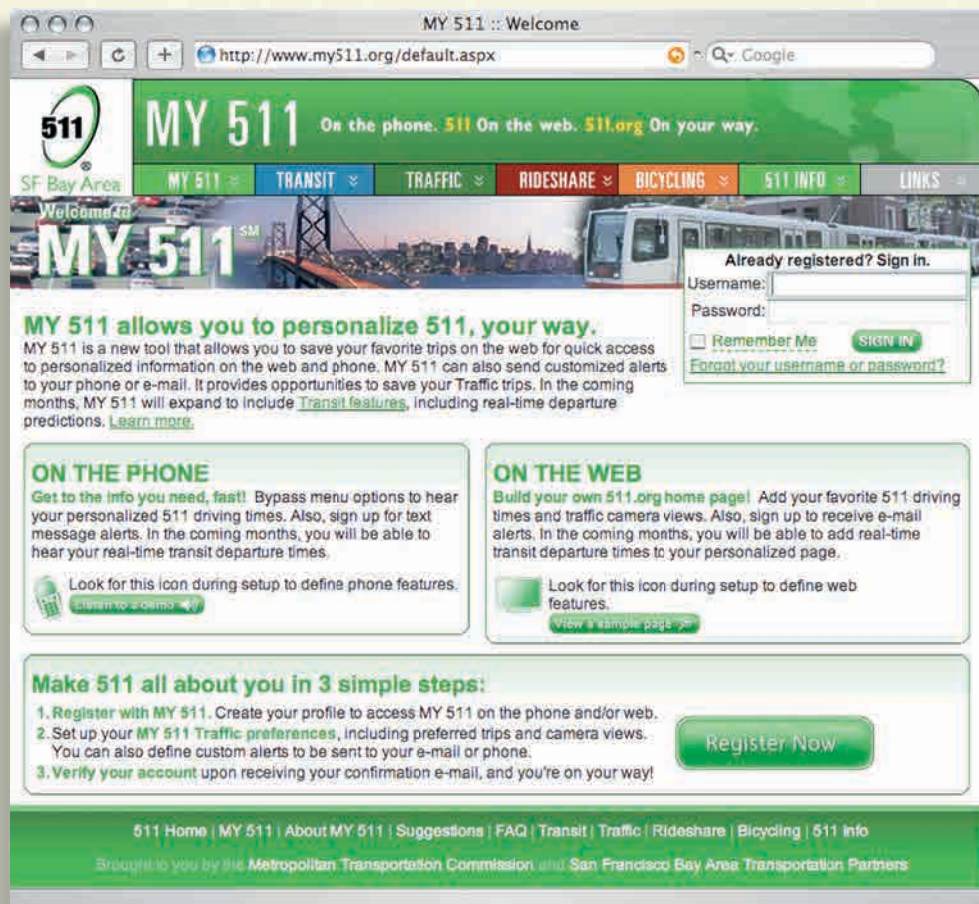
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