



# BAY CROSSINGS

*"The Voice of the Waterfront"*

September 2008 Vol.9, No.9



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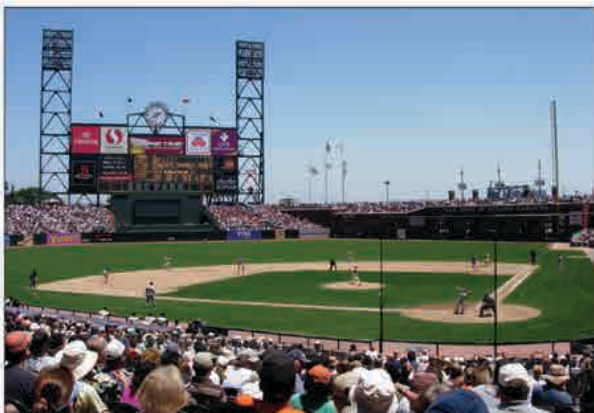


Photo by Seahorse8

\*Ferry will leave no sooner than 10PM. In the event of fireworks, Vallejo service will depart McCovey Cove 5 minutes after the Alameda/Oakland service. See BayLinkFerry.com for details. Subject to change.

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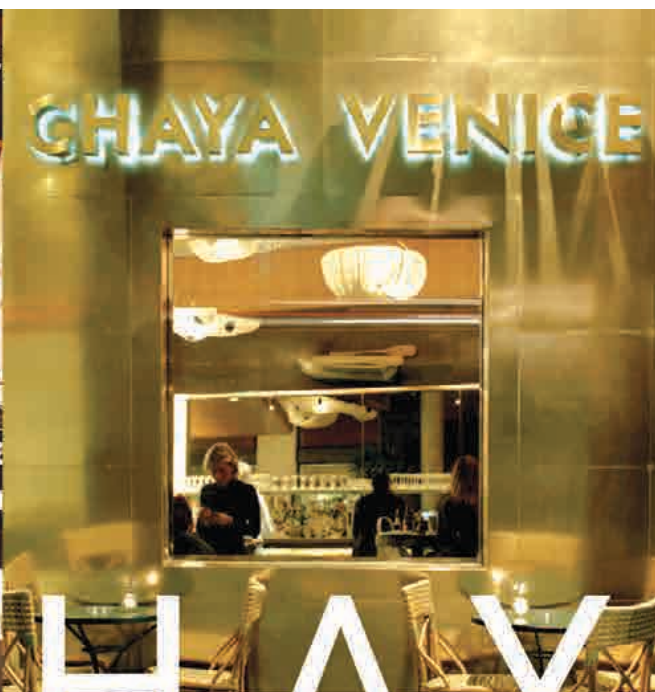
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*"The Voice of the Waterfront"*

## columns

- 16 BREW REVIEW**  
Trumer Specializes in  
Import Flavor, Local  
Freshness  
**by Joel Williams**
- 20 SAILING ADVENTURES**  
Arrrrh! Talk Like A  
Pirate Day 2008  
**by Captain Ray**

## BAYCROSSINGS

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## features

- 10 NORTH FACE**  
Mendocino Offers  
Wealth of Activities  
**by WeekendSherpa.com**
- 12 GREEN PAGES**  
West Coast Green  
Comes to San Jose  
**by Bill Picture**

## news

- 04 BAYKEEPER**  
Junked Boats Threaten  
Bay Ecosystems  
**by Sejal Choksi**
- 05 WATERFRONT NEWS**  
APL and Port of S.F.  
Celebrate Milestones  
**by Paul Duclos**
- 08 Leukemia Society Holds**  
"Sail for a Cure"
- 09 Unique Adventure on**  
Angel Island Segways
- 21 Cal Maritime Academy**  
Boat Performs Rescue



## guides

- 06 WATERFRONT ACTIVITIES**  
Our recreational resource guide
- 18 WETA FERRY SCHEDULES**  
Be on-time for last call
- 22 AROUND THE BAY**  
To see, be, do, know

## sponsored stories

- 17 JACK LONDON SQUARE**  
Medicine Take-Back on National  
Estuaries Day

### Corrections & Letters

*We appreciate the opportunity to publish our readers' comments, letters or requests for corrections, which can be sent to [joel@baycrossings.com](mailto:joel@baycrossings.com).*



Publisher Joel Williams snapped this photo during his trip to Angel Island, where he took a Segway tour. The Segway program, started in March 2007 in conjunction with Angel Island Tram Tours and Events, was the first of its kind in a California State Park. There are several guided tours offered each day; the cost is \$65 and includes a training session. For more information on the tours available as well as the times and reservations, visit [www.angelisland.com](http://www.angelisland.com).

# San Francisco Bay: Sensitive Habitat or Marine Junkyard?

BY SEJAL CHOKSI, BAYKEEPER AND PROGRAM DIRECTOR

Cruise through Richardson Bay, the Oakland Estuary or the sloughs near Redwood City, and you will see dozens of abandoned boats of all makes and sizes. The number of derelict boats is so extreme in the eastern reaches of the Bay that a recent Contra Costa County report indicated that the removal of 300 vessels in the past 20 years has hardly put a dent in the “aquatic junkyards.” As more and more vessels litter our waterways, I’ve become increasingly

concerned about the gaps in policies for dealing with abandoned boats. These ships are serious environmental hazards, not to mention an unattractive addition to our beautiful Bay waters.

Derelict vessels can contain a host of toxic pollutants, and as the boats deteriorate and become submerged, these substances inevitably enter the Bay. Oil, gasoline and sewage can spread through the water and onto beaches and shorelines, endangering wildlife and humans who come into contact with these substances. Boats may also have batteries, cleaning fluids or other toxic substances on them. A recent analysis of the paint used on some vessels in the Bay revealed a highly toxic suite of metals

including chromium, copper, lead, mercury and zinc. When these toxins leach into the water, they contaminate Bay sediment, where sediment-dwelling organisms can ingest them. The toxins thus contaminate the food supply of all Bay wildlife, endangering fish, birds and marine mammals.

Current federal and state rules deal only with an abandoned marine vessel if the object poses “a substantial hazard on navigable waterways.” This means that derelict vessels can leak toxic substances into the Bay with little environmental and public safety oversight. Lack of funding is often identified as the biggest obstacle to effectively removing abandoned vessels, since hauling out submerged and partially submerged objects is costly and difficult. Removing an abandoned vessel from the water costs about \$200 per foot, which means that removing one small houseboat can cost upwards of \$5,000. This puts the cost of ridding the Bay of abandoned vessels and debris in the millions of dollars—a cost that our local government budgets may not be able to bear.

In light of the significant costs associated with cleaning up derelict boats, public agencies must be empowered to tackle the problem before the boats are abandoned. A state law currently working its way through the California legislature would create a vessel turn-in program, allowing boaters to surrender vessels free of charge and allowing the agency to take possession of the vessel before it’s left to deteriorate in the Bay for months or years.

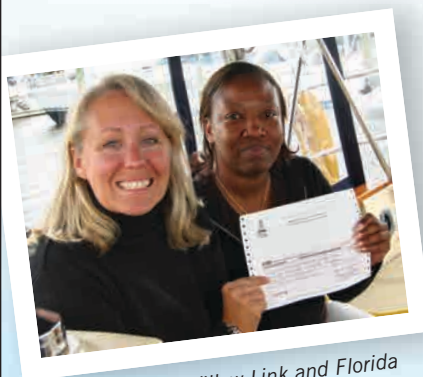
Another contributing factor to the increasing number of derelict boats in our waters is the lack of consequences faced by those who abandon these vessels. Contra Costa County recently instituted an ordinance to fine boat owners and confiscate vessels anchoring in county waters without a permanent dock, proper sanitation device or other evidence that the vessel is not abandoned.

State and local policymakers should also consider creating a telephone tip line to report derelict vessels, which could deter individuals and entities from abandoning boats. The creation and delegation of formal authority to a single agency that would be responsible for claiming, removing and properly disposing of abandoned boats might also be useful.

Finally, as promoted by the Contra Costa County report, communities should consider implementing an “Adopt-a-Waterway” program similar to the state’s “Adopt-a-Highway” effort, in which private individuals and businesses donate money to improve the state of local waterways, including the removal of abandoned vessels and other marine debris. This program would provide an opportunity for local community members to invest in protecting the Bay.

Abandoned boats are impacting the water quality of the Bay, and it’s important that we all take steps to prevent this growing source of pollution. You can support Baykeeper’s efforts to reduce pollution in the Bay by becoming a member at [www.baykeeper.org](http://www.baykeeper.org).

## Can Your Insurance Company Measure Up?



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*“On our way back from Florida to Lake Erie, a sudden 35 knot wind forced us into another boat’s anchor flattening our dinghy! This safety item had to be replaced for our trip to continue. Salandra, a BoatU.S. Florida Claims Representative, saw that our check was issued within days and drove her own car to the coast where we were waiting...”*

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Sejal Choksi,  
San Francisco Baykeeper and  
Program Director



Sejal first joined San Francisco Baykeeper as an attorney in September 2002, spearheading San Francisco Baykeeper’s efforts to secure the nation’s first regulations to control agricultural pollution. As the San Francisco Baykeeper, she now directs all aspects of Baykeeper’s advocacy programs, pollution patrols, and legal docket.

## APL and Port of San Francisco Celebrate Cargo Milestones

BY PAUL DUCLOS

**L**ate in 2008, global shipping leader APL will mark the 160<sup>th</sup> anniversary of its founding. And this summer its year-long birthday celebration continued on San Francisco Bay.

APL was a sponsor of the Festival of Sail, a five-day tribute to the age of sailing ships organized by the San Francisco Maritime National Park Association at the end of July. Hundreds of thousands of visitors jammed the city waterfront to inspect a dozen majestic tall ships including the U.S. Coast Cutter *Eagle* and a replica of Captain Bligh's *HMS Bounty*.

On the first day of the festival, spectators were treated to a tall ships parade that passed under the Golden Gate Bridge. Anchoring the 12-vessel string was the tallest ship of all: the *APL Singapore*, an 863-foot-long containership that regularly calls the San Francisco Bay Area at the Port of Oakland.

"The Festival of Sail is the biggest San Francisco Bay Area maritime event in recent memory," said Bob Sappio, senior vice president of the Trans-Pacific Trade at APL and a member of the Board of Trustees of the San Francisco Maritime National Association. "The timing was perfect, and we were pleased to take a leadership role."

APL's predecessor, the Pacific Mail Steamship Company, was founded in 1848 in New York State. October 4th marks the 160<sup>th</sup> anniversary of the sailing of its first ship—a three-masted side-wheel steamer—from the U.S. East Coast to California.

So far in 2008, the international container carrier has marked the milestone year with customer celebrations in Asia and the U.S. The Festival of Sail was the biggest bash yet.

Visitors streamed through APL's exhibit on the San Francisco waterfront, a shiny blue 20-foot container decked out with enlarged pictures of the company's ships since APL's founding. The display included a video about APL's history

and emphasized the development of the maritime industry and its importance to the world economy.

### Pier 80 Gets New Management Company

The Port of San Francisco has concluded a new five-year terminal management agreement with Metro Ports to operate the Pier 80 Omni-cargo Terminal. Metro currently handles the stevedoring for the Hanson Aggregates Mid Pacific, Inc. bulk facility at Pier 94, and Metro's affiliate Metro Cruise Services LLC operates the Port's Pier 35 cruise terminal. In the 1980s, California Stevedore & Ballast (CS&B), the original parent corporation to Metro, managed the Pier 80 terminal, the cruise terminal, and other businesses in the San Francisco bay region.

With this new agreement, Metro will bring back its breakbulk cargo handling expertise from other California and southeastern ports operations to Pier 80, while emphasizing customer service for the current major clients that include Star Shipping, Saga Forest Carriers, Oldendorff Carriers, and Gearbulk.

In 2007, Pier 80 accommodated 160,000 metric tons of breakbulk cargo. Major commodities included various steel products such as coils, rebar, plate, beams and pipe; boats and yachts; lumber; newsprint; and project cargoes. The facility also accommodates bagged, crated and roll-on/roll-off cargoes.

In 2004, the terminal was selected by U.S. Customs and Border Protection (CBP) to be the first terminal on the U.S. West Coast to install Radiation Portal Monitors (RPM) to screen all import cargo. The port looks forward to this agreement with Metro reinvigorating its cargo marketing efforts and increasing its cargo volumes at the 70-acre facility that has four deep-water berths (38-40 feet MLLW), four shore side gantry cranes with 40-long ton capacity, on-dock rail, 400,000 square feet of covered storage, ample paved land for staging project cargoes, 2700 lineal feet of dock with a dock load of 1000 lbs./sq. ft., and quick access to two major highways.

"The Port of San Francisco is extremely pleased to have Metro Ports managing our Pier 80 terminal operation," said Peter Dailey, Port of San Francisco deputy director of maritime. "With Metro on board, we believe that we have all the pieces in place to provide a solid product to our customers and grow our cargo business."

Port of San Francisco Executive Director Monique Moyer was equally bullish on the cargo angle:

"The agreement with Metro Ports is another important step in the Port's strategic plan to enhance our maritime business," said Moyer "In addition to the Illinois Street Bridge and our agreement with San Francisco Bay Railroad, the Port has entered into agreements to enlarge our drydock for ship repair and install shoreside power for cruise vessels."

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- Labor Day Weekend** 10AM – 6PM - **Used & Demo Boat Sale, California Canoe & Kayak, Half Moon Bay, 800-366-9804, [www.calkayak.com](http://www.calkayak.com)**  
California Canoe & Kayak's biggest sale of the year! Get a great deal on a well maintained used or demo boat or take advantage of sale prices on new boats and gear.
- Every Wed.** 6PM – 8PM - **Wednesday Night Sail, OCSC Sailing, Berkeley, 510-843-4200, [www.ocsc.com](http://www.ocsc.com)**  
Set sail aboard one of our larger yachts skippered by a professional OCSC skipper and enjoy a relaxing sunset out on the Bay. You can soak in the beauty of the evening while not lifting a finger; or pitch in and take the helm. Following the sail we will serve chili, chips, salsa, and beverages. A great time to get to know other like-minded sailors. \$30 for members, \$40 retail. Please call to make your reservation.
- September 6** 9AM – 5PM, **Poke Your Nose Out The Gate, Club Nautique, Sailing School, 800-343-SAIL, [www.clubnautique.net](http://www.clubnautique.net)**  
Let the leaders in coastal and offshore passagemaking take you "out the gate!" With a licensed skipper on board, enjoy a leisurely sail from our Sausalito location out into the open ocean. Get a glimpse of the beautiful Northern California coast on board one of our beautiful sailing vessels. Alameda location. Reservations required. Members: \$145/NonMembers: \$195
- September 13** 6PM – 9PM - **Sausalito Moonlight Paddle, UCSF Outdoor Programs, 415-476-2078, [outdoors.ucsf.edu](http://outdoors.ucsf.edu)**  
Join us on this scenic paddle and enjoy sunlit views of Angel Island, Mount Tamalpais, and the San Francisco cityscape as we spend the evening paddling along the charming Sausalito waterfront. Price includes kayaking equipment and professional guides. \$65 includes equipment.
- September 14** 9AM – 3PM, **Walker Creek to Nicks Cove, Tomales Bay, Blue Waters Kayaking, 415-669-2600, [info@bwkayak.com](mailto:info@bwkayak.com)**  
Over 400 species of birds have been recorded here in the Point Reyes area, making it one of the bird watching havens in the country. Fall and winter are great times to bird watch from a kayak in Tomales Bay. Coast: \$98/person
- September 15** 6:45PM – 9:45PM - **Moonlight Paddle, Outback Adventures, Larkspur, 415-461-2222, [www.outbackadventures.com](http://www.outbackadventures.com)**  
Navigating your kayak by moonlight is a mystical experience you won't soon forget. This unique kayak tour allows for a grand view of the moon rising into the night's sky. We will paddle leisurely while admiring the moon's silvery light reflecting off the water's surface. \$65 includes equipment.
- September 20** 10AM – 4PM, **Discover Sailing, Club Nautique, Sailing School, 800-559-CLUB, [www.clubnautique.net](http://www.clubnautique.net)**  
Let us introduce you into the world of sailing. Join us for a sailing adventure on the San Francisco Bay. This is the perfect opportunity to see if sailing is in your blood. Sausalito location. Reservations required. Lunch included. Members: \$145/NonMembers: \$195. PLUS! You'll receive a \$100 coupon good towards our 34' Skipper's package/Sailing lessons.
- September 21** 6AM – 8PM - **OCSC's Farallones Adventure, OCSC Sailing, Berkeley, 510.843.4200, [www.ocsc.com](http://www.ocsc.com)**  
During this full day adventure, you'll work with your team to learn how to sail a traditional ship (Seaward, a beautiful 82' classic schooner) and take her on a voyage beyond the Golden Gate to the Farallones Islands. This is a rich, experiential learning opportunity for any SF Bay sailor and a unique way to gain an appreciation of what Coast Passage making is like. This is a great adventure even for the inexperienced! \$245 retail, 25% discount for Members! Call for reservations!
- September 21** 7AM – 12PM, **Monterey Diving, Advanced Diving Technologies 925-754-8180 [www.adtscuba.com](http://www.adtscuba.com)**  
It is time for the Fall Season diving! The viz is great, the seas have calmed and diving is at its best! Watch for Jellies and Mola Mola as you admire the kelp forest. Keep a watchful eye for the whales and dolphins too! 2 tank dive \$90. Doubles divers welcome. Nitrox available. Don't miss out, sign up today.
- September 21** 9AM – 2:30PM - **Tomales Bay Kayak Tour, Outback Adventures, Larkspur, 415-461-2222, [www.outbackadventures.com](http://www.outbackadventures.com)**  
Experience one of the premier paddling destinations in California on this guided kayak tour. Wildlife abounds in this spectacular setting. One of the largest protected bay and coastal areas in California; this kayaker's paradise is a short distance from San Francisco and the Bay Area. \$85 includes equipment.
- September 21** 9AM – 3PM, **Drakes Estero, Drakes Bay Oyster Farm - PRNS, Blue Waters Kayaking, 415-669-2600, [info@bwkayak.com](mailto:info@bwkayak.com)**  
Drake's Estero is one of the most stunning places to paddle on the California coast, offering incredible opportunities for wildlife viewing. We'll glide through the eelgrass and kelp beds of this scenic estuary, home to harbor seals, bat rays, leopard sharks and many birds species. Cost: \$98/person.
- September 26** 6:30PM – 9PM - **Sunset Tour, Outback Adventures, Larkspur, 415-461-2222, [www.outbackadventures.com](http://www.outbackadventures.com)**  
Paddling your kayak on the open water as the last rays of sun drop behind Mt Tam is a mystical experience you won't soon forget. This unique kayak tour allows for a grand view of the sun setting and on occasion the moon rising into the evening sky. We'll paddle leisurely while admiring the twilight reflecting off the water's surface.
- September 27** 9AM – 4PM - **Angel Island Paddle, UCSF Outdoor Programs, 415-476-2078, [outdoors.ucsf.edu](http://outdoors.ucsf.edu)**  
Paddle from Sausalito to Angel Island to experience one of the Bay Area's most beloved destinations. Previous kayaking experience is required, all necessary kayaking gear is included. \$110
- September 28** 10AM – 2PM - **Pillar Point Kayak Tour, California Canoe & Kayak, Half Moon Bay, 800-366-9804, [www.calkayak.com](http://www.calkayak.com)**  
Kayaking is a great way to get outdoors and enjoy the natural setting of the lovely coastside region of Pillar Point Harbor in Half Moon Bay. Get up close and personal with harbor seals, marine birds and our resident sea otter! \$49 includes equipment and guides.



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# New Sailors Help a Great Cause

**C**lub Nautique and Teams-in-Training have joined forces for Sail For A Cure 2008. This is a comprehensive fundraising and sailing training program to benefit the Leukemia & Lymphoma Society, and it culminates in the Leukemia Cup Regatta at the San Francisco Yacht Club in Tiburon on Sunday, October 5th.

Participants will take sailing lessons and raise funds in honor of those whose lives have been affected by blood cancers. Fifteen participants will go through the US Sailing Basic Keelboat certification course at Club Nautique; each fundraiser will be responsible for raising a minimum of \$3,900 for the Leukemia Lymphoma Society. That's a minimum total of \$58,500! The fundraisers will not only earn the US Sailing certification, but will also enjoy a picnic day on the bay at Angel Island and a day on the water dedicated to racing theory

and rules. Participants will then put their training to the test and actually compete in the Leukemia Cup Regatta.

The Leukemia Cup Regatta is in its third year here in San Francisco, and has been consistent in setting records as the top fundraising location in the country for the cause. For the third consecutive year, the Leukemia Cup Regatta Committee, in association with the Leukemia and Lymphoma Society, has raised the bar on projected financial goals. In year one, the goal was \$100,000 and \$140,000 was raised; in the second year, the goal was \$200,000 and over \$300,000 was raised. This year they have set the bar at \$500,000 and are already well on their way, with an astounding \$173,000 already raised.

The Leukemia & Lymphoma Society is dedicated to curing leukemia, lymphoma, myeloma and Hodgkins disease, as well as improving the quality of life of patients and their families. When the Leukemia &

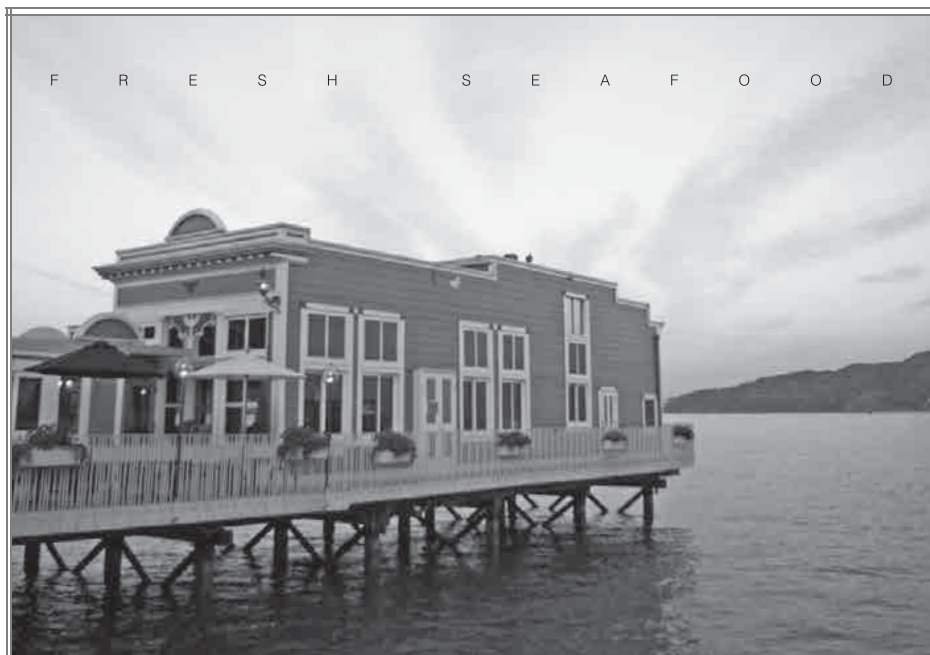
Lymphoma Society was founded, only 3 percent of children diagnosed with Acute Lymphocytic Leukemia, the most common form of childhood leukemia, were expected to survive. Today, 87 percent of children treated for the disease are expected to live normal, healthy lives. Despite advances in treatments, leukemia remains the #1 disease responsible for deaths of people under the age of 20. Additionally, leukemia strikes nine times as many adults as children. Through programs like Sail For A Cure, the Society raises funds for research, patient support & community education and outreach programs. Sail For A Cure



*Photo courtesy of Club Nautique*

*Participants in Sail For A Cure undergo training in Club Nautique's US Sailing Basic Keelboat certification course.*

is the Society's new pilot fundraising program. For more information, on the Leukemia & Lymphoma Society, visit [www.leukemicup.org/sf](http://www.leukemicup.org/sf) or contact Leslie Crouch, (415) 625-1133 (leslie.crouch@lls.org). For details on the "Sail For A Cure" program, contact Michael Johnson at Club Nautique, (415) 332-8001 (mjohnson@clubnautique.net).



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# A Segway Is the Easy Way to See Angel Island

BY JOEL WILLIAMS

If you are not familiar with the Segway, it is that crazy contraption with two wheels that you stand straight up on while driving. Marketed as an electric, self-balancing, personal-transportation device, I've always wondered what a Segway was like to "drive," although I sympathized with the people who say it's a lazy way to avoid moving your feet. After recently taking a two-hour tour of Angel Island on one, however, I think they are fantastic. Don't get me wrong—if you have the time and are healthy enough to do so, it would probably be better to hike around the Island. But there is no way I would have been able to do and see as much as I did in two hours without being on a Segway. And the lazy people are actually the ones who took the tram ride on the island, because they got to sit down the whole time!

I must say it was a very weird and slightly uncomfortable feeling when I first stepped onto the Segway. But after a brief training session provided by the Angel Island Segway expert, Saris Mercanti, I easily got the hang of it. You basically lean forward to start moving and lean back to slow down, stop, or go in reverse, and you steer by moving the handle bars to the left or right. By the end of my tour, I felt I had mastered the Segway and was making rapid left and right turns in a serpentine motion. It really is quite fun after you get the hang of it.

I had been to Angel Island previously and had begun hiking the Perimeter Road, but with a constant eye on my watch because I had a limited time on the island. My party and I were able to hike up to the beautiful viewing area that overlooks the City and Alcatraz, but that was it. We had to turn around to make sure we didn't miss our return



Photo by Joel Williams

*Making it up some of the steep vertical inclines on Angel Island is a breeze on the Segway.*

ferryboat, because Angel Island is only accessible by boat.

This time, however, I was determined to make it all the way around the island, and I figured the Segway would be a great way to do it. I was right! We were able to cover the entire five miles of Perimeter Road around the island with several stops along the way, including a stop to check out the old U.S. Army barracks and a visit inside the Chapel.

The Segway program, started in March 2007 in conjunction with Angel Island Tram Tours and Events, was the first of its kind in a California State Park. There are several guided tours offered each day and all riders must be at least 16 years old to participate. The cost is \$65 and includes a training session. For more information on the tours available as well as the times and reservations, visit [www.angelisland.com](http://www.angelisland.com). If you are still on the fence, grab a friend and take advantage of the two-for-one deal on Tuesday, but plan in advance because these special deals sell out quickly.

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# Marquee Mendocino

BY WEEKENDSHERPA.COM

It's easy to see why Mendocino has been the location for more than 50 films, including classics like James Dean's "East of Eden." With its small town charms and the natural beauty of redwood forests, blue-green bays, and rocky headlands, Mendocino is an ideal backdrop for your next great escape.

## Mendo Stroll

**Downtown Delights:** Overlooking the ocean, with white picket fences, tidy gardens, wide sidewalks, and wooden

water towers, Mendocino mixes a starched New England style with the breezy soul of California. The 15-minute stroll from one end of town to the other is the best way to get acquainted with this friendly place. Grab a coffee and fresh bialy—an unboiled bagel with no hole—at the Mendocino Bakery, then meander Main Street for window-shopping on one side and huge ocean views on the other. It's easy to while away an hour at the Gallery Bookshop, the town's intellectual hub and home to an impressive selection of books.

**Sunset Bonus:** Surrounding the town on three sides is Mendocino Headlands State Park. Trails leave right from town and curve along the dramatic coastal bluffs, leading to a blowhole, a beach, and outcroppings with unforgettable views. Catch a sunset here, when the waves are transformed into a tangerine oasis and the town behind you looks like an old postcard photo painted in perfect indigo light.

## Easy Explorations

**The Big Easy:** Part Lewis and Clark excursion, part mellow meander, the Big River invites the exploration of a wide



Downtown Mendocino offers New England style with breezy California soul.

tree-lined estuary with resident river otters, sea lions, and kingfishers. The water vehicle of choice is a handcrafted, wooden outrigger canoe that's as smooth and steady as it is swift and fun. Rent the canoe at Catch a Canoe & Bicycles, Too!, where the good folks will let you know the best tide-tuned times to paddle out and back. However near or far you choose to go, the canoe's outrigger and push-pedal rudder will make steering a breeze.

**TIP:** If you'd prefer to pedal rather than paddle, rent a bike and cruise the wide dirt Haul Road on the north side of the Big River. Catch a Canoe & Bicycles, Too! has a map and tips on other rides in the area.

*Catch a Canoe & Bicycles, Too! , Hwy 1 and Comptche Ukiah Rd., Mendocino; 707-937-0273. Canoe rentals start at \$10 per hour per person. Bike rentals start at \$12 per hour. Dog-friendly!*

# GO NINERS 2008!

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Game Day	Opponent	Kick-off	Depart Santa Rosa	Depart Sonoma	Depart Larkspur	Depart San Rafael
Regular Season Games						
Sunday, September 7	Arizona Cardinals	1:15 pm	10:00 am	10:00 am	10:30–11:30 am	11:05 am
Sunday, September 21	Detroit Lions	1:05 pm	10:00 am	10:00 am	10:30–11:30 am	11:05 am
Sunday, October 5	New England Patriots	1:15 pm	10:00 am	10:00 am	10:30–11:30 am	11:05 am
Sunday, October 12	Philadelphia Eagles	1:15 pm	10:00 am	10:00 am	10:30–11:30 am	11:05 am
Sunday, October 26	Seattle Seahawks	1:15 pm	10:00 am	10:00 am	10:30–11:30 am	11:05 am
Sunday, November 16 **	St. Louis Rams	1:05 pm	10:00 am	10:00 am	10:30–11:30 am	11:05 am
Sunday, December 7 **	New York Jets	1:05 pm	10:00 am	10:00 am	10:30–11:30 am	11:05 am
Sunday, December 28 **	Washington Redskins	1:15 pm	10:00 am	10:00 am	10:30–11:30 am	11:05 am

\*\* As part of the NFL's agreement with NBC to televise Sunday Night Football, the NFL has implemented a flexible schedule for Sunday start times for the final 8 weeks of the season. If games on Nov. 16, Dec. 7 or Dec. 28 are moved to Sunday Night games, GGT will NOT offer transportation to Monster Park on these dates. For a full refund of 49ers bus ticket(s) purchased for these games, customers must send tickets, along with their name, address and phone number to Customer Relations Supervisor, GGBHTD, 1011 Andersen Dr, San Rafael, CA 94901, BY JANUARY 31, 2009. The amount of the returned ticket(s), less service fees, will be refunded. If these 49ers games are moved from the original start time, fans will be notified by local print, electronic and Internet media.

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**\$19 from Larkspur**  
(Larkspur Ferry Terminal)

**\$23 from Santa Rosa**  
(Piner & Industrial)

**\$25 from Sonoma**  
(Broadway & Market)

Purchase tickets at [www.goldengate.org](http://www.goldengate.org), Larkspur Ferry Terminal, Santa Rosa Bus Facility, or San Rafael Bus Facility.

For more information, visit [www.goldengate.org](http://www.goldengate.org) or call toll-free 511/711 (TDD). ♿





Photo courtesy of Brad Day/WeekendSherpa.com  
The Big River offers fantastic canoeing.

**Green Dream:** This is the North Coast, where rain and fog keep the greenery moist and the leaves looking velvety lush. See it for yourself on Mendocino's prized Fern Canyon Trail in Russian Gulch State Park, where the creeks bustle and the air smells like fresh mint pines. Hike for 2.5 miles along Russian Gulch Creek, through a steep canyon blanketed with ferns, passing second-growth redwoods and ancient tree stumps to a 36-foot waterfall. At the base of the cascade, walk out on a fallen redwood log for the King Kong of the Jungle photo op.

*Russian Gulch State Park is 2 miles north of Mendocino on Hwy 1. To reach the Fern Canyon trailhead, drive east through the campground all the way to the end of the road.*

### Eat & Sleep

**Homegrown Goodness:** Mendocino packs a tasty punch, with many of its restaurants showcasing locally grown ingredients. For a sit-down lunch, head for the heated outdoor patio at the Mendocino Cafe; their burly Thai burritos go especially well with the village and ocean views. For a picnic



Photo courtesy of Brad Day/WeekendSherpa.com  
Stunning waterfront views abound.

alternative, grab a brick oven baguette in town at the Brickery (a take-out located in the back garden of the gourmet favorite, Café Beaujolais), then pick up some wine and cheese at Mendocino Market and travel 5 miles up the road to Jug Handle Beach; this lesser-known crescent cove (pictured below) is a tranquil place to spread a blanket and watch the waves. For dinner, the Moose Café serves savory North Coast cuisine in an upscale-casual atmosphere. When the weather is warm, opt for a seat on the outdoor patio with views of the mouth of the Big River. End the night with drinks in the Lobby Bar at the Mendocino Hotel—the oldest hotel in town; sit in an old parlor booth and sip under the stained-glass dome.

**Dreamcatchers:** Mendocino has more quality B&Bs per capita than any other town on the California coast—and they're not all potpourri and doilies. Check out Alegria's A-frame cottages, which even have a private path leading to the beach. Stay in Cove Cottage if you can (and avoid noisy McElroy's Cottage). Alegria's onsite hot tub, set beneath a giant eucalyptus, warms fog-chilled bones. Home-cooked breakfasts start with organic apple juice, fruit, and fresh-baked ginger peach scones. Eric and Elaine are stellar hosts, with the local lowdown on where to go and what to do. Other good overnight options include the comfortable Cape Cod-style John Dougherty House, and the Stanford Inn, the sprawling four-diamond flagship, where every room has an ocean view. For an economy stay, Fort Bragg is just 15 minutes north and has plenty of less expensive overnight options. The best campgrounds are at Russian Gulch State Park and Van Damme State Park; the 10 hike-in camp spots at Van Damme are among the best on the entire coast.

*29-year-old WeekendSherpa.com founder and managing editor Brad Day grew up in California and has spent his entire life adventuring in Northern California's great outdoors.*



*WeekendSherpa.com is a San Francisco based online publication that sends out a free weekly (Thursdays) email newsletter giving insiders' information on enjoyable and economical things to do in the Bay Area/Northern California outdoors, including hiking, biking, and just plain relaxing...as long as it gets you out there! www.weekendsherpa.com.*

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**Sausalito & Tiburon** A comfortable ride across the San Francisco Bay to the two Marin seaside villages of Sausalito and Tiburon to enjoy shopping, dining or an easy stroll around town.

**Angel Island** A California State park and wildlife reserve. Angel Island is both a great picnic destination with hiking, kayak tours, an hour-long fully-narrated TramTour, as well as a historical site dating back to the U.S. Civil War.

**Vallejo** Sail to Vallejo, a waterfront community that includes the city's Heritage District, Vallejo Naval and Historical Museum and family-friendly Six Flags Discovery Kingdom theme park.

**Alameda & Oakland** There's dining in Jack London Square, the Farmer's market on Sundays and jazz nightly.

**Blue & Gold Fleet at PIER 39  
Beach Street & The Embarcadero  
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# Green Conference Brings Enviro



Former Vice President Al Gore will be the keynote speaker.

## BY BILL PICTURE

The third annual West Coast Green conference, taking place September 25-27 at the San Jose Convention Center, promises to be a many-ring circus that will satisfy the senses and sensibilities of innovators, businesses and consumers searching for ways to exist more intelligently and responsibly. The event is expected to draw 14,000 people and will feature former Vice President Al Gore as keynote speaker.

“I think people are inspired to think green but don’t yet fully grasp the extent of the possibility,” says Karen Jackson,

program director for the event. While the focus of previous years’ events was on green building and design, Jackson says that the goal of this year’s West Coast Green is to “weave a comprehensive net” that also includes development—the bridge between a good idea and its eventual application in the market.

Organizers have also expanded the scope of the event’s program content, which was originally geared toward residential architecture, design, construction and landscaping, to include commercial and industrial applications. Green building industry professionals and the decision-makers responsible for setting green building standards in their communities remain the event’s

core audience. But Jackson says that the program is also intended to inspire consumers and entire communities to demand more.

Consumers, after all, dictate demand. So, by providing a forum in which increasingly green consumers and industry professionals can talk, Jackson hopes to facilitate more green change: “Consumers can tell what they want. And the industry can start crafting systems and putting them in place to meet those demands.”

Three specific programs included in this year’s event demonstrate how the industry is searching for ways to meet consumers’ demand for greener places to live. A big-time green developer has designed a full-day program intended

# Environmental Innovation to San Jose

to show other developers how to map the natural and economic resources of a community in order to come up with a plan that best meets the needs of that community.

Another seminar will demonstrate the benefits of Building Integrated Modeling, which allows designers sitting at a computer to take all of the physical attributes of a piece of land into consideration when deciding where (and how) to position walls and windows. Yet another series of talks will focus on affordable housing and how green design and building practices can be applied to serve all of humanity.

“It’s about designing and building smarter,” Jackson said.

## It all starts with an idea...

These examples all began with an idea. And the organizers of West Coast Green have created a pipeline to help such ideas become realities, for the sake of consumers and the planet. At an open-mic session, anyone with an idea bouncing around in his or her head can pitch that idea, no matter how half-baked it is, to a panel of consultants and investors. If the idea is a good one, the members of the panel can then offer advice on how to see that product or service through to application, including securing funding for the project.

West Coast Green has also set aside booth space for what Jackson refers to as the “innovation pipeline,” where startup companies can showcase a current project for free on the tradeshow floor, in a museum-like setting. “All it takes is one investor to walk by and think the idea is a good one.” Jackson adds. “And it’s as good as sold.”

Jackson says that the ideas for the Environmental Protection Agency’s

Lifecycle Building Challenge—which challenges designers to create buildings with materials, components and information systems that can all be disassembled and reused without reducing their quality—and the Green Building Exchange—a green building network and showroom in Redwood City—were both hatched at West Coast Green.

At an open-mic session, anyone with an idea bouncing around in his or her head can pitch that idea, no matter how half-baked it is, to a panel of consultants and investors.

## But how green is it?

One would be surprised by how non-green the average green event really is. From leaflets printed on virgin paper to refreshments served in non-compostable containers, the number

of questionable decisions can be staggering. But the organizers of West Coast Green have made every effort to minimize the impact of their own event on the environment, including outlawing



Guest speaker Hunter Lovins is a professor at the Presidio School of Management, and co-developer of the school’s MBA Sustainable Management program, the first such accredited program in the country.

vinyl table covers and using signage made with recyclable or reusable materials.

“We don’t like to brag about it because it’s just part of our philosophy and the way we do things,” Jackson explains. Besides being easy on the planet, Jackson believes that these green finishing



Guest speaker Michelle Kaufmann is a principal partner at Michelle Kaufmann Designs, a leader in sustainable design. The firm’s work has been featured in the New York Times, Time, Money and USA Today.

touches enhance the overall experience for attendees.

Another attendee-centered touch is a nap room, where patrons can enjoy a foot massage and relax on “landing pads” made of recycled plastic water bottles. “There’s no time limit in the nap room, but we haven’t had to kick anyone out yet,” jokes Jackson.

## Timing is everything

The timing of this year’s West Coast Green couldn’t be better. Just last month, San Francisco Mayor Gavin Newsom signed into law the most stringent green building standards of any U.S. city. So Bay Area residents seem an appropriate audience for West Coast Green.

Jackson says that she and fellow organizers look forward to spreading the word in less eco-conscious parts of the country. Still, she insists that West Coast Green isn’t preaching to the choir here in the Bay Area. “Bay Area residents are the composers and creative minds behind this movement,” she explains. “So we want to encourage them to design and

innovate further. Yes, we’ve done a lot to further green building. But there’s a lot further to go.”

As for what effect West Coast Green has had on her own life, Jackson says it has provided her with an opportunity to manifest change beyond the green practices that have already become a part of her day-to-day life. “I already live pretty green,” she explains. “So the effect is larger scale that riding public transportation or using reusable shopping bags. When I hear that someone who attended West Coast Green was empowered to start their own green business, I get to feel like maybe I played a small part in that. And that feels really good.”

All photos courtesy of West Coast Green.

**West Coast Green**  
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# HOME FRONT<sup>SM</sup>

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<b>USO DANCE</b> Ford Building Craneway	7 - 10 pm		
<b>OPENING CEREMONY</b> Lucretia Edwards Park		11 am	
<b>FORD BUILDING CRANEWAY STAGE</b>			
EBCPA, Richmond BLOCO Steel Band		11 am	
Mein Legends		11:45 am	
The Contra Costa Chorale		12:00 pm	
Art of Ballet		12:30 pm	
Dave Crimmen		12:45 pm	
Danza Azteca		1:15 pm	
Conjunto Romero		1:30 pm	
Little Wolf & the Hellcats		2:30 pm	
Dynamic Four		3:30 pm	
<b>The Spinners</b>		<b>4:45 pm</b>	
<b>LUCRETIA EDWARDS STAGE</b>			
Puppet Show		11:30 PM	
College Prep Dancers/Tae Kwon Do		12:30 PM	
EBCPA Arts Jazz Collective		1:00 PM	
Crunchy Frog		1:30 PM	
Courtyard Marriott Awards		2:15 PM	
Youth Talent Show		2:30 PM	
Front Line		3:30 PM	
<b>Goapele</b>		<b>4:00 PM</b>	
YMCA Run/Walk Awards Ceremony			10:15 am
Carol's Jazz Cat's Band			11:30 am
Mariachi Aquilas de Contra Costa			12:20 pm
GTS Band			1:15 pm
Andre Thierry & Zydeco Magic			2:15 pm
Alvon & His All-stars Band			3:15 pm
Mystique			4:15 pm

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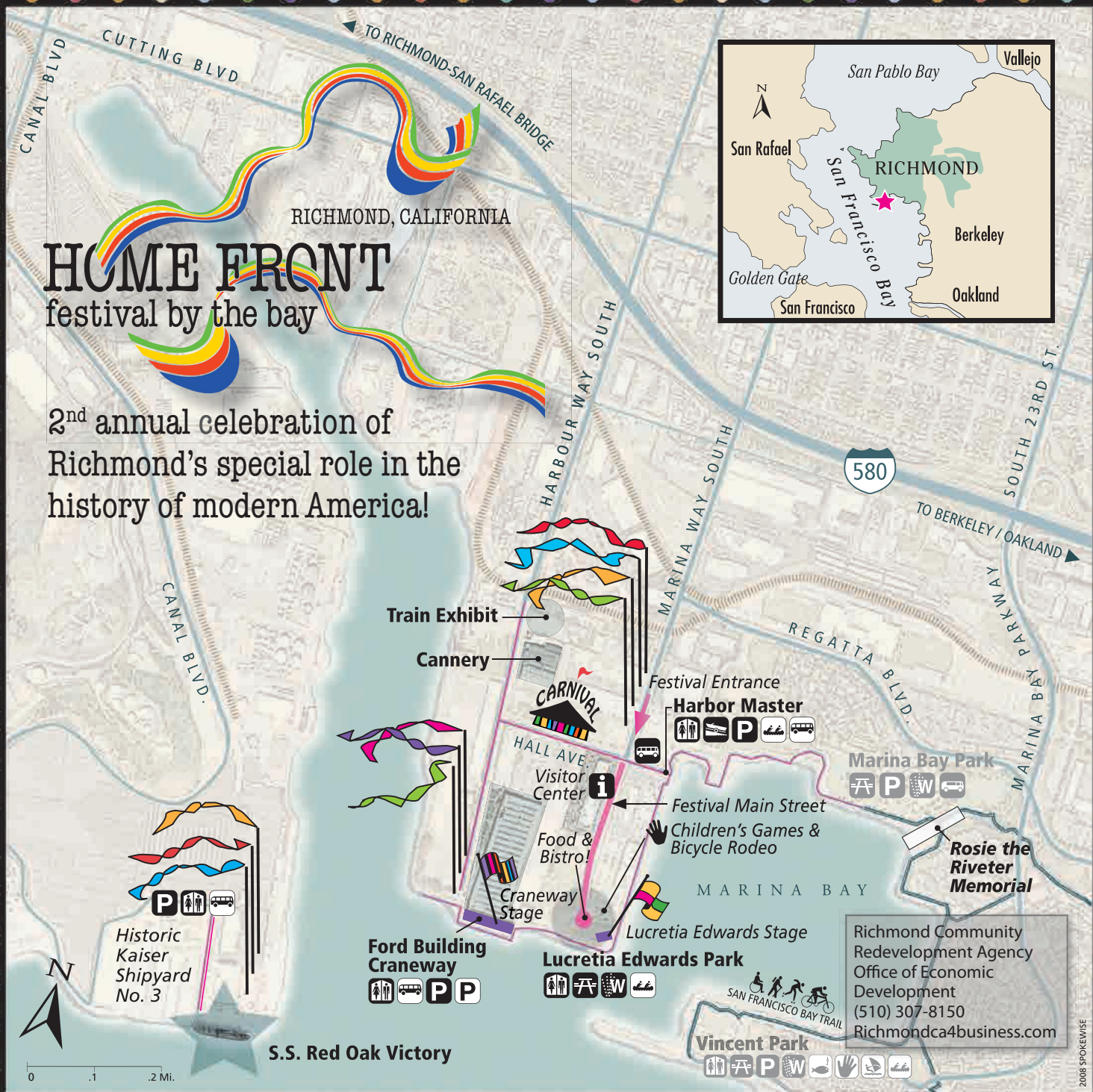


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## Trumer Offers Imported Flavor with Local Freshness

BY JOEL WILLIAMS

**T**rumer Brauerei, on 4<sup>th</sup> Street in Berkeley, is one of the most unique breweries I have ever visited. Its uniqueness, however, stems from something it *doesn't* do—that is, it doesn't make more than one style of beer. The entire brewery, and it's a big one, is set up to make the flagship Trumer Pils, and that's it!

Maybe we should go back a little bit in time to explain. (By a little bit, I mean over 400 years.) The original Trumer Brauerei, located in Salzburg, Austria, was started in 1601 and became known as an exceptional local brewery throughout the Austro-Hungarian Empire. Since the introduction of the Pilsner style in the mid-19<sup>th</sup> century, the Austrian brewery concentrated on

perfecting that style. Today, its reputation is well-known throughout Europe for its artfully crafted Pilsner beer.

Trumer wanted to introduce a true European Pilsner in the States, but knew that, in order to do so, the beer would need to be made here. It is well accepted in the brewing community that imported, pasteurized versions of European beers never live up to the true flavor of the originals. During Trumer's search for the perfect location in the United States, it came upon the former Golden Pacific Brewery in Berkeley. Both the location of the Bay Area, with its very sophisticated and knowledgeable beer drinking community, and the fact that the local water supply is nearly identical to the water in Salzburg made the Berkeley location ideal.

After extensive renovations and expansion to the existing facility, Trumer imported all of the raw materials that the company uses at the Austrian brewery and began creating the local version of Trumer Pils in 2004. The result is a very clean, crisp, delicately balanced and fresh traditional Pilsner beer that is brewed locally. Trumer was actually the first Brewery outside of Germany to win the Gold Medal for a German Style Pilsner at the World Beer Cup Awards in 2006—a feat that the brewery repeated again this year.

Because the goal was to create a true Pilsner in the states, Trumer has no desire at this time to produce other beer styles—not even a light version—and I praise that decision. It would be easy to pound out a couple of more styles to cater to other tastes, but that's not what Trumer is about. All they want to do is to produce and distribute the best traditional Pilsner beer stateside, and they have the awards to prove that they are on the right track.

Not only does Trumer import all of the traditional ingredients from Europe, the company even made sure that it hired a German-trained Master Brewer. Lars Larson is originally from Portland and has over 20 years of brewing experience in breweries of all sizes. He also speaks fluent German and received his formal brewing education in Berlin, Germany. After brewing in Argentina for a while, and after a short



Our favorite photographer Loren Earle-Cruickshanks took this photo of Master Brewer Lars Larson for a past Trumer Pils ad campaign.

stint at Stroh's Brewery in Texas, Larson was eventually hired as the Brewmaster for the new Trumer project in the U.S.

When I asked Larson about only making one style of beer he told me, "We feel we have barely tapped our potential with what the Pils can do. So right now we really want to just focus on the Pils." Trumer Pils can be currently found on tap and in stores throughout the Bay Area.

### Don't miss the 5th Annual Brews on the Bay!

All seven of San Francisco's artisan breweries will serve their finest beers on Saturday and Sunday, September 13-14, from noon to 4:30 p.m. Enjoy over 50 remarkable beers, live music and delicious local food all aboard the *Jeremiah O'Brien* at Pier 45. To find out more about this wonderful event, visit [sfbrewersguild.org](http://sfbrewersguild.org).

Joel Williams was a professional craft brewer for over seven years at several breweries. He earned a diploma in Brewing Sciences in 1996 from the world-renowned Siebel Institute of Technology in Chicago.



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# JACK LONDON SQUARE

## Free Medicine Take-Back on National Estuaries Day

The San Francisco Estuary Project will sponsor a free medicine take-back event with Teleosis Institute to celebrate National Estuaries Day. The public is invited to bring unwanted household medications for safe disposal to 420 Water Street in Jack London Square on Sunday, September 28<sup>th</sup> from 10:00 a.m. to 2:00 p.m.

For more than 20 years, the San Francisco Estuary Project and its partners have worked together to protect and restore the San Francisco Bay-Delta Estuary. A federal-state-local partnership, the San Francisco Estuary Project is one of 28 National Estuary Programs throughout the United States that were established under the Clean Water Act.

The San Francisco Estuary Project mission statement is to restore water quality and manage the natural resources of the San Francisco Bay-Delta Estuary while maintaining the region's economic vitality. This free medicine take-back will help keep unwanted household medications from being flushed into our water system.

Other priorities of the Project are sea level rise, freshwater inflow, land/water use, pollutant minimization and streams/wetlands preservation. The San Francisco Bay-Delta Estuary is the largest estuary on the West Coast encompassing roughly 1,600 square miles and drains over 40% of the state (60,000 square miles). It is a vital resource for the state's human and wildlife populations providing drinking water to 22 million Californians and irrigating 4.5 million acres of farmland. The Estuary also supports important economic activities including commercial and sport fishing, shipping, industry, agriculture, recreation and tourism.

Please do not bring needles, sharps, inhalers, or controlled prescriptions. Information on water quality, water pollution prevention, and water conservation will be available. For more details about the event visit [SFestuary.org](http://SFestuary.org).

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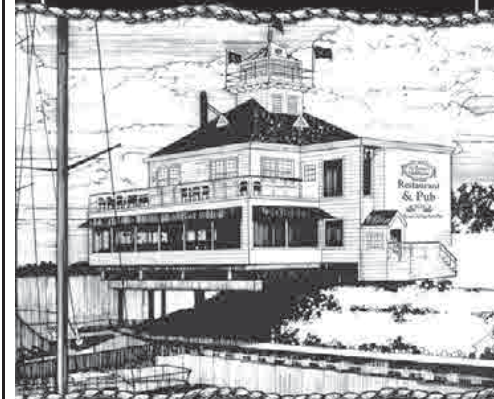


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Golden Gate Ferry							
LARKSPUR *							
Weekdays (excluding Holidays)				Weekends and Holidays			
Depart Larkspur	Arrive SF	Depart SF	Arrive Larkspur	Depart Larkspur	Arrive SF	Depart SF	Arrive Larkspur
5:50am	6:20am	6:25am	6:55am	9:40am	10:30am	-----	-----
6:35	7:05	7:10	7:40	11:40	12:30pm	12:40pm	1:30pm
7:10	7:40	7:45	8:15	1:40pm	2:30	2:40	3:30
7:50	8:20	8:30	9:05	3:40	4:30	4:40	5:25
8:20	8:50	9:10	9:45	5:30	7:00	7:15	8:00
9:15	9:50	10:10	10:45	One-Way Ferry Fares			
10:10	10:45	10:55	11:30	LARKSPUR SAUSALITO			
11:10	11:45	11:55	12:30pm	Daily Daily			
11:40	12:15pm	12:25pm	1:00	Adult Cash Fare			
12:40pm	1:15	1:25	2:00	\$7.45 \$7.45			
2:15	2:50	3:00	3:30	Frequent Rider Ticket			
2:50	3:25	3:35	4:05	(Book of 20 Tickets)			
3:40	4:15	4:25	4:55	\$4.70 \$4.00			
4:15	4:45	4:55	5:25	Youth / Senior / Disabled			
-----	-----	5:20	6:05	\$3.75 \$3.75			
5:10	5:45	5:55	6:25	Children (age 5 & under)			
5:35	6:10	6:20	6:50	(limit 2 per fare-paying adult)			
6:35	7:10	7:20	7:50	FREE FREE			
7:20	7:55	8:10	8:40				
8:10	8:45	8:50	9:20				
8:50	9:25	9:35	10:05				

\*On weekdays, with the exception of the 5:20 pm San Francisco departure which is operated by a 715 passenger Spaulding vessel, all other trips are operated by high-speed catamarans. Weekend service is provided by a 715 passenger Spaulding. Also, direct ferry service is provided to most Giants games at ATT&T Park.

SAUSALITO							
Weekdays (excluding Holidays)				Weekends and Holidays			
Depart Sausalito	Arrive SF	Depart SF	Arrive Sausalito	Depart Sausalito	Arrive SF	Depart SF	Arrive Sausalito
7:10am	7:35am	7:40am	8:10am	-----	-----	10:40am	11:10am
8:20	8:45	10:15	10:45	11:20am	11:50am	12:00pm	12:30pm
10:55	11:25	11:35	12:05pm	12:45pm	1:15pm	1:25	1:55
12:15pm	12:45pm	12:55pm	1:25	2:10	2:40	2:50	3:20
1:55	2:25	2:35	3:05	3:50	4:20	4:45	5:15
3:20	3:50	4:00	4:30	5:35	6:05	6:30	7:00
4:45	5:15	5:30	6:00	6:30	7:00	---	---
6:10	6:35	6:45	7:10				
7:20	7:50	7:55	8:20				

INFORMATION CONTACTS  
511 (toll-free) or 711 (TDD) | E-mail/Comments to ferrycomments.goldengate.org  
For Larkspur and Sausalito website:www.goldengate.org

**HOLIDAY SERVICE: Larkspur & Sausalito**  
In effect on Martin Luther King, Presidents', Memorial, 4th of July, Labor Day, modified Holiday service is operated on the Day after Thanksgiving.

**NO SERVICE: Larkspur & Sausalito**  
No ferry service on New Year's, Thanksgiving, and Christmas Day.



Adventure Cat			
2008 Departure Schedule	BAY CRUISE		SUNSET CRUISE
Daily	1:00pm	3:00 pm	6:00 pm
Sunset cruise includes hors d'oeuvres and two drinks for \$45.	Bay Cruise Rates: Adults: \$30 / Children 6-12: \$15 / Kids 5 and under: \$2		
(800) 979-3370 / www.adventurecat.com	Group Discount Rates: 10 or more full fare passengers = \$5.00 off per person when run on one credit card		

ALAMEDA/OAKLAND				ALAMEDA/OAKLAND					
Weekdays to San Francisco				Weekends and Holidays to San Francisco					
Depart Oakland	Depart Alameda	Arrive Ferry Bldg.	Arrive Pier 41	Depart Oakland	Depart Alameda	Arrive Ferry Bldg.	Arrive Pier 41		
6:00am	6:10am	6:30am	-----	9:00am	9:10am	-----	9:35am		
7:05	7:15	7:35	-----	10:40	10:25*	11:10	11:25		
8:10	8:20	8:40	-----	12:20pm	12:10pm*	12:50 pm	1:05pm		
9:15	9:25	9:45	10:00	1:55	1:45*	2:25	2:40		
11:00	10:50*	11:30	11:45	4:00	3:45*	4:30	4:55		
12:45pm^	12:35pm*	1:15pm	1:30pm	5:45	5:30*	-----	6:20		
2:30	2:20*^A	3:00	3:10	7:20	7:05*	7:50	8:05		
4:40	4:30*^A	5:10	-----	8:55	8:45*	9:25	9:30		
5:50	5:40*^A	6:15	-----	10:30	10:20*	-----	11:00		
6:20	6:10*	-----	7:00	Weekends and Holidays from San Francisco					
6:55^	6:45*^A	7:20	-----	Depart Pier 41	Depart Ferry Bldg.	Arrive Alameda	Arrive Oakland		
7:55^	7:45*	9:20	-----	8:30am#	-----	9:10am	9:00am		
8:55^	8:45*	-----	9:25	9:45	10:00	10:20	10:35		
Weekdays from San Francisco				11:35	11:50	12:10pm	12:20pm		
Depart Pier 41	Depart Ferry Bldg.	Arrive Alameda	Arrive Oakland	1:10pm	1:25pm	1:45	1:55		
-----	6:30am#	7:15am	7:05am	2:50	-----	3:45	3:55		
-----	7:35#	8:20	8:10	4:55	5:10	5:30	5:40		
-----	8:40#	9:25	9:15	6:30	6:45	7:05	7:15		
10:15	10:30	10:50^	11:00^	8:10	8:25	8:45	8:55		
12:00pm	12:15pm	12:35pm^A	12:45^	9:40	9:55	10:15	10:25		
1:45	2:00	2:20^	2:30^	FARES:					
3:45	4:10	4:30^	4:40^	One Way	Round Trip	10Ticket Book*	20Ticket Book*	Monthly Pass	
-----	5:20	5:40	5:50	Adult (13+)	\$6.25	\$12.50	\$50.00	\$90.00	\$170.00
5:20	5:45	6:10	6:20	Child (5-12)	\$3.50	\$7.00			
-----	6:25	6:45	6:55	Child under 5**	FREE	FREE			
-----	7:25	7:45	7:55	Senior (65+)	\$3.75	\$7.50			
-----	8:25	8:45	8:55	Disabled Persons*	\$3.75	\$7.50			
				Active Military	\$5.00	\$10.00			

\* To S.F. via Oakland # To Alameda via Oakland  
^ Departs immediately after loading

Schedule information harvested online. Schedules are subject to change.

Seniors must show valid I.D., Regional Transit Connection, or Medicare Card. Military personnel must show Military I.D.

PURCHASE TICKETS ONBOARD THE FERRY or at the Regional Transit Connection (RTC) at participating Bay Area businesses. Please call the 24-hour Ferry Fone at (510) 522-3300 to confirm times.

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Blue & Gold Ferry					
BAY CRUISE			SAUSALITO		
Leave PIER 39			FISHERMAN'S WHARF, PIER 41		
Weekdays		Weekends and Holidays		Weekdays	
10:15am	2:00pm	10:15am	2:30pm	Depart Pier 41	Arrive Sausalito
11:00	2:30	11:00	4:00	11:20am	11:50am
12:15pm	4:00	12:15pm	5:00	12:40pm	1:10pm
1:15	5:30	1:15	6:00	2:15	2:30
		2:00	6:45	3:10	3:40
				4:35	5:25
				8:25*	8:45*
					8:50*
					9:20*
Bay Cruise does not operate during inclement weather. Additional cruises may be added on demand. Check with ticket booth on day of sailing for schedule. No reserved seating available.					
FARES: All prices include audio tour.					
Adult ..... \$23.00 Junior (12-18) ..... \$19.00 Senior (62+) ..... \$19.00 Child (5-11) ..... \$15.00 Special Rates On Line					
ANGEL ISLAND - SF/DAILY					
Weekdays					
Depart Ferry Bldg.	Depart Pier 41	Arrive Angel Island	Depart Angel Island	Arrive Ferry Bldg.	Arrive Pier 41
9:20am	9:45am	10:05am	10:10am	-----	10:30
-----	1:05pm	-----	3:25	4:25pm	3:45
Weekends					
9:20am	9:40am	10:05am	10:15am	11:10am	11:35
-----	1:50	2:45	2:55	-----	3:25
-----	-----	-----	4:15	5:35pm	5:10
* Stops at Pier 41 prior to Ferry Building > Stops at Pier 41 for 20 minutes prior to Ferry Building					
ANGEL ISLAND - ALAMEDA/OAKLAND					
Weekends ONLY					
Depart Oakland	Depart Alameda	Arrive Angel Island			
9:00am*	9:10am*	10:10am			
Depart Angel Island	Arrive Alameda	Arrive Oakland			
3:10pm	3:45pm	3:55pm			
* Requires transfer at PIER 41 onto 9:45 am Angel Island Ferry					
ANGEL ISLAND - VALLEJO					
Weekdays					
Depart Vallejo	Arrive Angel Island	Depart Angel Island	Arrive Vallejo		
7:45am	10:05am	2:00pm	4:30pm		
		3:25pm	5:30pm		
Weekends					
8:10am	10:10am	-----	-----		
10:00am	12:10pm	2:55pm	5:00pm		
-----	-----	4:15pm	6:30pm		
Free transfers are required in San Francisco at either the Ferry Building or Pier 41. Ask a deckhand if you have questions about where to make the transfer. Tickets are now on sale at the Vallejo Ferry Terminal Ticket Office.					
FARES	Pier 41 SF Ferry Bldg	Alameda/Oakland	Vallejo		
Adult	\$15.00	\$14.50	\$32.50		
Senior (65+)	\$15.00	\$14.50	\$23.00		
Child	\$8.50(age 6-12)	\$8.50(age 5-12)	\$23.00		
Child	FREE(5 & under)	FREE(4 & under)	FREE(5 & under)		
*All prices include State Park Fees					

Baylink Ferry			
VALLEJO/SAN FRANCISCO			
FERRY BLDG./ FISHERMAN'S WHARF			
Weekdays			
Depart Vallejo	Depart Ferry Bldg.	Depart Pier 41 Fisherman's Wharf	
5:30am	6:35am	-----	
6:30	7:35	-----	
7:00	8:10	-----	
7:45	8:55	-----	
8:45	9:55	-----	
10:00	11:10	11:30am	
11:30	12:40pm	-----	
2:00	3:30	3:10pm	
3:20	4:30	-----	
4:05	5:15	-----	
4:45	6:00	-----	
5:35	7:05	6:45	
Weekends and Holidays			
Depart Vallejo	Depart Ferry Bldg.	Depart Pier 41 Fisherman's Wharf	
8:10am	9:20am	9:45am	
10:00	11:10	11:30	
11:30	12:40pm	-----	
1:00pm	2:10	-----	
2:30	3:40	4:00pm	
4:00	5:10	5:30	
5:35	6:45	-----	
6:35	7:45	-----	
8:20	9:50	9:30	
FARES: One Way			
Adult One-Way ..... \$15.00			
Senior/Disabled/Medicare One-Way (65+/disabled)* ..... \$7.50			
Youth One-Way (6-12 years) ..... \$7.50			
Baylink DayPass ..... \$27.00			
Monthly Pass ..... \$330.00			
Monthly Pass with Muni ..... \$370.00			
Call (707) 64-FERRY or visit www.baylinkferry.com for updated information.			
* Serves Pier 41 prior to arrival at SF Ferry Building # Serves SF Ferry Building prior to arrival at Pier 41			
TIBURON COMMUTE			
DOWNTOWN S.F., FERRY BLDG.			
Weekdays			
Depart Tiburon	Arrive Ferry Bldg.	Depart Ferry Bldg.	Arrive Tiburon
6:00am	6:20am	-----	-----
6:50	7:10	7:15am	7:35am
7:50	8:10	8:15	8:35
8:45	9:05	-----	-----
-----	-----	4:25pm	4:45pm
5:00pm	5:20pm	5:25	5:45
5:50	6:10	6:15	6:35
6:40	7:00	7:15	7:35
FARES: One-Way Round Trip			
Adult ..... \$9.50 ..... \$19.00			
Child (5-11) ..... \$5.25 ..... \$ 10.50			
20 Ticket Commute Book ..... \$140.00 (Mon. - Fri.)			

Harbor Bay Ferry			
EAST END OF ALAMEDA/S.F.			
Depart Harbor Bay Island	Arrive S.F. Ferry Bldg.	Depart S.F. Ferry Bldg.	Arrive Harbor Bay Island
6:30am	6:55am	7:00am	7:25am
7:30	7:55	8:00	8:25
8:30	8:55	4:35pm	5:00pm
-----	4:30pm	5:35	6:00
5:05pm	5:30	6:35	7:00
6:05	6:30	7:35	8:00
7:05	7:30	-----	-----
No service on weekends			
FARES:			
Alameda Harbor Bay Ferry passengers can purchase Ferry tickets, passes and books on board our ferries. Alameda Harbor Bay Ferry accepts cash, checks, Visa, Mastercard and Commuter Checks as payment for ferry tickets.			
Fare: One-Way Adult.....\$6.50 One-Way Juniors (5-12).....\$3.25 Children (under 5) .....Free One-Way Seniors (62 & over) .....\$3.75 Disabled .....\$3.75 Active Military .....\$5.25 One-Way Commute (book of 10).....\$55.00 One-Way Commute (book of 20).....\$100.00 Monthly Pass (book of 40).....\$185.00 Free MUNI and AC Transit Transfers Provided			

Red & White			
BAY CRUISE SCHEDULE			
PIER 43 1/2			
Monday through Sunday			
May 21-Sept 1			
10:00am	1:15pm	4:15pm	
10:45*	1:45	5:00	
11:15	2:30	5:30	
12:00pm	3:00	6:15	
12:30	3:45	-----	
* Weekends Only			
Fare: Adult .....\$22 Youth (5-17) ..\$16 Child (under 5)Free			

AT&T PARK SERVICE			
Direct service is available Alameda/Oakland and Vallejo for selected Giants baseball games. For service from Larkspur to selected games please visit goldengateferry.org. For more information, visit www.eastbayferry.com for Alameda/Oakland service and www.baylinkferry.com for Vallejo service. Or call Blue & Gold Fleet at (415) 705-8200.			
			
<a href="http://www.baycrossings.com/ferry_schedules.asp">http://www.baycrossings.com/ferry_schedules.asp</a>			

Angel Island Ferry			
ANGEL ISLAND/TIBURON			
Monday - Friday			
Tiburon to Angel Island	Angel Island to Tiburon		
10:00am	11:00	10:20am	11:20
1:00pm	3:00pm	3:30pm	-----
Weekends			
10:00am, 5:00pm hourly		10:20am, 5:20pm hourly	
Please contact up regarding any questions. Our website contains all current information (www.angelislandferry.com)			
FARES	Adults (13 and over)		Round Trip
Adults (13 and over)	\$13.50		
Children (6 - 12)	\$11.50		
Children (3 - 5)	\$3.50		
Bicycles	\$1.00		
Schedule Subject to change w/o notice			

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# ARRRRGH! TALK LIKE A PIRATE



BY CAPTAIN RAY

Each year, September 19<sup>th</sup> is International Talk Like A Pirate Day. Have a little fun sprinkling your speech with a few “arrghs,” an occasional “avast there, matie,” and the odd “ahoy.” But do you realize how many commonly used expressions come from the sea? It could be said that we all

talk like pirates all the time. The origins of some phrases, such as “a wide berth” or “a little leeway,” are quite obvious, while others are much more obscure. Here are a few examples of the latter.

In the days of wooden ships, the ocean swell caused the edges of the planks to work against each other and move slightly. The seams between the planks had to be filled with a flexible material called oakum that would allow for this movement and, at the same time, keep mostly out the water. This job, that is, pounding the oakum into the seams, was known as “paying” the seam. As the vessel flexed, the largest seams that moved the most—and therefore had to be recaulked most frequently—were those located just below the main deck. Because these were the most difficult part of the job, they became known as the “devil.” This is where “the devil to pay” originated, and, as you can see, it has nothing to do with money.

In order to do this job, the seamen had two choices. They could lean over the side of the vessel and work with their head down for hours at a time; or, they could rig a boatswain chair so they could work upright as they hung over the side of the vessel. Thus, they were “between the devil and the deep blue sea.”

For most of the time that humans have ventured out onto the watery parts of the earth’s surface, navigation was a visual affair. In fog, darkness, or other conditions that caused the land to be lost from sight, sailors would have to resort to whatever worked. It was known, for instance, that crows disliked

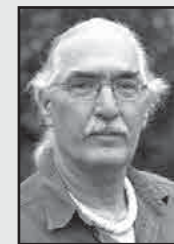
large bodies of open water. Therefore vessels carried cages of crows. When necessary a crow would be released from the highest masthead—also known as the crow’s nest—and the crow would fly directly to the nearest land. The ship would then sail “as the crow flies.”

The petty officer of the watch used to record all courses steered and distances run during a watch with chalk on a slate kept near the helm. At the change of watch they would “wipe the slate clean.” This is also the origin of “starting with a clean slate.”

If a square-rigger was caught unawares by an unforeseen shift in the wind, the sails could be pushed backward hard against the masts and shrouds. This would slow the ship and could bring her to a complete stop. In this sudden and unexpected state, the ship could not answer its helm and was said to have been “taken aback.”

Aye, matie; enjoy this year’s Talk Like A Pirate Day!

**Ray Wichmann,** is a US SAILING-certified Ocean Passagemaking Instructor, a US SAILING Instructor Trainer, and a member of US SAILING’s National Faculty. He holds a 100-Ton Master’s License, was a charter skipper in Hawai’i for 15 years, and has sailed on both coasts of the United States, in Mexico, the Caribbean, and Greece. He is presently employed as the Master Instructor at OCSC Sailing in the Berkeley Marina.



**We Need Your Voice  
Join Baykeeper Today!**

Do you believe polluters like the Cosco Busan should be held accountable for fouling the San Francisco Bay? Do you think cities need to do more to keep sewage out of our streets, creeks and the Bay? If so, join Baykeeper and help us enforce clean water laws to protect the Bay. It’s never been more important. Join us today!

[www.baykeeper.org](http://www.baykeeper.org)

**BAYKEEPER.**

# Cal Maritime Training Ship Rescues Two Off West Coast



Photo courtesy of California Maritime Academy

The California Maritime Academy's 500-foot training ship *Golden Bear* happened to be at the right place at the right time to assist two stranded fishermen 80 miles from shore giving cadets an opportunity to see the importance and value of their training.

The California Maritime Academy's 500-foot training ship *Golden Bear* rescued two California fishermen Sunday evening, August 17<sup>th</sup>, approximately 80 miles off the Monterey Peninsula. The two men departed the Santa Cruz area earlier that day in an open 17-foot skiff, equipped with a single outboard engine. They told authorities they were heading for offshore fishing grounds when their engine seized up. They then radioed for help to the U.S. Coast Guard in San Francisco.

The Coast Guard issued a call to

vessels in the vicinity of the stricken boat asking if they could proceed to the scene. The *Golden Bear* was approximately 50 miles away at the time, heading northward on the final leg of her annual three-and-a-half-month summer training cruise to ports in the western and southern Pacific. Aboard were 200 students from Cal Maritime and the Texas Maritime Academy and approximately 40 staff and crew.

Vessel commander Captain Paul Leyda, who also heads the school's Department of Marine Transportation, advised the Coast Guard that he was

proceeding to the reported location of the boat and increased the *Golden Bear's* speed. Upon arriving at the scene, the ship established radio contact with the stranded fishermen and asked them to fire a flare since their boat was too small to be seen on the ship's radar. Once located, the *Golden Bear* pulled closer and launched its rescue boat, skippered by Chief Mate Bill Schmid, officer Mikaela Downs and cadets Hanna Reeves and Sam Thompson.

The two fishermen were transferred to the rescue boat and the disabled craft was towed to the ship and lifted aboard with a fantail crane, supervised by Deck Officer David Coleman and his crew. *Golden Bear* then resumed its homeward course, arriving in San Francisco early Monday morning. The rescued fishermen disembarked after arrival.

Cal Maritime officials said the decision to divert course is a given whenever mariners are at risk on the sea, regardless of the circumstances. They estimated the cost of the diversion, in terms of the extra fuel required to cover the distance at a higher speed, was between \$5,000 and \$6,000. Capt. Leyda had increased speed to assure arrival on scene before dark, which could have made location and recovery more difficult. In addition, the *Golden Bear* was itself on a tight timetable, since it was scheduled to go into dry dock in San Francisco Monday morning for

routine maintenance work prior to the start of the 2008-09 academic year on September 2nd.

The participation in a real-life rescue at sea was a graphic illustration for the crew and the students aboard *Golden Bear*, of the importance and value of the training and skills they have been taught, both in classrooms and labs at the school's Vallejo campus, and during training cruise exercises each summer.

The California Maritime Academy is a unique campus of The California State University, offering degrees in business administration, facilities engineering technology, global studies and maritime affairs, marine engineering technology, marine transportation, and mechanical engineering. Cal Maritime is one of only seven degree-granting maritime academies in the United States—and the only one on the West Coast. For more information, visit the Cal Maritime website at [www.csum.edu](http://www.csum.edu) or call 707-654-1000. To "ride along" on this summer's training voyage, click the "Follow the Voyage" link on the home page to see reports, photos and videos.



Photo courtesy of California Maritime Academy

Rescued skiff being towed back to the ship with Chief Mate Bill Schmid in the white helmet along with other helmeted cadets and crew assisting the two stranded fishermen.

# AROUND THE BAY IN SEPTEMBER



Photo by Jeremy Bonelle

## **Battleship U.S.S. Iowa Faces Funding Hurdle to Find a Home**

Historic Ships Memorial at Pacific Square (HSMPS), the group recently identified by the U. S. Navy as the only organization qualified to give the historic warship U.S.S. *Iowa* a final berthing as a floating memorial and museum in Vallejo is inviting families, supporters and the public to an open house at the Mare Island Museum to discuss progress towards a permanent Mare Island berthing. The open house will take place on Saturday, September 20 from 11:00 a.m. to 4:00 p.m. and attendees will meet other *Iowa* supporters in an informal and fun atmosphere while learning how each individual can help further the project. The event, put on by HSMPS, will feature exhibits, video, a ship's store, announcements, a raffle and much more. Admission and parking are free and food and refreshments will be available for purchase. All proceeds go to the U.S.S. *Iowa* project. After ten years of planning, site selection and laying groundwork, the major hurdle facing HSMPS is in generating funding commitments from foundations, corporations and the general public to meet the Navy's requirement prior to acquisition of the vessel. Donations are encouraged and can be sent to: HSMPS, P.O. Box 361, Vallejo, CA 94590. For more information, contact Marilyn Wong at (707) 712-8361 or [info@battleshipiowa.org](mailto:info@battleshipiowa.org).

## **Walk with Rock**

On Saturday, September 27, a 2.5 mile walkathon event to benefit Access Adventure, will be held at Lynch Canyon near Vallejo. Individuals, team walkers and wheelchair driving participants will be led by the gentle giant Rock, the largest Percheron draft horse in North America. Access Adventure is a program of the Solano Land Trust and provides outdoor recreation and environmental education for people with disabilities and underserved youth, using innovative, wheelchair accessible horse drawn carriages. A wheelchair accessible carriage will carry a limited number of people in wheelchairs who wish to participate. Supporters are urged to make pledges backing participants in the event. A picnic lunch, entertainment and awards will be held following the walk. For more information, visit [www.access-adventure.org](http://www.access-adventure.org).

## **Looking For a New Buddy? Try the Adoptathon!**

This is a must for all pet lovers! Grab your friends, pack up the kids (and the dog) and go to the 3rd Annual Bay Area Pet Fair & Adoptathon, a weekend of fun, education, entertainment and pet-related products and services. There will also be hundreds of adoptable animals at the Fair! Enjoy canine performances and demonstrations, interactive activities for you and your dog, contests, vendor exhibits, expert speakers, a Kids' Pavilion, "The Other Dog Show," and the Fair's centerpiece, a multi-agency Adoptathon. The Pet Fair's huge Adoptathon includes over 30 regional animal shelters and rescue groups



bringing dogs, cats, rats, rabbits and more available for adoption. This is a wonderful opportunity for potential adopters to meet the right animal for their home and family. During the first two Bay Area Pet Fairs, nearly 400 animals found new forever homes! The Other Dog Show, which premiered in 2007, features a dazzling display of street mutts, shelter dogs and cast-off purebreds in a light-hearted competition for the title "Best in Show." The event takes place on Saturday and Sunday, September 6-7 from 10:00 a.m. to 5:00 p.m. at The Marin Center in San Rafael. Admission is \$7 for adults, \$5 for kids 6-12 and seniors 55+ and kids 5 and under are free. Admission for dogs is \$1 or a can of pet food for animals in need. For more information call (415) 229-3174 or visit [www.bayareapetfair.com](http://www.bayareapetfair.com).

## **Webster Street Jam Brings Local Flavor to Alameda**

Upwards of 30,000 people are expected to jam Webster Street for the 7<sup>th</sup> annual Webster Street Jam (formerly called the Peanut Butter Jam) from 10:00 a.m. to 6:00 p.m. Saturday, September 13 and 10:00 a.m. to 5:00 p.m. Sunday, Sept. 14 in the heart of historic West Alameda on Webster Street between Central and Lincoln Avenues. The two-day food, wine, music and art fair also includes a special event with the Unauthorized Rolling Stones in concert from 5:45 to 7:30 p.m. Saturday. The Webster Street Jam will stay true to its local roots with all the arts and crafts on sale from talented area artisans. The food will be from local and Bay Area restaurants and locally-produced Drakes' Beer and Rosenblum Cellars wine will be the only spirits sold. Even the bands will be local, with a wide variety of eclectic bands like local favorites Toot Sweet Dixieland Jazz, Meshugga Beach Party, and Finish Ticket. Hank Hooper performs music for children both days. For more information, visit [www.westalamedabusiness.com](http://www.westalamedabusiness.com).

## **Big Boats Race in the Bay**

The Rolex Big Boat Series annually attracts thousands of world-caliber sailors, all of whom are eager to win one of the six specially engraved Rolex timepieces given to the winners of the St. Francis Yacht Club's six Perpetual Trophies. Against the dramatic backdrop of the Golden Gate Bridge and Alcatraz Island in picturesque San Francisco Bay, intense competition is guaranteed in pursuit of the champion's title. The 44<sup>th</sup> annual Rolex Big Boat Series – known as one of the sailing world's most prestigious international competitions – will again be a premier international event. The races occur from September 11-14 and hosted by the St. Francis Yacht Club in San Francisco. For more information, visit [www.stfyc.com](http://www.stfyc.com).



Photo by Daniel Forster

## **Yo-Yo-Yo Dude!**

All wound up with nothing to do? Swing by the Exploratorium for the 2008 California State Yo-Yo Championships on Saturday, September 6 from 10:00 a.m. to 4:00 p.m.

Meet National and World Yo-Yo Champions, watch daredevil tricks, and learn basic techniques from yo-yo masters. This event is included in the price of admission to the Exploratorium. Registration is open to the public and begins at 10:00 a.m. and winners will qualify for next year's regional tournament. The Exploratorium is located at 3601 Lyon Street in San Francisco. For more information, go to [www.calstateyo-yo.com](http://www.calstateyo-yo.com).

To have your event or announcement considered for the Bay Crossings Around the Bay listings, please send information or a press release to: [joel@baycrossings.com](mailto:joel@baycrossings.com).

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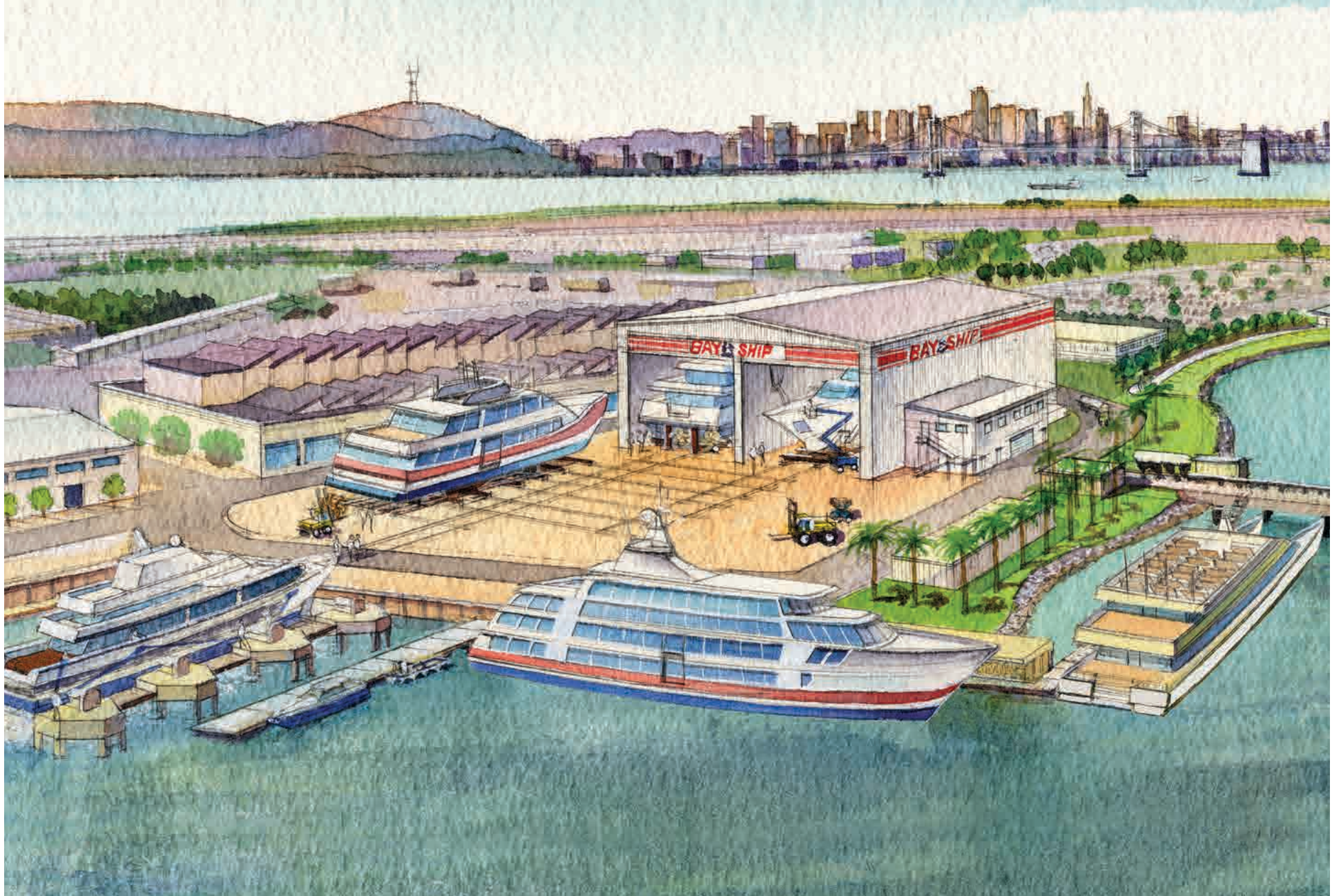


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