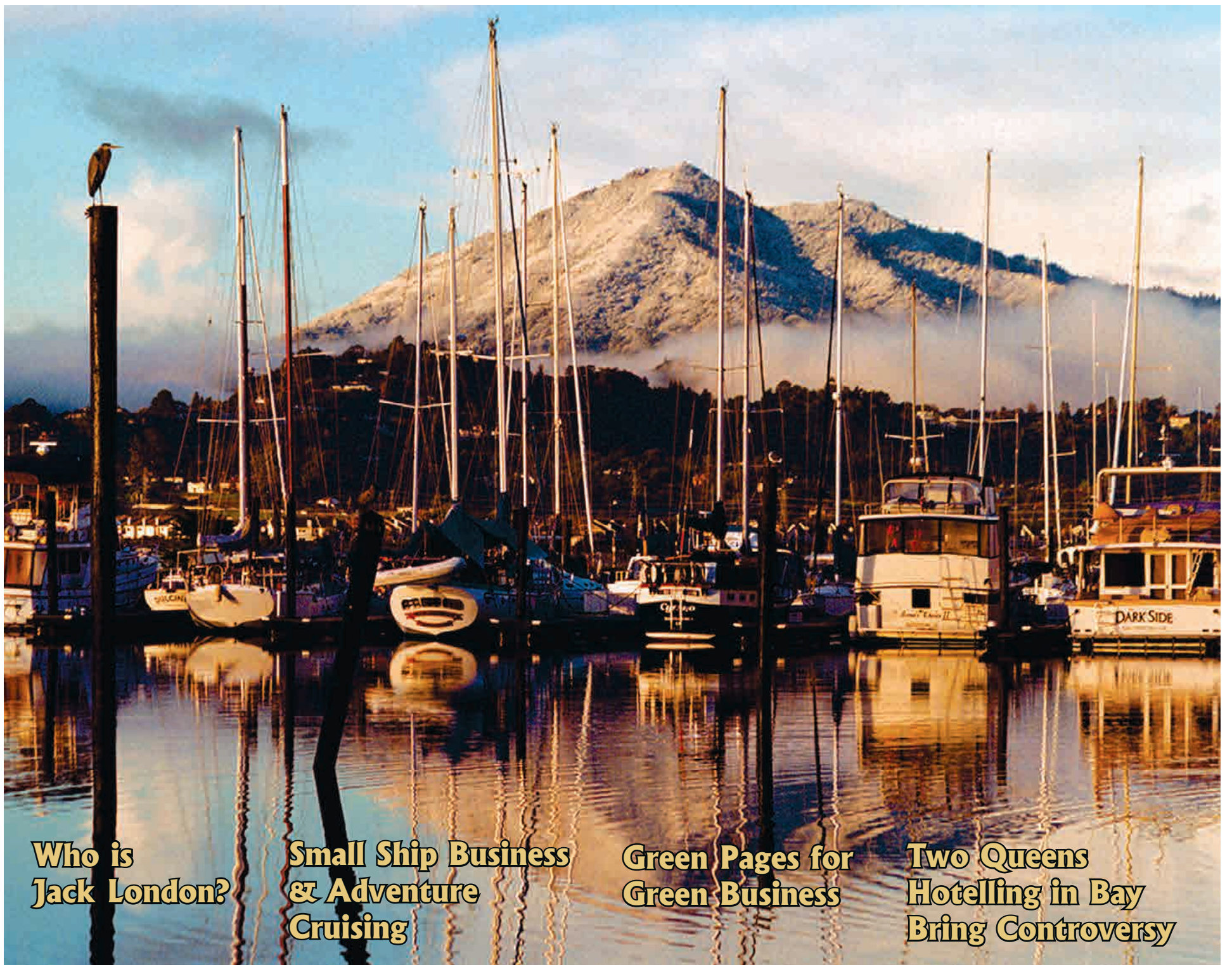




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*"The Voice of the Waterfront"*

January 2007 Vol.8, No.1



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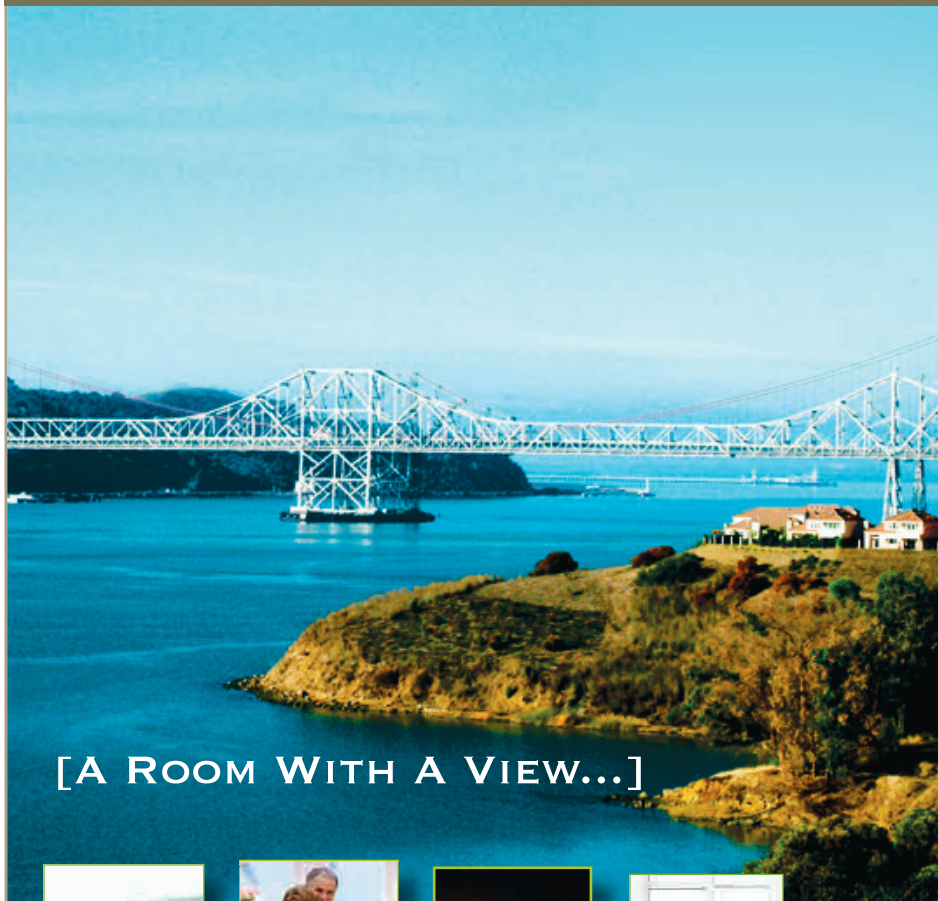
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## WATERFRONT VIEWS

# Electronic Payers Get Month Reprive from Toll Increase on Bay's Bridges

Oakland, CA — On Jan. 1, a \$1 toll increase goes into effect on the Bay Area's seven state-owned toll bridges. Tolls on the affected bridges – Antioch, Benicia-Martinez, Carquinez, Dumbarton, Richmond-San Rafael, San Francisco-Oakland Bay and San Mateo-Hayward – will rise to \$4 from the current \$3. However, drivers of cars and other two-axle vehicles who pay their tolls electronically with a FasTrak® toll tag will receive a \$1 discount throughout the month of January.

FasTrak® can be used in all lanes at all Bay Area toll plazas, including at the Golden Gate Bridge, which is not affected by the January toll increase. Tolls on the Golden Gate Bridge remain as currently set: \$4 for FasTrak® users and \$5 for motorists who pay in cash. Customers also can enroll in the FasTrak® program online at 511.org, by calling 511 and asking for "FasTrak" at the first prompt, or in person at the permanent FasTrak® customer service center at 475 The Embarcadero in San Francisco.

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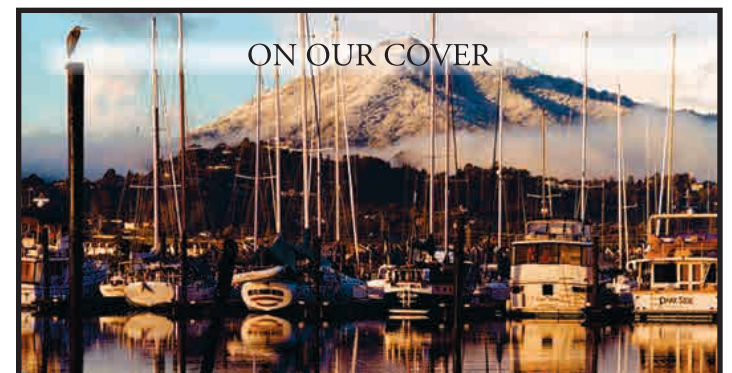
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Although ground has yet to be broken, the City of San Rafael is support a development plan to replace the Loch Lomond Marina with townhouses. Boat stay, commercial buildings and popular local businesses may go. This photo of the marina may be a testament to "the way it was." Photo by Dennis Anderson. See more of his work on page 24.

# BAYCROSSINGS

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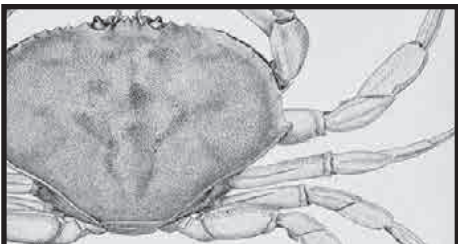
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## WATERFRONT VIEWS

# Long term homeport agreement reached with State agency overseeing Bay Area Ferries

**S**an Francisco, CA — The Port of San Francisco announced on Dec. 13, that it has signed a five-year lease with the San Francisco Bay Water Transit Authority (WTA) for WTA's headquarters and operations center. The WTA is a regional agency empowered by the State of California to develop and operate a comprehensive Bay Area water transit system. WTA will be occupying nearly 12,000 square feet of space and an exclusive berthing facility at Pier 9, just north of the historic Ferry Building on The Embarcadero.

"We're thrilled to have the WTA headquartered at the Port as ferry transit is one of our key maritime industries," stated Port of San Francisco Executive Director Monique Moyer. "Their mandate for expanding ferry routes covering numerous locations around the Bay Area will serve to alleviate traffic congestion in and out of San Francisco."

"As responsible stewards of public lands, we are excited to work with the WTA providing them the facilities to achieve their State-mandated goals," commented San Francisco Mayor, Gavin Newsom. "The

"The WTA's efforts will deliver new vessels to the Bay Area that are 10-times cleaner than our existing ferries and 85 percent better than the Environmental Protection Agency's emissions standards for 2007." — Gavin Newsom, SF Mayor

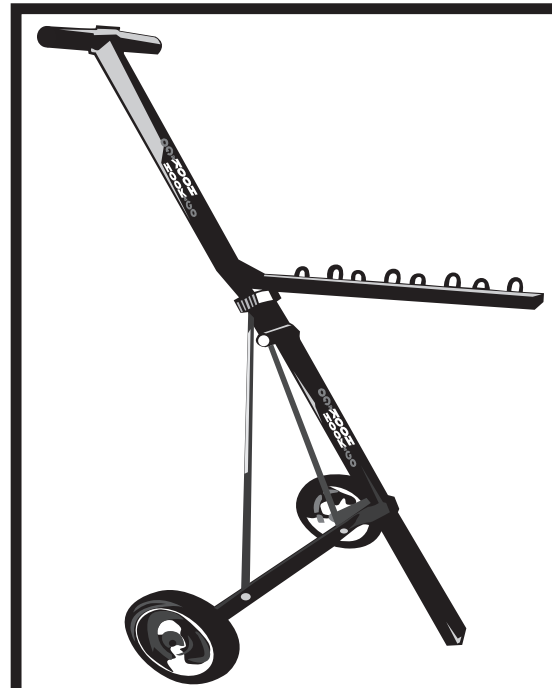
WTA's efforts will deliver new vessels to the Bay Area that are 10-times cleaner than our existing ferries and 85 percent better than the Environmental Protection Agency's emissions standards for 2007."

The Port is home to eight ferry landings including the Golden Gate Bridge District's ferry terminal located at the rear of the Ferry Building. Nearly four million ferry passengers transit Port of San Francisco facilities each year making it the leading ferry passenger port in California. The WTA has aggressive plans for adding at least eight new routes in the near future as Bay Area ridership is projected to climb to 12 million passengers by the year 2025.

"It's great to be coming to the Port of San Francisco," said Steve Castleberry, WTA's executive director. "Our maritime staff has been seeking a home on the

waterfront for the past six years, and Pier 9 is the perfect location. This new space allows us to continue our regional ferry planning functions, accommodates our acquisition and operation of ferries and enhances our ability to further promote water transit to Northern California commuters. We appreciate all that the Port and the Mayor's Office have done to help us move into our new headquarters and operations center."

See current ferry routes and schedules on p. 32 and at [www.baycrossings.com](http://www.baycrossings.com). For more information on future ferry routes, visit the Water Transit Authority website [www.watertransit.org](http://www.watertransit.org)



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# Two Royal Visits Launch a Debate

BY JB POWELL

**T**ake out your top-hat and coattails. Put on your finest furs. The Queen is coming to town, actually two Queens. But you won't need a royal invitation to see them. One of them is longer than two football fields put together; the other, almost twice that size.

On Jan. 24, San Francisco's cruise ship terminal at Pier 35 will welcome the venerable *Queen Elizabeth 2*. Less than two weeks later, on Feb. 4, her newer, larger sister ship, the *Queen Mary 2*, will squeeze into Pier 27, which was recently dredged and outfitted for plus-size vessels like herself. At 1,132 feet long and 150,000 gross tons, its owner, Cunard Lines, calls the QM2 "the grandest, most magnificent ocean liner ever built." And with The City's more spacious Bryant Street Pier terminal not slated for completion until at least 2009, this grand dame will need just about every drop of space in her berth.

In the past four years, cruise ship traffic in San Francisco has doubled to nearly 100 calls and a quarter million passengers annually. Most of the increased traffic comes from shorter, cheaper excursions of under seven days. But the two Queens are not your average cruise ships. With flared hulls, painted funnels, staterooms larger than most penthouse suites and gloved stewards seeing to every need, these ladies of the sea recall the days of luxurious transatlantic travel. On its website, Cunard describes a voyage on one of their liners as "a modern fairy tale at sea... where ordinary travelers can feel like royalty." And the price? If you have to ask, you should probably just stick with that bargain cruise to Cabo.

Despite their beauty and elegance, environmentalists say the two Queens share some unfortunate attributes with their less regal counterparts in the passenger ship industry.

For years, clean water advocates have lobbied government and industry to clean up the damage they say these massive vessels leave in their wakes. According to

Bluewater Network, a San Francisco environmental group, a typical cruise ship generates 50 tons of garbage per week. Much of it is burned in onboard incinerators that spew noxious smoke into the air. Sinks, showers, and laundry equipment produce one million gallons of graywater in an average week, while 210,000 gallons of sewage result from toilets. Almost all of this waste is dumped into the ocean, much of it without being treated.

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In the past four years, cruise ship traffic in San Francisco has doubled to nearly 100 calls and a quarter million passengers annually.

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"Cruise ships are like floating cities," said Terri Shore, the Clean Vessels Campaign director for Bluewater Network, in a phone interview. "They produce huge volumes of [waste]... and it all goes overboard."

Because of various loopholes and exemptions, cruise ships are not subject to many of the strict discharge laws in the Clean Water Act.

Currently, the federal government permits passenger liners to dump anything besides plastic, oil and other hazardous chemicals, so long as they are at least three miles from shore. Within three miles of the coast, the federal government allows them to dump graywater and treated sewage. But even with those lax standards, environmentalists say the industry has a poor record of following the statutes that do exist on the books.

In 2002, Carnival Cruises, Cunard Lines' parent company, paid \$18 million in fines and clean-up costs for discharging oily waste. In 1999, Carnival's biggest competitor, Royal Caribbean Cruises also paid \$18 million for dumping hazardous materials and

falsifying their records. Consolidation in the industry has given Carnival and Royal Caribbean the vast majority of the North American market.

California's most publicized cruise ship mishap occurred in October 2002, when the *Crystal Harmony* dumped over 36,000 gallons of treated sewage and bilge water into the Monterey Bay National Marine Sanctuary. Because the incident occurred 14 miles off the coast, the action broke no laws. But officials in Monterey

charged that *Crystal Cruises* had broken a written agreement not to dump in the sanctuary. In 2003, they banned the company from operating in the city. *Crystal Cruises* issued an apology and told the state Water Resources

Board that they had fired the ship's chief officer.

Environmentalists assert that cruise ships continue to pollute even after they arrive in port. While at the dock in "hotelling" mode, secondary engines remain on to power ships' lighting and electrical systems. These engines can produce as much smog per day as over 12,000 cars. That's as much, on a daily average, as PG&E's infamous Hunter's Point Power Plant.

On Jan. 1, 2007, the state Air Resources Board will enact new regulations to force cruise ships to use a low-sulfur content, marine distillate fuel within 24 miles of the California coast. Bluewater Network estimates that these cleaner fuels cut sulfur oxide emissions by 90%, particulate matter by 60%, and nitrogen oxides by between 6 and 10%.

Even with these cleaner fuels, however, ships will still create great amounts of smog while dockside. To solve this problem, clean air advocates have urged the Port of San Francisco to install shore-side power stations, where ships could "plug-in" to the city's power grid. In July of 2006, the Port joined with the San

Francisco Public Utilities Commission to require shore-side power at the future cruise terminal at the foot of Bryant Street. Cruise owners also took part in the agreement. Tom Dow, Carnival's vice president of public affairs, quoted in a SFPUC press release from July 11, heralded the power plan as a "win for the environment, Bay Area residents [and] the cruise industry." But with the new terminal's development plan in limbo, it could be years until construction even begins. In the meantime, ships tied up at The City's current facilities will continue to run their engines for power.

Another menace comes not in the form of pollution, but living organisms. Non-native, so-called "invasive" species stowaway in the ballast tanks of ocean-going vessels. When ships void these tanks near shore or in port, the unwanted species escape into the local ecosystem. Perhaps the most well-known of these invaders is the zebra mussel, which has devastated the Great Lakes; but California has also been plagued by its own share of pernicious flora and fauna introduced in ballast water.

In 2002, Bluewater Network and several other environmental advocacy groups sued Carnival Cruises for violating California ballast water regulations. The suit was ultimately settled in 2003, with Carnival admitting no wrongdoing. But the company agreed not to dump untreated ballast water into state waters and paid \$200,000 to the California State Lands Commission.

In recent years, California lawmakers have taken steps to regulate the cruise industry in state waters. In addition to the low-sulfur fuel and ballast water rules, Sacramento passed legislation banning the industry from dumping treated sewage and bilge water or burning trash within the state's jurisdiction.

On a local level, San Francisco used a \$100,000 federal Environmental Protection Agency grant to start the

*continued on p.6*

Two Queens, from p.5

Cruise Liner Emissions Reduction Incentive Project, which offers reduced docking fees to cruise ships that use cleaner-burning fuels.

To address concerns associated with construction of the new South Beach terminal slated in 2007-8, The City has also created an Environmental Impact Report and a Cruise Ship Terminal Advisory Committee (CSTAC) to reduce and prevent Bay pollution. But while environmentalists applaud the state's new regulatory measures and The City's recent mitigation efforts, they lament the federal government's lack of action. Beyond state boundaries only miles from shore, cruise ships are still virtually unregulated.

"Our water [in California] is pretty well protected," said Shore, "And we're hoping, with the new Congress, we'll get some traction."

Shore also said that in 2007, Sen. Dick Durbin (D-IL) and Rep. Sam Farr (D-CA) plan to reintroduce their bill, *The Clean Cruise Ship Act*, which would impose strict new dumping laws on the industry. The bill was first introduced in 2004 and 2005, but, according to Shore, "it went nowhere."

Bluewater Network says the cruise industry has spent billions lobbying Congress, with Carnival outpacing its competitors. The group alleges that between 1997 and 2004 Carnival gave \$2.5 million to lobbyists.

The QE2 and her new sister ship, the QM2 both embody the pinnacle of

Currently, the federal government permits passenger liners to dump anything besides plastic, oil and other hazardous chemicals, so long as they are at least three miles from shore.

shipbuilding for their respective eras. When their sculpted prows push through the shadow of the Golden Gate, they will christen a new era for San Francisco as a destination, once again, for such world-class liners. But environmental watchdogs hope the cruise industry will soon care as much about air and water quality as they do about luxury and passenger service.

Bluewater Network's Ballast Study (Sept. 2006)

<http://www.bluewaternet.org/ballastwaterstudy.pdf>

Clean Cruise Ship Act

[http://www.bluewaternet.org/reports/cv/Cruiseship\\_MiniReport\\_06.pdf](http://www.bluewaternet.org/reports/cv/Cruiseship_MiniReport_06.pdf)

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## Capitol Corridor Success Marks Trends in Alternative Transportation

Oakland, CA — Dec. 12 marked 15 years of service for the Capitol Corridor, an intercity passenger train service for people traveling along I-80, I-680 and I-880 freeways and the third busiest Amtrak-operated intercity route in the nation.

In 2006, Capitol Corridor, which serves 17 stations along the 170-mile rail corridor between the Sierra Foothills, Sacramento, the San Francisco Bay Area and Silicon Valley/San Jose, celebrated several important successes, including its largest service expansion ever, its 10 millionth train passenger and the completion of \$60 million in track improvement projects between Oakland and San Jose.

The August 2006, service expansion added eight trains between Sacramento and Oakland and six trains between Oakland and San Jose — without an increase in funding. Capitol Corridor operates 32 weekday trains between Sacramento and Oakland with the same budget allocation it received to maintain a 24-train service level.

Capitol Corridor Joint Powers Authority (CCJPA) Board of Directors Chair, Roger Dickinson says, “There is no federal capital funding or federal operating funding to support this service. The only sources of revenue are passenger fares and the state operating support, which hasn’t changed in six years.”

The CCJPA works closely with key partners: Union Pacific Railroad, which controls the movement of all trains on the railroad Amtrak, which manages the day-to-day operations, logistics and maintenance of the trains The State of California, which provides the public funding for the service. Additionally, Capitol Corridor is supported by the communities along its 170-mile route.

Over an eight-year period, ridership

on the Capitol Corridor increased 275%, while revenue increased 258%. In that same period, the number of daily train trips increased fourfold, from 8 to 32. These trends reflect the success of the Capitol Corridor as a viable transportation alternative in the Northern California communities it serves.

During October 2006, Capitol Corridor trains experienced the highest monthly ridership in the history of the service with 120,074 passengers. CCJPA Board of Directors Vice Chair, Forrest Williams says, “Our riders have asked for more high-quality, frequent service along the corridor, and we are providing them an unbeatable travel choice.”

With the completion of track improvement projects between Oakland and San Jose, Capitol Corridor is moving toward the next phase of enhancements such as the installation of ticket vending machines at all train stations, “Wi-Fi” service, automated ticket validation and real-time train arrival updates. Additionally, with the passage of Proposition 1B by the voters of California, Capitol Corridor plans to secure capital funding for the next phase of construction projects to increase capacity, improve reliability and reduce travel times.

Eugene Skoropowski, CCJPA’s managing director, says, “Passengers continue to support Capitol Corridor because we continue to listen to their needs. We offer a cost-effective, customer-oriented and environmentally-friendly transportation alternative connecting Northern California communities. We want to take this opportunity to thank our passengers for allowing us to serve them these past 15 years. We wouldn’t be here without our loyal riders.”

[www.capitolcorridor.org](http://www.capitolcorridor.org)

Coming up in future issues of Bay Crossings  
February - Live & Organic  
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# Dockside Dwelling: From Ship to Shore

## Cruising on Smaller Ships for Business and Adventure

BY DENISE DOHOGNE

For a fast-growing niche of independent-minded travelers, small-ship cruising provides the ultimate vacation value. Because the ships are smaller (typically carrying 200 passengers or less) and have shallower drafts, they can go where large ships can't. This provides the most important benefit of small-ship cruising — the ability to experience the destination in an intimate, colorful and immediate way.

Many people take cruises to Alaska or Mexico, but they may not get to:

- See whales so close you can see the barnacles on their skin
- Visit beautiful island beaches, accessible only by launch
- Sail through narrow, iceberg-filled fjords
- Explore intimate channels and out-of-the-way waterways
- Learn about nature and native cultures in deeply personal ways

There are basically four kinds of small-ship cruise experiences.

### “Soft” Adventure Cruises

Soft adventure cruises have the most in common with the large, mass-market cruises, but the differences are critical. The

key to the soft adventure experience is that it's truly up-close and personal with a focus on the destination — its nature, culture, history and learning.

### “Hard” Expedition Cruises

The biggest difference between expedition cruises and soft adventure cruises is a “hint of discomfort,” permitting expedition passengers the illusion of roughing it. The key to the expedition cruise experience is high adventure, from the wilderness and remoteness of the destinations to the special outfitting of research-type ships. Some expedition vessels can even go where soft adventure cruise ships can't, such as through heavy ice fields while circumnavigating the North Pole.

### Masted Sailing Cruises

These are full-masted, sometimes historically-accurate vessels capable of being powered by the wind alone. Some of these ships use only sail-power during voyages, providing unique satisfaction to passengers who yearn for romance and excitement. Often guests can help crew, hoisting and trimming sails, and even taking a turn at the helm, allowing them to experience the real adventure (and work) of sailing.

### River Cruises

Various kinds of river-going vessels ply the

inland waterways of major rivers and their tributaries worldwide, and offer travelers a unique way to experience a country or culture from the inside. The key to the experience: a leisurely pace with an opportunity to relax and take in the scenery, not as the blur train passengers perceive, but as intimately and invitingly as it would on a casual walk in the countryside. Interesting and culturally important river ports offer fascinating shore excursions and even shopping opportunities. Authentic “time machines” to a river's past, cruises on paddle wheelers or steamboats offer guests a nostalgic look back at river travel on North American waterways.

Smaller, more intimate ships are like “bed and breakfasts” rather than mega-resort hotel environments, and provide more of a feeling of being on the sea. Aboard a large vessel, there's little connection with the waters below. But on a small ship, the sea is ever-present - a magical, romantic companion during the entire voyage -and an integral part of the experience. Most staterooms are outside-facing with large windows, making the cabin as close to nature as possible yet as cozy and comfortable as any on a larger vessel. Small ships tend to travel in the safety of sheltered coastal waters, thereby maximizing the spectacular views and reducing the risk of seasickness or getting caught in bad weather.

Smaller vessels mean smaller groups

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## WATERFRONT LIVING

of like-minded, interesting people, sharing intimate and fascinating experiences most people only dream of. Personal interaction is rich among guests and crew, and the service is individualized and welcoming. For example, guests can visit the bridge and watch how the vessel operates. Being served morning coffee and

Since the main focus is on the destination, most small-ship cruises enrich passengers with onboard expert lecturers who present, explain and clarify the wonders visited. Many of these ships have extensive libraries filled not only with the latest best-sellers, but also with fascinating information on the places, people and wildlife of the destination.

Smaller vessels mean smaller groups of like-minded, interesting people, sharing intimate and fascinating experiences most people only dream of.

It gives me great pleasure to introduce people to a different, more casual and intimate style of cruising, those that emphasize the travel location and provide

scones with the captain at the helm is a unique treat many passengers enjoy. Even so, small-ship cruises focus on the destination(s) and what's going on outside the ship rather than the ship serving as the primary experience. Many ships have bow ramps and/or inflatable excursion craft for landings on remote and pristine shores. Shore landings bring fewer sightseers who don't overwhelm a town or an isolated, fragile environment with hordes of tourists, as some of the larger vessels can. These smaller ships also make possible opportunistic side-trips to view nature up-close, for example, to whale watch in small, secluded bays. Shallow-draft vessels have access to smaller ports where large vessels can't dock, which allows more time spent at port than at sea and even a stay over night in quaint marinas.

Usually informal, or at most, semi-formal evenings, most small-ship cruises tend towards yacht club casual dress and comfort over glamour. Single, open-seating dining means guests can sit where they want. No one is restricted to a table throughout the cruise, or the same table companions. The food is high-quality, even five-star, and usually regional, taking advantage of fresh, locally-available delicacies.

a real destination "sampling."

According to the Cruise Line International Association, 76 percent of all cruisers take cruises as a chance to visit several locations, and of those cruisers 40 percent will make a repeat trip as a land vacation within just two years. Educational trips to shore further immerse cruise passengers in the destinations they visit, so much so that they want to go back for more. Those who may be considering relocating, retiring or investing outside of California can benefit from a shore excursion to discover real estate opportunities with a local broker, depending on the location. Whatever the case may be, there's nothing to lose and everything to gain by combining a little business with pleasure.

Denise Dohogne is Broker/Owner of Denise Dohogne Real Estate and Travel, a Waterfront Real Estate and Specialty Cruise Agency in Benicia. She is captain of a 1977 CHB Trawler, the *Hey Diddle Diddle* in Glen Cove, and a member of the Vallejo Yacht Club. For information, call (888) DD4-WATER or visit [www.DeniseDohogne.com](http://www.DeniseDohogne.com)



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# Good things are Happenin' in Vallejo!

## January Events



### 9th Annual Touro University's Tribute to Martin Luther King, Jr. & Humanitarian Award Presentation

Touro University Auditorium, Mare Island  
Sunday, January 14 – 5 pm

A Free Community Program . 707.638.5246

### At Work: The Art of California Labor

Vallejo Naval & Historical Museum

January 16 – March 10

Honoring labor through art!

[www.vallejomuseum.org](http://www.vallejomuseum.org)



### Topping Events Nor-Cal Cycle Show & Swap Meet and Hot Rod Swap Meet & Show

Solano County Fairgrounds

Sunday, January 21 – 7 am to 1 pm

Adults \$8, Under 12 Free, \$5 Parking

[www.scfair.org](http://www.scfair.org)



## — Coming in February —

### 11th Annual San Francisco Bay Flyway Festival

Mare Island

Highlights include Family Wildlife  
Exploration & Birding Expo (Sat. & Sun.)

Featuring birding tours, hikes, exhibits and a marketplace.

Fri. Feb. 2 – Sun. Feb. 4 FREE Admission & Parking

Call 707-649-WING (9464) for times . [www.sfbayflywayfestival.com](http://www.sfbayflywayfestival.com)



Enjoy these events and more with a scenic cruise from San Francisco's fabulous Ferry Building!! For schedule, see the Vallejo BayLink ad in this paper.

Check out our Weekend Getaway Packages at area hotels and explore surprising Vallejo!

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# JACK LONDON SQUARE



## Trailing Wolf Tracks & Jack London History

Get to know Jack - Oakland celebrates world-famous novelist's 131<sup>st</sup> birthday in the Square

**D**o you know Jack? Come to the birthday celebration and learn a bit about the life of Jack London (1876-1916), a man born in San Francisco and raised in Oakland, who lived as a seaman, writer, socialist and hobo.

At the celebration of Jack London's birthday, have a look at the distinctive wolf tracks in the sidewalk that lead the journey around the Square. Along the trail, these historic markers highlight facts about Jack London, the City and Port of Oakland and its waterfront. There are also hundreds of permanent bronze wolf tracks sponsored by individuals and community organizations commemorating persons or events important to them.

London's birthday celebration begins at Jack London's Cabin at the corner of Water St. and Webster St., next to the Last Chance Saloon. London's cabin was built in the Yukon during the gold rush in 1897; and, on the ceiling, find the notes in London's handwriting. Immediately

after, the celebration continues aboard the historic U.S.S. Potomac - Franklin Delano Roosevelt's presidential yacht, also known as the "Floating Whitehouse."

Why wolf tracks? Begin by discovering his world-famous novels: White Fang, The Call of the Wild, and The Sea Wolf, where, in chapter one, a nervous sea captain rides through the fog as a passenger on the Sausalito ferry in the fog (circa 1904).

Read *The Sea Wolf* and more of Jack London's novels online:  
[www.online-literature.com/london/](http://www.online-literature.com/london/)



*I would rather be ashes than dust!  
I would rather that my spark should burn out  
in a brilliant blaze than it should be stifled by dry-rot.  
I would rather be a superb meteor, every atom  
of me in magnificent glow, than a sleepy and permanent planet.  
The function of man is to live, not to exist.  
I shall not waste my days trying to prolong them.  
I shall use my time. — Jack London*

Jack London's Birthday  
Celebration  
Saturday, January 6, Noon  
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Admission is free  
[www.jacklondonsquare.com](http://www.jacklondonsquare.com)

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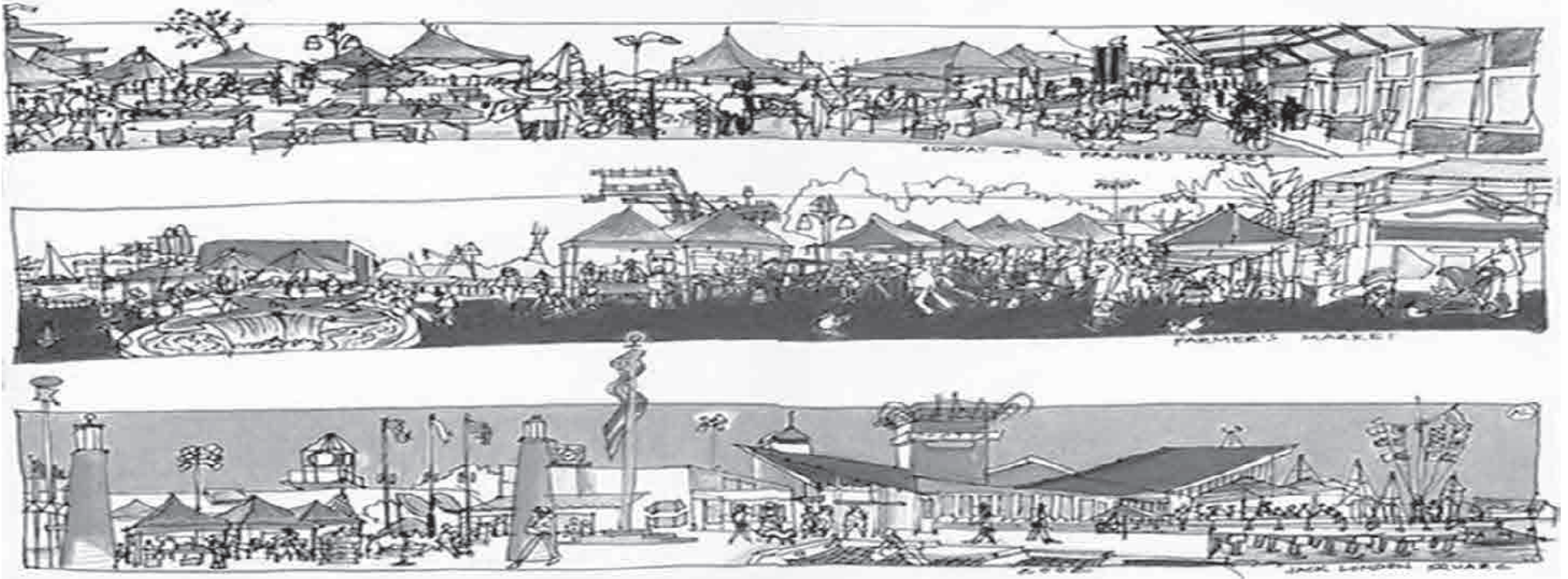
service between Oakland's Jack London Square, Alameda Main Street, SF Ferry Building and SF Pier 41. Seasonal service to SBC Park for Giants games and Angel Island State Park



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[www.eastbayferry.com](http://www.eastbayferry.com)

# DESTINATION



Jack London Square is a perfect place to visit at night or spend the day - especially this month with Jack London's birthday celebration, the Farmers' Market and the Elvis look-alike contest (see *Around the Bay*, p. 34). Shuttle between San Francisco and Oakland on the Alameda/Oakland ferry (ferry schedules pp. 30-31). The above illustration was created by Oakland artist and muralist, Alan Leon. Currently, he is creating a 52-card deck called "Bay Edges," which have illustrated scenes from what he sees around the San Francisco Bay. Alan loves to observe, interpret and see the environment through his "Imagining Your World" classes. More of his work can be seen at [www.alanleon.com](http://www.alanleon.com)

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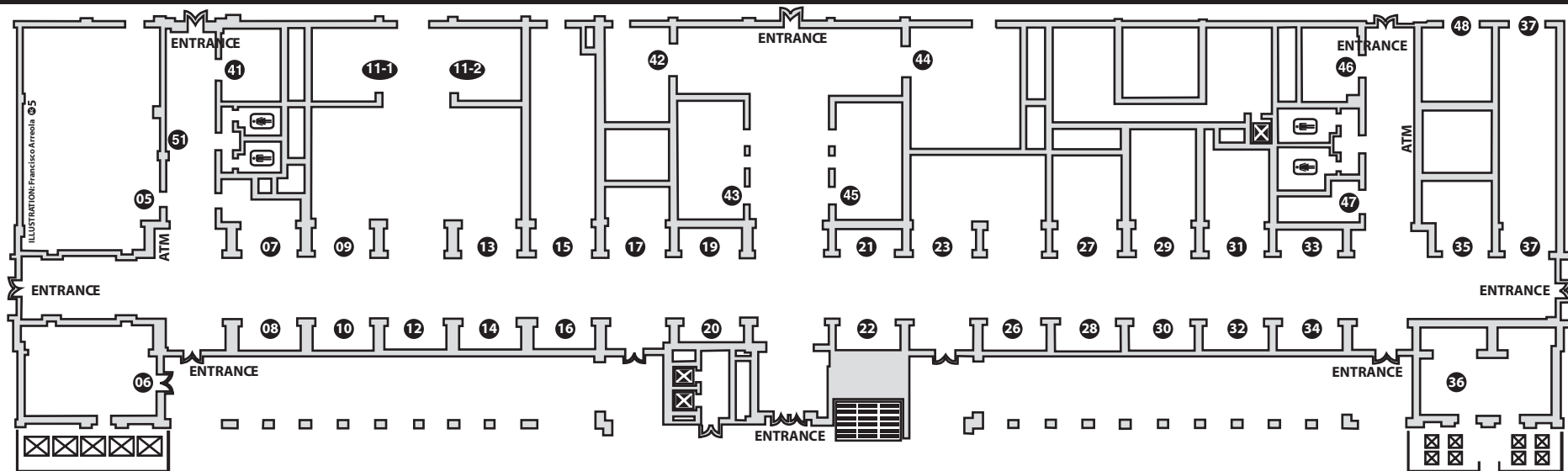
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|----------------------------|----------------------------|---------------------|--|------------------------------------|---|----------------------------------|-----------------------------|
| 05 Slanted Door            | 10 Miette                  | Chocolate Maker     | 21 Capay Organic Fruits and Vegetables | 27 Imperial Tea Court              | 32 Prather Ranch Meat Co.               | 37 Sur La Table                  | 45 DELICA rf1               |
| 06 Taylor's Refresher      | 11-1 Ferry Plaza Seafood   | 15 Acme Bread       | 22 Bay Crossings                       | 28 Stonehouse California Olive Oil | 33 I Preferiti di Boriana-Montepulciano | 41 Mistral Rotisserie Provencale | 46 Frog Hollow Farm         |
| 07 Oak Hill Farm of Sonoma | 11-2 Hog Island Oyster Co. | 16 McEvoy Ranch     | 23 Ferry Plaza Wine Merchant           | 29 Village Market                  | 34 Far West Fungi                       | 42 Book Passage                  | 47 Mastrelli's Delicatessen |
| 08 Ciao Bella Gelato       | 12 Tsar Nicoulai Caviar    | 17 Cowgirl Creamery | 26 The Gardener                        | 30 Recchiuti Confections           | 35 Culinaire                            | 43 Peet's Coffee and Tea         | 48 Boulette's Larder        |
| 09 Farmer's Garden         | 13 Golden Gate Meat Co.    | 19 LuLu Petite      |  | 31 San Francisco Fish Co.          | 36 Market Bar                           | 44 Mijita                        | 51 Mill Valley Candleworks  |
|                            | 14 Scharffen Berger        | 20 Kingdom of Herbs |  |                                    |   |                                  |                             |

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One of the best incentives for locals to shop at the Ferry Building is the 15-minute white zone parking in front of the Marketplace. Customers can run in for pre-orders or last minute groceries and not have to park in the lot. To accommodate our visitors, we ask that the tenants and employees refrain from parking in the white zone. **How the 15-minute stop-and-shop zone works:** Drive to the white zone, leave keys with valet, get a parking stub (valid for 15 minutes). If customers stay over 15 minutes, then their vehicle will be driven to the parking lot. Valet rates apply. *Please note: On Farmers' Market days, white zone parking is available only after 3:30PM.*

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# Do Computer Games Cause Attention Deficit Disorder?

BY MARY E. SHACKLETT

Your 8-year old is bouncing off the walls, moving from one conversation to the next without a break in between. He can't stop fidgeting and stops listening to you after you've uttered your second sentence. Is this normal "kid" behavior, or do you call the doctor?

Twenty years ago, if we saw children who were impulsive, inattentive, and hyperactive, we would have treated this behavior with discipline rather than medication. That is, until the early 1990s.

## What changed?

Attention Deficit Disorder (ADD) and its treatment were on the scene as early as the 1960s, when the American medical profession decided to use the

drug commonly referred to as Ritalin to decrease the symptoms associated with minimal brain dysfunction (now described as attention-deficit/hyperactivity disorder). What changed in the 1990s was the frequency with which the disorder was diagnosed and treatment was prescribed.

ADD is now the official diagnosis of 3-5 percent of our nation's children. During the 1990s alone, there was a 700 percent increase in the use of psychostimulant medication. Youth doctor visits for attention deficit disorder increased by 90 percent from 1989 to 1996, and stimulant treatment for preschool-aged children increased three-fold from 1991 to 1995. In the forty-year period from 1960 to 2000, there was more than a 100-fold increase in the annual rate of drug treatment among U.S. children.

## What's Causing ADD?

There is no single identifiable cause for ADD, but certainly the rapid pace and the enhanced animation technologies that pack heart-in-your-throat excitement into every minute of contemporary films, television and video games are under the microscope.

The first computer game, a version of Tic-Tac-Toe, was developed in 1952. Tennis for Two, the first video game, followed a decade later. In 1971, the trilogy was completed with the first arcade game, called Computer Space. By the end of the 1970s, video games had become a preferred childhood leisure activity, with

approximately 29 percent of male and 15 percent of female youth playing video games at home for three to six hours per week, and with "fantasy violence" as the most widely favored category of game playing. These statistics do not make it a "leap of logic" to consider that video games could greatly affect children's behavior.

Studies have been conducted that indeed demonstrate negative behavior patterns in children that computer and video games have been shown to contribute to. These studies have indicated that chronic play of video games actually lowers the metabolic rate in the frontal lobes of the brain, which diminishes attention, impulse control and other executive functions. Additionally, research conducted by the National Institute of Mental Health concluded that "extensive exposure to television and video games may promote development of brain systems that scan and shift attention at the expense of those that focus attention." Further, the techniques used in electronic media to create high-impact audio and visual information in short blasts may be secretly undermining

some natural attentional mechanisms in the human mind.

While some studies indicate adverse effects from playing computer games, they would probably do the same for virtually any activity that is pursued to excess. The truth is, there is also a beneficial side to computer games. Computer games can assist with hand-eye coordination and attention to detail. Video games have been used to increase children's ability to sit still and concentrate for long periods of time and have led to increased abilities in several visual-spatial and critical thinking skills. Overall, computer and video games may also help

address the academic and behavioral performance issues that many children with AD/HD experience.

Computer games can be a very positive and education-enhancing experience, or they can be negative. To better ensure that game playing is beneficial:

- 1) Limit playing time;
- 2) Keep your computer in a central room to discourage isolation;
- 3) Engage in pro-social video games;
- 4) If children are playing, monitor games closely for developmental appropriateness.

The first computer game, a version of Tic-Tac-Toe, was developed in 1952. Tennis for Two, the first video game, followed a decade later. In 1971, the trilogy was completed with the first arcade game... By the end of the 1970s, video games had become a preferred childhood leisure activity...

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**Mary E. Shacklett** is President of Transworld Data, a marketing and technology practice specializing in marketing, public relations and product management for technology companies and organizations. Mary is listed in "Who's Who Worldwide" and "Who's Who in the Computer Industry." She may be reached at (360) 956-9536 or [TWD\\_Transworld@msn.com](mailto:TWD_Transworld@msn.com).

# Richmond Leader on the Trail for

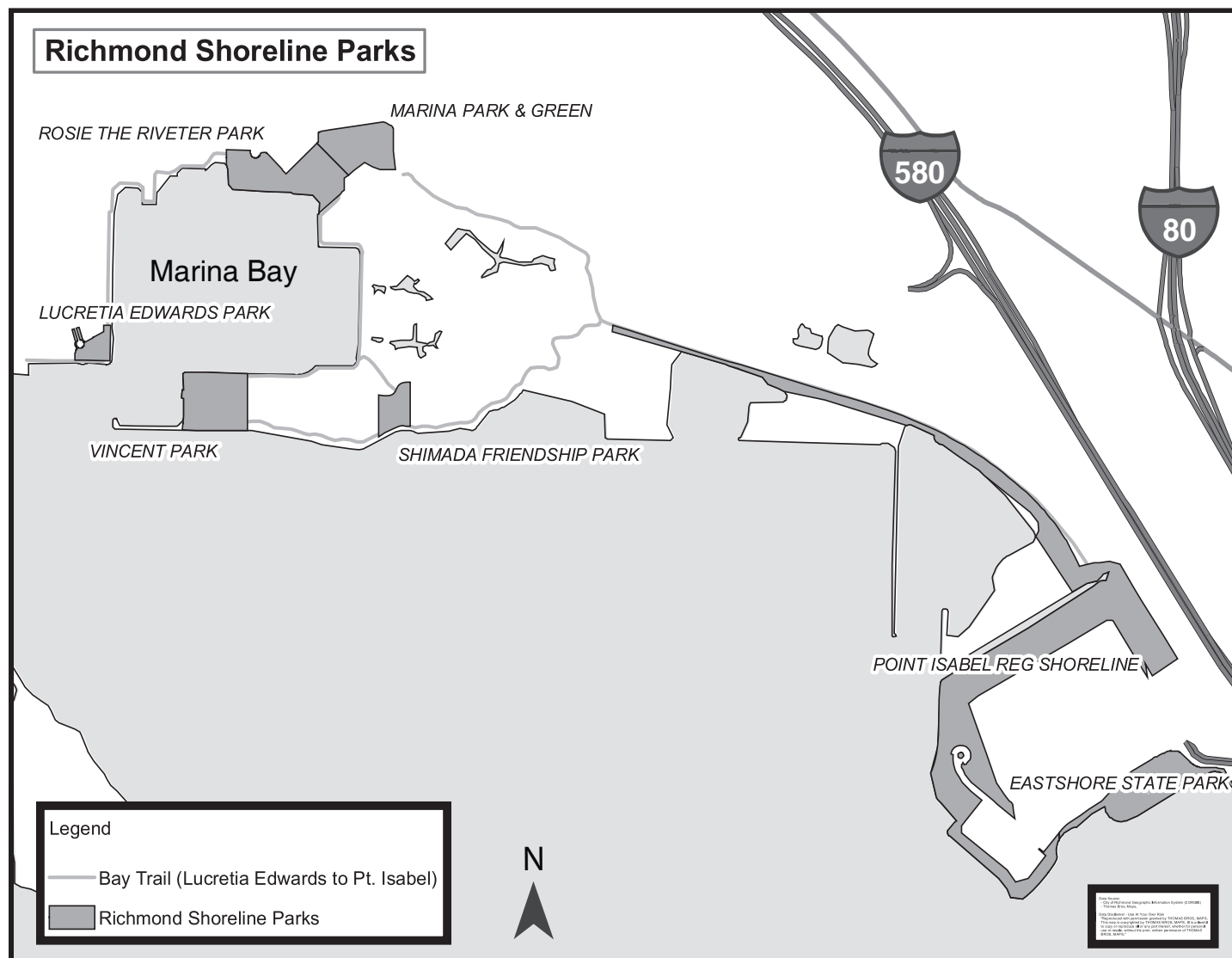
The City of Richmond is home to over 6,000 acres of City and Regional Parks. Some of the most striking of the over 50 Richmond parks are located along its 32 miles of shoreline. Richmond can boast about its coast as it has more shoreline than any other Bay Area city, and almost 23 miles of it is on the San Francisco Bay Trail, a planned 500-mile recreational and transportation corridor encircling San Francisco and San Pablo Bays. Five of Richmond's waterfront parks are already linked by a 4-mile stretch of the trail, providing a path for hikers, joggers, bicyclists and skaters. Countless panoramic waterfront views and bird watching opportunities are plentiful since the adjacent open waters, salt marsh, and tidal mud flats are important wintering and stopover sites for migrating shorebirds and waterfowl. Avocets, American Oystercatchers, Egrets, Herons, Terns and Gulls can be seen here. Sometimes, even the endangered Clipper Rail, may be seen or heard foraging in tidal channels.

## Touring the Five Parks

Lucretia Edwards Shoreline Park, just east of the historic Ford Point Building at the mouth of Marina Bay, honors the Bay Area Shipyards. This park's interpretive elements pay tribute to the collective contributions made by all Bay Area shipyards during WWII. It was named for local community activist the late Lucretia W. Edwards, the woman greatly responsible for the preservation of waterfront land for public use.

Just around Marina Bay, less than a mile from Lucretia Edwards Park is another park named to honor the efforts of not just one, but many women.

Rosie the Riveter Memorial Park, located in what was once the heart of Kaiser Shipyard #2, today, overlooks



[Point Isabel Regional Shoreline Park] is the largest off-leash public dog park in the U.S

a picturesque marina filled with recreational boats. During WWII, 747 war ships were produced here with the help of many women, who provided a crucial contribution to the war's production demands. These women are memorialized here through historic photos, drawings and memories of shipyard workers in a framework

reminiscent of a Liberty Ship.

Continuing for about another mile around Marina Bay, the Bay Trail leads to Vincent Park on the east side of the mouth of Marina Bay, just across from Lucretia Edwards Park. Vincent Park was named for Barbara & Jay Vincent, two people who worked to create a number of parks and a natural trailway

along the East Bay shoreline. Vincent Park offers panoramic views of the Bay, a playground, offshore fishing and the "Shipyards Stories" sculpture -- a replica Liberty Ship smokestack covered with historic photographs and oral histories describing shipyard workers' daily experiences during WWII.

Another half mile down the Bay

# or Coastal Parks and Recreation

Trail is Shimada Friendship Park, which celebrates Richmond's friendship with its sister city of Shimada in Japan. Three large travertine stones comprising the central monument signify friendship and symbolize the relationship between heaven, earth and humankind.

Park number five is about a mile-and-a-half down the Bay Trail. Point Isabel Regional Shoreline Park is best known for its daily canine population. It is the largest off-leash public dog park in the U.S., with over 500,000 dogs visiting the 21-acre park each year. Views of the San Francisco skyline, the Golden Gate and Marin County from the park's shoreline are simply stunning, and the park offers facilities for both humans and their furry friends.

Mudpuppy's Tub & Scrub can be a life saver after Fido decides he wants to roll around in the dirt and then jump back in the car for a ride home. Mudpuppy's rents everything anyone could need to wash their dog, including an elevated tub, shampoo, towels and brushes; or, there's a friendly staff who will do the scrubbing. Prices vary depending on who does the washing and the size of the dog. A full selection of doggy treats, toys and natural earth-friendly products are also available. Reservations are recommended.

While the pooch is getting a bath and munching on a new rawhide bone, owners can roam to the other side of the Tub & Scrub building to Mudpuppy's Sit & Stay Café to grab something to sip or chew on as well. The atmosphere couldn't be better to meet fellow pet lovers, while your dog makes new friends.

Richmond's well-deserved reputation for having preserved prime waterfront land for public use can best be summed up with a quote that is literally carved in stone at Lucretia Edwards Shoreline Park; "We live in stressful times. Relief from stress of mind, body and spirit comes from beauty. We, users of shoreline parks on the beautiful San Francisco Bay, are grateful for the peace, happiness and respite from stress that they bring. – Lucretia W. Edwards 2002"

Richmond Community Redevelopment Agency  
Office of Economic Development  
(510) 307-8140 [Richmondca4business.com](http://Richmondca4business.com)



San Francisco skyline from Shimada Friendship Park



Lucretia Edwards Park seen from Vincent Park at the mouth of Marina Bay



Rosie the Riveter Memorial, at the former site of Kaiser Shipyard #2



Vincent Park and a view of Marina Bay



The Bay Trail leading from Shimada Park to Pt. Isabel



Sailors return to Marina Bay as seen from Lucretia Edwards Park



Stunning North Bay and San Francisco views are abundant from Pt Isabel Regional Shoreline Park



All photos by Joel Williams

# New Year, New Wine, Beaujolais

BY DIANNE BOATE & ROBERT MEYER

Some of the best books in our wine library at home have been found at annual library sales at the \$5 and \$10 tables. Open year-round is Book Bay at Fort Mason in San Francisco, a treasure trove with hundreds of used books. It is great fun to visit periodically to find out what's "new" on the shelves. Never have we come out empty handed, and are always surprised at the finds.

That's how we found Hugh Johnson's *Modern Encyclopedia of Wine, 3rd Edition*, and *Windows on the World Complete Wine Course*—a lively guide, by Kevin Zraly. We turned to these for better insight on the world of Beaujolais, since it is that time of year.

## What is Beaujolais?

Beaujolais is a Burgundy. The region of Burgundy has four main wine producing areas: Cote de Nuits, Cote de Beaune, Beaujolais, Cote Chalonnaise. All red Burgundy wine is made from just two grape varietals: Red Burgundy is made from Pinot Noir grapes; Beaujolais is made from Gamay grapes. There are three levels of quality.

1. Basic Beaujolais is the first level, and very reasonably priced.

2. Beaujolais Villages is wine blended from grapes grown in 35 certain villages. The village can be found on the label. It's a little pricier. We just purchased an excellent Beaujolais Villages, "Domaine de Colette Beaujolais Villages, 2005" for around \$11.

3. "Cru," commands the highest prices, and names one of 10 villages making a top-quality Beaujolais: Brouilly, Morgon, Mulin-a Vent, Fleurie, Cote de Brouilly, Chiroubles, Chenas, Julienas, Saint-Amour, Regnie.

## Beaujolais Nouveau?

Beaujolais Nouveau is a wine made quickly, and meant to be consumed within 6 months. Traditionally it appears on the third Thursday in November, so this tells us to drink it by May. The wine is lighter and fruitier than basic Beaujolais — very easy to drink.

Hugh Johnson explains it this way: "This is essentially now-or-never wine, originally destined to be sold in local cafes and by the carafe in restaurants. It is best drunk as young as possible... the term nouveau... really only means the wine of the last harvest, until the next."

Kevin Zraly says, "There's another purpose behind Beaujolais Nouveau: like a preview of a movie, it offers the wine-consuming public a sample of the quality of the vintage and style that the winemaker will produce for release in the spring."

Another good comment was offered to us by Tristan at Blackwell's Wines and Spirits in San Francisco: "Beaujolais is a good introduction to red wines for those who love white wines." This is drink for thought.

*Dianne Boate is a freelance writer, photographer and botanical illustration artist. Robert Meyer is a consultant to the wine and spirits industry. Their best memory of the hoopla that surrounds the release*



*of Beaujolais Nouveau in November was the time the French wine was released in Napa County on the appointed day, to be handed over to bicycle enthusiasts, who then had a race to the London Wine Bar in San Francisco, where we all breathlessly awaited the winning racer, and a glass of the new wine.*

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## Solar Sailor Ferry Updates

**S**olar Sailor Holdings Ltd. is the Sydney, Australia-based company that has a contract with a 100 percent-owned subsidiary of Hornblower to design the first of two 600 pax hybrid solar and wind powered ferries for the Alcatraz run. See May 2006 issue of Bay Crossings.

Robert Dane, the CEO of Solar Sailor Holdings & Advanced Technology Watercraft Pty. Ltd., said in Dec. 2006, in a written statement to Bay Crossings, "We are working with Hornblower and a shipyard on [the hybrid solar ferries] now, and all is going well. The first should be sailing through the Golden Gate in late 2008."

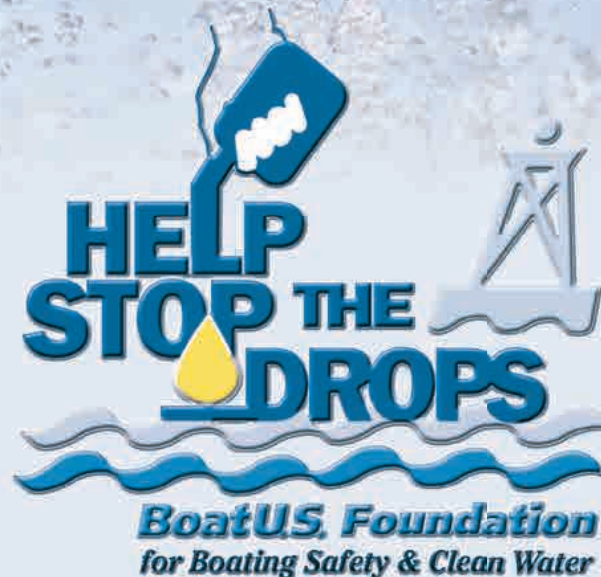
Other solar ferry news from Sydney:

A company called Solar Coast Cats has won a 12-year plus contract to operate ferries on Queensland's Gold Coast using Solar Sailor designs. And, Solar Sailor is being tested as a ferry service to the city's Taronga Zoo, starting this month.

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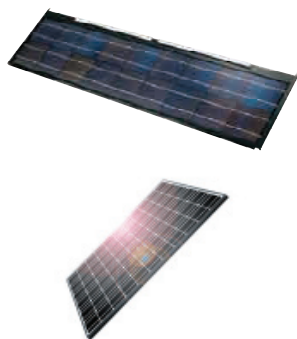
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# Green Hotel Doors Open for Susta

## Two LEED certified hotels open within weeks of each other

BY DAN SANKEY

Just this past November, the Gaia Napa Valley Hotel opened its doors and, with that, became the first hotel in California and only the second hotel in the nation to achieve the U.S. Green Building Council's LEED certification. The LEED (Leadership in Energy & Environmental Design) standard guarantees a building, as a whole, from the wood it's built with to the day-to-day functions, is sustainable and ecologically sound.

Gaia was not alone in the race to

be the first all-green hotel in California with this certification. In the City of San Francisco, near Union Square, the Orchard Garden Hotel was designed with the same goal in mind. Only a few weeks separated the two's openings. And though each hotel has achieved their green goals beautifully, the real award goes to the hotels' guests.

Gaia lies on four acres of land in Napa Valley's American Canyon. Its open grounds and overall layout sits in harmonious compatibility with the rolling vineyard-covered hills encompassing it. Designers seamlessly weaved the wave-like form of the hills into the design of the wood lattice that accents the roof of the building and the asymmetrical lobby. In the lobby, guests are greeted with a soaring white, splined awning, depicting a butterfly's wing, a reference

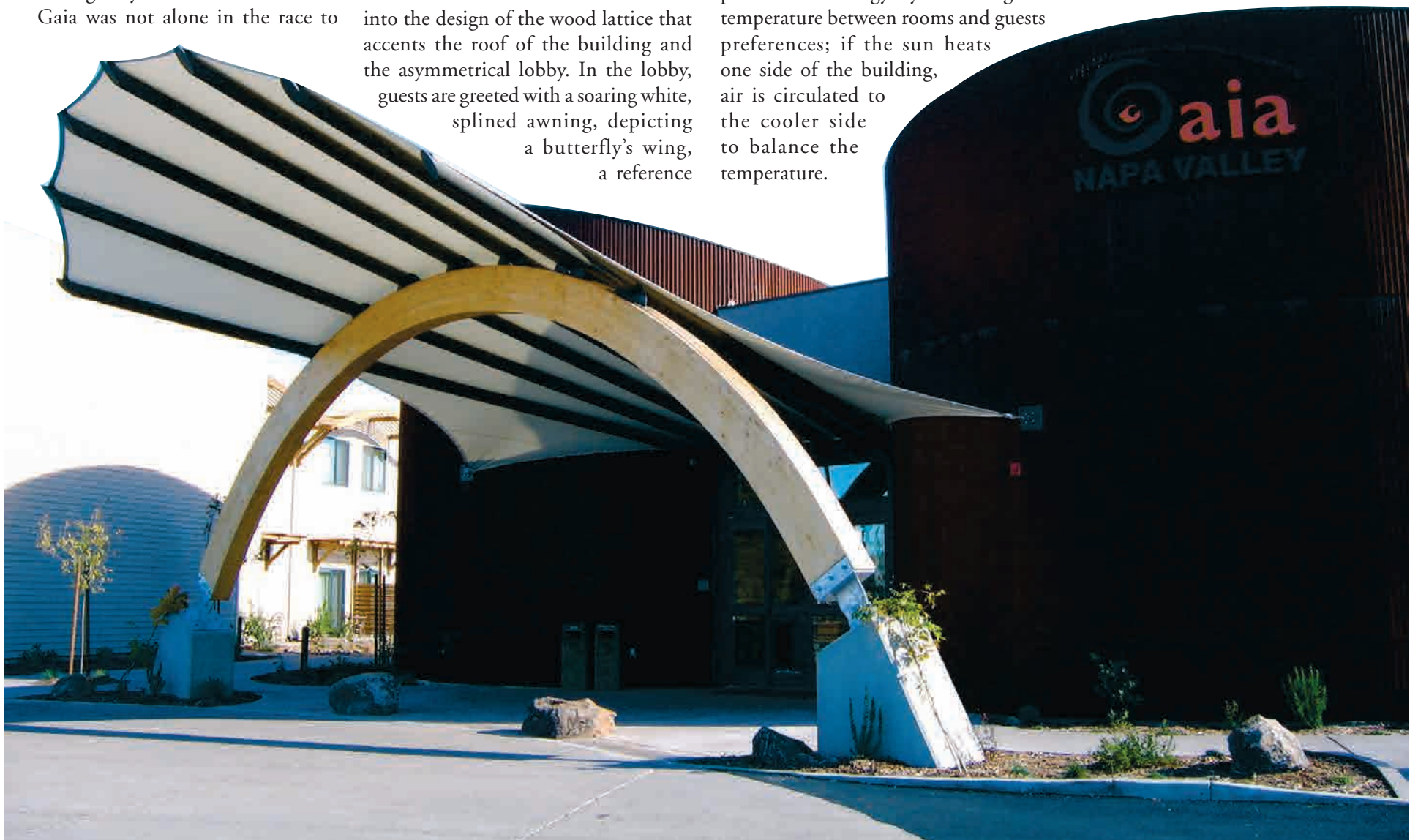
to the butterfly effect and the interconnection of the ecosystem.

It took a great deal of effort to achieve a LEED certification. All wood used was new growth, solar panels provide energy. Recycled materials were used wherever possible. Outside, a lagoon catches and recycles natural rainfall. Inside, ample windows and skylights provide abundant, natural light. There is chemical-free cleaning and landscaping, too. The pool water is cleaned with a salt filtration system instead of chlorine. The heating and air conditioning energy system uses 15 percent less energy by balancing the temperature between rooms and guests preferences; if the sun heats one side of the building, air is circulated to the cooler side to balance the temperature.

Extra efforts required to achieve the hotel's green certification benefit the guests. Sliding doors provide more natural light in the rooms, opening to a patio which overlooks the lagoon. Small things, such as offering tea as well as coffee, wildlife books in the rooms and the clean simplicity of the furnishings truly separates the Gaia experience from other accommodations. Attention to the details instills a comfortable feeling of familiarity.

### Gaia, Then Orchard Garden

The Orchard Garden Hotel shares



# inable Business

many of the qualities of greenness and comforting amenities as Gaia. But what differentiates the San Francisco hotel is it has achieved this level of ecology within a city.

For the Orchard Hotels, the quest

to create an environmentally sound hotel in the heart of the city (Bush St. near Union Square) has blossomed into a fully realized vision of green in the middle of synthetic surroundings. The building's structure is built with recycled materials. The hotel provides its guests with in-room recycling bins and uses only chemical-free cleaning products. Unique to the hotel is its many works inspired by nature that permeate the building. Bronze

leaves and vines accent doors, and prints of petals line the walls on each of its 10 floors. There is a gallery featuring local artists such as sculptor Archie Held, known for his garden art and water sculptures, and an accessible roof top garden.

Orchard's custom-designed heating and cooling system allows for a 20 percent energy use reduction. When a hotel guest enters their room, they use their key card to turn the system on. And when they leave, they remove the card, shutting the system down and eliminating waste. The system is the only one of its type in the United States, and with such distinctiveness comes added cost, a theme

in the forefront of people's minds in the budding, green building industry.

But Trisha Clayton, spokesperson for the Orchard Garden Hotel, says the long-term benefits outweigh the initial impact. Clayton cites a study published

by the U.S. Environmental Protection Agency (EPA) in which buildings that are able to reduce energy use by 30 percent, can save about 50 cents per square foot each year. A 20,000 square foot building can save as much as \$50,000 over the course of five years. Clayton also uses an example of a study by California's Sustainable Building Task Force published in 2003. The study found that with just a two percent

extra investment in green building, on average, LEED designed buildings in California produced a 20 percent life cycle savings, more than ten times the initial investment.

The need to build differently - more consciously, ecologically - has created two hotels designed to please the senses and the conscience. Clean, well lit and elegant in their simplicity, the side effects of their design have proven to be wonderful, as they look to the future.

"For a hotel, it is more of a challenge to achieve and maintain sustainability (at the LEED level) than an office building," Clayton says. "With the wear and tear of hotel guests, things like organic cotton

sheets are just too expensive. But I'm sure five years down the road there will be more options."

As natural resources, oil, wood or steel, become scarcer and more expensive,

the cost benefits of building sustainably and using recycled goods is going to increase exponentially. As both the Gaia Napa Valley and the Orchard Garden hotels show, now is the time to start.



Opposite: Front entrance to the Gaia Napa Valley Hotel, 1st LEED-certified in CA. This page, (left): Interior of Orchard Garden guest room; (right): Orchard Garden Hotel, San Francisco, also LEED-certified. Photos by Dan Sankey

# Thaddeus' Ruminations

Prime location to plant a seed

Soil, seeds and water are key components to growing any plant. It was no surprise to see my younger brother putting this thought to practice by eating some dirt, swallowing a watermelon seed and washing it down with some water. Pretty clever for a little kid growing up on an organic farm — but then, he also choked down a couple spoonfuls of compost as fertilizer.

My brother is married now and probably would abstain from that performing that act again for various reasons, including the realization that his stomach didn't have any sunlight and that harvesting watermelon size objects from humans is generally reserved for pregnant women. Nevertheless, kids who grow up on farms understand the importance of the combination of soil, water, sunlight and seeds.

While sunlight, water and seeds are fairly standardized within a region, soil remains the key component to farms. Entire university degrees revolve around the science of soil, but the crucial point to be understood about soils is that they change drastically within a hundred feet.

Soils hold different amounts of water, contain different nutrients and microorganisms and foster different root systems or pathogens. The result of the variation in soils drastically affects yields of a given crop and even the ability to grow or not to grow a specific crop.

To a farmer, the type of soil drastically changes the value of a given piece of land. I can't help but realize that farmers may be the only people who take this into consideration when thinking about land. It is obvious that developers and government planning agencies pay little to no attention to soil quality. The short term economic gains created by developing land hide the long-term loss of

highly productive soil — even a farmer makes more money selling prime soil to developers than can be made by growing food on it.

It can be argued that we have more food that we know what to do with, which hides the importance of the most highly productive soils in our communities. The real question is: What are the long-term effects of permanently taking great soil out of production? Perhaps one day, it'll be answered if the value of producing food increases so drastically that farmers can make money by buying back subdivisions and returning them to agricultural land.

Thaddeus Barsotti is a second generation organic farmer, and an owner of Capay Organic, a 240 organic farm in the Capay Valley, which was started in 1976. Farm Fresh to You is his organic produce delivery service that serves

## Steamed Carrots

1 bunch medium Nantes carrots  
2 tablespoons butter  
Salt  
Herbes de Provence (or a mixture of rosemary, thyme, lavender, basil and oregano)

Wash carrots well. Leave 1/2 inch of the stems on (for looks)  
Cut the tips of the carrots off; do not peel if extra fresh.  
Steam carrots until tender enough to easily insert a fork into them  
Put the butter, herbs and salt in with the carrots and serve warm

2,000 customers in the Bay Area. Capay Organic and Farm Fresh to You retail stores can be found in San Francisco's Ferry Building. Thaddeus welcomes your comments. [Thaddeus17@gmail.com](mailto:Thaddeus17@gmail.com) .  
[www.farmfresh toyou.com](http://www.farmfresh toyou.com)



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# Developing California's First Green Hotel

BY WEN-I CHANG

*"When one tugs at one thing in nature, he finds it hitches to the rest of the universe." — John Muir*

Years ago, I was celebrating my birthday at a Santa Cruz seafood restaurant with my family. On the table there was no glass of water. The waitress said I had to ask for it due to the water shortage in that coastal city. This upset me and while heading back home on that winding highway 17, I started to think. The message of water conservation created a butterfly effect.

I was starting to become more aware of the earth's condition. That night I took a two-minute shower, rather than the eight-minute one that I am used to.

One day, I was struck by a statement in Paul Hawken's Ecology of Commerce: "With every living system on the earth in decline, can we create profitable, expandable companies that do not destroy, directly or indirectly, the world around them... Business is not just a reasonable agent for such change: it is the only mechanism powerful enough to reverse global environmental and social degradation."

This statement is so in sync with my "new-age thinking," and with encouragement from other entities, I decided to devote the rest of my life to the consciousness transformation of mankind, one traveler at a time and, ultimately, to change the world.

Seven years ago, I intended to develop and build the nation's first green hotel in Half Moon Bay. After the city told us to do all the Environmental Impact studies and other reports, and after spending over \$600,000 dollars in fees over two

years, the message was that we were just doing lip service, and my green hotel development dream would not become a reality. This caused me to shift the location to Napa Valley, where the people advocated the union of development with nature.

The idea attracted minimalist architect, Mickey Muennig, a student of both Bruce Goff and Frank Lloyd Wright, and the architect of the Post Ranch Inn, the top-rated hideaway resort in Big Sur, CA. It was the first time that I had contact with an architect who took the concept of sustainability seriously and know how it enhances architectural beauty. I thought about what Goethe meant by "Architecture is the frozen music."

Muennig designed the wavy, glass roofline as representative of Debussy's La Mer and Monet's water lily style, when the project was thought to be in Half Moon Bay. His sense of beauty and conservation made a big impact on my future thinking in preparing for development. There would be nothing in common between what we would build on a 4.6 acres vacant lot in American Canyon, Napa Valley and the prototypes of common chain hotels. The city of American Canyon, the partners and all the consultants loved Muennig's roofline, which also flowed with the surrounding mountain terrain; and they loved the gray water filtering system and the swan lake. But another architect, Todd Jersey, showed us how to cut some of the expensive elements in order to make the project a reality while maintaining Muennig's spirit of design.

The development of the first green hotel is part of a flowing process of entelechy. It is only the first step toward returning our true nature and getting

away from squandering ideas and habits. The problems in our society are a problem of mindset. A shifting of the mindset from selfishness and separation into reunion with nature and genuine connection among humans is the key to the fulfillment of green practice. Other hotel developers may pursue LEED rating as ultimate recognition. The Gaia Project went further; it became the medium and the message.

Our hotel's kiosk system gives information on how to create energy, conserve resource and prevent CO2 from going to the air. Solar lighttubes direct and magnify sunlight. Our ventilation system offsets the temperature among the guestrooms. The Balinese style spa; the swan lake and the permaculture landscaping is a symbiotic array of bio-ecosystems at work. All these may make the travelers at Gaia Napa Valley feel good, or as one traveler said, "reduce our guilt," but they also may leave with information on how to shift from a mindset of separateness to the mindset of union, and embark on their own inner journey.

Wen I Chang is the Gaia Hotel Napa Valley developer. He is pursuing his first English book titled, First Green Hotel – A Journey. He can be contacted at (650) 588-5599 or [wenchang168@gmail.com](mailto:wenchang168@gmail.com).

For the complete, unedited text by Wen-I Chang, please visit: [http://www.hotel-online.com/News/PR2006\\_4th/Dec06\\_WenChang.html](http://www.hotel-online.com/News/PR2006_4th/Dec06_WenChang.html)

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Photo by: Joel Williams

Head Brewer, Brenden Dobel, taps a cask in the cellar, which is filled with the latest special brew that will debut in January.

## Thirsty Bear Offering an Eclectic Experience for Brew Enthusiasts

**E**clectic is how one can describe the fare at Thirsty Bear Brewing Company. This 10-year-old brewery, features a tantalizing list of handcrafted brews, a full bar with an extensive selection of single malt scotches and Spanish brandies and fine liquors, which complement a menu of authentic Spanish tapas and main dishes made with the finest specialty ingredients from Spain.

Thirsty Bear is located in a 19,000 square foot brick building on Howard St., half a block east of the Moscone Center, in San Francisco. There are nine different Thirsty Bear beers on tap on any given day.

The beer menu reflects some of the tastes and style of the Head Brewer, Brenden Dobel. Dobel

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has an extensive background in both brewing experience and education, which include studying at Domens Brewing Academy in Munich, Germany, undertaking journeyman positions at several Bavarian brewhouses and working in a German malting house.

Thirsty Bear offers seven house beers, including a very crisp and clean Bohemian style Pilsner with nice, malty character that is accented by Czech Saaz hops. For anyone looking for traditional British style ales, the Brown Bear Ale and Meyer ESB are two fine examples of British favorites that are always available on tap, and occasionally as cask-conditioned ale. One of the more distinctive of the house beers, and a cult favorite, is the Organic Golden Vanilla, which is light and smooth. Its unique flavor is created by adding whole vanilla beans in to the post-fermentation cycle. The Kozlov Stout is an excellent example of a Dry Stout that gives Guinness a run for its money. Much more than a Guinness imitation, this smooth and mild stout

has an outstanding character with its chocolate and smoky elements, and almost 6% ABV. It also lacks the some of the sour bitterness that you find in the Irish favorite.

Two specialties on tap in mid-December were a Robust Porter called Winter Warmer, and the tasty Barely Legal Barley Wine, which will be available for a limited time. But the real news is what Dobel was working on then for January.

I was invited to try this work in progress, which was yet unnamed — a specialty beer still stored in the cellar. It is 106 gallons of the Robust Porter mixed with 100 pounds of raspberries and special wild Belgian-style yeast to establish secondary fermentation in 12-year-old Bourbon barrels. The yeast produced a distinctive Belgian lactic characteristic to this complex ale that I was able to sample right from the barrel. Dobel is not yet done with this concoction though. He plans to blend a portion of this unique ale with a popular Thirsty Bear seasonal called

“Golden Hallucination,” a strong Belgian Golden Ale. I was also fortunate enough to sample this ale from the conditioning tank as it was reaching its final stages of production.

We sampled both beers alone, and then tested a mixture to get an idea of what the final product would taste like. Dobel asked for my opinion on the ratios that would best complement the unique characteristics of each brew. That really made me feel like I was back in the brewing saddle again. We agreed on what blend would work best to create the optimum finished product, which was a little different than he originally

had expected. The final product is planned to premiere in January, and I highly recommend checking in often to not miss this limited offering. I know I'll be back.

*Joel Williams was a professional craft brewer for over seven years at several breweries. He earned a Diploma in Brewing Sciences in 1996 from the world-renowned Siebel Institute of Technology in Chicago.*



**Thirsty Bear Brewing Company**  
661 Howard St., SF [www.thirstybear.com](http://www.thirstybear.com)

Thirsty Bear hosts Meet the Brewers Night, an event sponsored by the San Francisco Brewers Guild. Enjoy a pint in a casual atmosphere, and meet some of the local brewers in San Francisco. Jan. 18, 6-9PM



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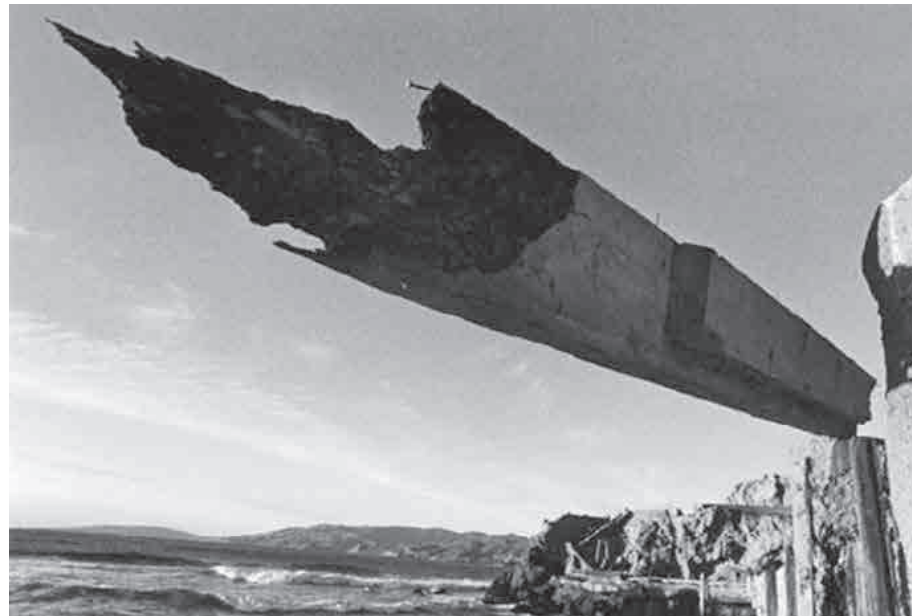
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# PHOTO FEATURE



Last year, our own San Rafael based **Dennis Anderson** was named one of the top ten hospitality photographers, by *Hospitality Design Magazine* in New York. His early black and white art photos give a clue as to why. In 1970, the SF Art Institute was hot bed of creativity for photography. Imogene Cunningham taught there, and Dennis's work from that period was published a lot and later purchased by the New York and San Francisco Museum(s) of Modern Art.

"My interior work is still an exploration of objects in space, that's what an interior designer does when creating a home, what an architect does when defining spaces to be lived in and what landscape architects do when guiding us through exterior vistas," Anderson says. "It's still all about discovering the environment we live in and being able to show it to others. The only difference between then and now is that I bring a van full of lighting gear and shoot to digital instead of to film.

See more of Dennis Anderson's on the cover of *Bay Crossings* (June 2005) and on his website [www.bluewaterpictures.com](http://www.bluewaterpictures.com)

Stunned as we are by the beautiful images we see all of the time around the Bay? What makes you grab your camera? Send your photo (jpg or tiff) to: [Baycrossingsphoto@gmail.com](mailto:Baycrossingsphoto@gmail.com). Include your First/Last name, City. Other information you may want to include: date, time and location of photo and camera or exposure settings. If you send us your image, please be sure it is at least 200 dpi at 3" wide and compressed (zipped). Images received will be considered for featuring in *Bay Crossings*, including on our website. Sending a photo will be considered as consent to publish.



# WATERFRONT ACTIVITIES

- Every Sat. 9AM - 11AM, 12PM - 2PM or 2PM - 5PM — Intro to Sailing, OCSC Sailing, Berkeley, 800-223-2984, [www.ocsc.com](http://www.ocsc.com)**  
This two-hour skippered charter is designed to provide folks who are considering getting into sailing with a real glimpse of the sport, our club and our people. Two hours on beautiful San Francisco Bay will help you to determine if you want to make sailing a bigger part of your life. For just \$40, you can join one of OCSC's instructors and be part of a six-person crew aboard one of our larger boats. RESERVATIONS REQUIRED.
- January 3 4:30PM - 7:30PM — Moonlight Paddle, Outback Adventures, Larkspur, 415-461-2222, [www.outbackadventures.com](http://www.outbackadventures.com)**  
Navigating your kayak by moonlight is a mystical experience you won't soon forget. We will paddle leisurely while admiring the moon's silvery light reflecting off the water's surface. Bring your friends and family to this warm welcoming event. \$65 per person.
- January 6 9AM - 3PM — Tule Elk Tour Blue Waters Kayaking, Tomales Bay, 415-669-2600, [www.bwkayak.com](http://www.bwkayak.com)**  
Often the shorter tours are not enough when there is so much to see on Tomales Bay! Paddle through the tide channels amid the majestic scenery and remote beaches of the northern part of the Bay. As we paddle along, we will discover the diversity of life which inhabits the Bay and its shores: tule elk, harbor seals, bat-rays, hawks, waterfowl, sea stars and other intertidal life. \$98 per person.
- January 7 9AM - 2PM — Two for One Paddle & Baja Slide Show, Blue Waters Kayaking, Tomales Bay, 415-669-2600, [www.bwkayak.com](http://www.bwkayak.com)**  
Bring a friend for 2-for-1 kayak tour of Tomales Bay. Enjoy local baked pastries, glorious Tomales Bay. Molly's Oyster Bar will be open when we return from our paddle. \$68 for two people.
- January 7 9:45AM - 4:30PM — Sea Kayaking II class, Half Moon Bay, California Canoe & Kayak, 800-366-9804, [www.calkayak.com](http://www.calkayak.com)**  
In this inspiring class we work extensively on boat lean and edging your kayak for ultimate control and maneuverability. We review rescues, introduce basic navigation techniques, fine tune the forward stroke and learn some new strokes. This class is the stepping stone to surf zone skills and beyond. \$99 per person, includes equipment and instruction.
- January 7 10AM - 3PM — Angel Island Kayak Tour, Outback Adventures, Larkspur, 415-461-2222, [www.outbackadventures.com](http://www.outbackadventures.com)**  
Let's pack our kayaks and take a real kayaking adventure to Angel Island in the San Francisco Bay. Specifically timed for optimal and safe paddling conditions, this trip is appropriate for beginner and intermediate paddlers in good physical condition. \$85 per person.
- January 14 7AM - 11:30AM — Monterey Diving, Advanced Diving Technologies, 925-432-2111, [www.adtscuba.com](http://www.adtscuba.com)**  
This is the season to dive the third best dive destination on the planet. Between the rush of cold water and psychological rush of color and life, your dive is spent in a state of sensory overload! Experience the expansive kelp forest leading to structure carpeted with purple stars, plumose anemones, vividly colored nudibranches and more. Frolic with the harbor seals and the otters. Don't miss the fun aboard the DV Escapade. 2-tank dives, refreshments on board and Nitrox upon request.
- January 14 10AM - 12PM — Ocean Beach Cleanup, Surfrider Association (SF Chapter), Ocean Beach at Lincoln Way, [www.sfsurfrider.org](http://www.sfsurfrider.org)**  
Help keep our local beaches clean! Just show up at Ocean Beach at the end of Lincoln Way and we'll provide gloves, bags and instructions. Rain cancels this event.
- January 17 7:30PM — Maldives Aboard the Manthiri, , Marin Scuba Club, San Rafael, 415-453-9556, [www.marinscuba.org](http://www.marinscuba.org)**  
We invite divers of all skill levels to join us the third Wednesday of each month at The Seafood Peddler Restaurant (upstairs) in San Rafael for our featured presentation. We offer guest speakers discussing all aspects of diving using multi-media video presentations. Stay active in your scuba/freediving community. For information, contact Alberta: 415-453-9556, marinscubaclubmembership@yahoo.com
- January 19 12PM - 4PM — Tide Rips Clinic, San Francisco Bay, California Canoe & Kayak, 800-366-9804, [www.calkayak.com](http://www.calkayak.com)**  
Playing in tide rips is fun, wild, and a great way to improve your rough water skills. This half-day clinic is designed as a practice session for students that want to hone paddling skills in the amazing tide rip off Yellow Bluff Point near the Golden Gate bridge. At Yellow Bluff, we can safely practice eddy turns, ferry gliding, and surfing in the rip. Dates and start times are chosen to take advantage of optimal tidal conditions. \$99 per person, includes equipment and instruction.
- January 20 8AM - 3PM — Whale Watching by Kayak in Monterey Bay, California Canoe & Kayak, 800-366-9804, [www.calkayak.com](http://www.calkayak.com)**  
Join us in search of gray whales and other marine mammals just offshore from historic Monterey with our professional naturalist, Greg Meyer. The whales are present in large numbers in Monterey Bay in early winter as they migrate to Mexico. In addition to gray whales, we cruise the Bay's waters in search of other residents such as sea otters, harbor seals, sea lions and sea birds. \$109 per person, includes equipment and guides.
- January 20 10AM - 3:00PM — Corte Madera Salt Marsh Kayak Tour, Outback Adventures, Larkspur, 415-461-2222, [www.outbackadventures.com](http://www.outbackadventures.com)**  
Explore the wetlands along Corte Madera Marsh while taking in the views of Mount Tamalpais and the San Francisco Bay. We paddle out in stable double sea kayaks while keeping our eyes open for the curious harbor seals that gather nearby. \$70 per person.
- January 20 4PM - 6 PM — Free Monthly BBQ, OCSC Sailing, Berkeley, 510-843-4200, [www.ocscsailing.com](http://www.ocscsailing.com)**  
Cap off a great day of sailing with a free BBQ, refreshments and great company. OCSC's free monthly BBQ is an OCSC tradition, and everyone is invited! Whether you are new to sailing or an old sea dog, come join us and enjoy the afternoon!
- January 24 6 PM - 8 PM — Moonlight Sail, OCSC Sailing, Berkeley, 510-843-4200, [www.ocscsailing.com](http://www.ocscsailing.com)**  
Set sail aboard one of our larger yachts skippered by a professional OCSC skipper and enjoy an relaxing night out on the Bay. You can soak in the beauty of the twinkling city lights while not lifting a finger; or pitch in and take the helm. Following the sail we will serve chili, chips, salsa, snacks, and beverages. A great time to get to know other like-minded sailors. \$30 for members, \$40 retail.

## Organizations, Associations & Clubs

**Bay Access** - San Rafael, 415-457-6094, [www.bayaccess.org](http://www.bayaccess.org)  
- Non-profit organization to create a water trail in San Francisco Bay for human-powered boats and beachable sail craft.

**Bay Area Sea Kayakers (BASK)** - 415-457-6094, [www.bask.org](http://www.bask.org)  
- Cooperative recreational club dedicated to the safe enjoyment of the sport of sea kayaking. Meetings generally on the last Wednesday of the month and are open to the public.

**Cal Adventures / UC Aquatic Center** - Berkeley, 510-642-4000, [www.oski.org](http://www.oski.org)  
- Windsurfing, sailing & kayaking lessons for UC students and locals.

**Cal Sailing Club** - Berkeley, [www.cal-sailing.org](http://www.cal-sailing.org)  
- Sailing cooperative, membership is open to the public.

**Cal Divers** - 510-417-0025, [www.caldivers.org](http://www.caldivers.org)  
- Recreational, networking & social club for certified divers of all levels.

**Cold Water Surf Club** - Sebastopol, 707-824-4360, [www.coldwatersurfclub.com](http://www.coldwatersurfclub.com)  
- Non-profit organization that is working to help build our community.

**Dolphin Club** - San Francisco, 415-441-9392, [www.dolphinclub.org](http://www.dolphinclub.org)  
- Non-profit, public access athletic organization with a diverse membership of about 900 women and men.

**Kelptomaniacs** - San Carlos, 650-591-5641, [www.wallins.com](http://www.wallins.com)  
- Scuba diving and adventure club.

**Marin Scuba Club** - San Rafael, 415-453-9556, [www.marinscuba.org](http://www.marinscuba.org)  
- Organization for divers of all skill levels. Meetings on the 3rd Wednesday of each month, 7:30 PM at The Seafood Peddler Restaurant in San Rafael for a featured presentation. Stay active in your scuba/freediving community!

**NorCal Divers** - San Bruno, 650-588-4998, [www.cadive.com](http://www.cadive.com)  
- Active dive and adventure club.

**Rio Vista Windsurfing Association** - Rio Vista, [www.rvwa.com](http://www.rvwa.com)  
- Non-profit Windsurfing and Kiteboarding Association.

**Rock 'n' Reef Divers** - Fairfield, 707-425-1932, [www.itsallaboutscuba.com](http://www.itsallaboutscuba.com)  
- Scuba diving club that meets the 3rd Wednesday of each month at 7PM at All About Scuba in Fairfield.

**San Francisco Boardsailing Association (SFBA)** - San Francisco, [www.sfba.org](http://www.sfba.org) - Non-profit organization to promote safety, provide education, ensure access and improve facilities.

**Surfrider Foundation (Marin Chapter)** - Larkspur, [www.surfrider.org/marin](http://www.surfrider.org/marin)  
**Surfrider Foundation (SF Chapter)** - San Francisco, [www.sfsurfrider.org](http://www.sfsurfrider.org)  
**Surfrider Foundation (Sonoma Chapter)** - Penngrove, [www.surfrider.org/sonomacoast](http://www.surfrider.org/sonomacoast)  
- Non-profit, environmental organization dedicated to the protection and enhancement of our local waves, water and beaches through conservation, activism, research and education.

**Western Sea Kayakers** - [www.westernseakayakers.org](http://www.westernseakayakers.org)  
- Club dedicated to the safe enjoyment of the sport of sea kayaking.

## Water Sport Shops, Facilities, Training & Resources

**Advanced Diving Technologies**  
625 California Ave. Suite F  
Pittsburg CA 94565  
925-432-2111  
[www.adtscuba.com](http://www.adtscuba.com)  
Full service scuba center with sales, service, rentals and dive instruction plus dive travel.

**All About Scuba**  
925 Texas St.  
Fairfield CA 94533  
707-425-1932  
[www.itsallaboutscuba.com](http://www.itsallaboutscuba.com)

**Anderson's Swim & Scuba**  
541 Oceana Blvd.  
Pacifica CA 94044  
650-355-3050  
[www.andersonscuba.com](http://www.andersonscuba.com)  
Full scuba certification courses, snorkeling & swimming lessons in an indoor heated pool plus sales, service, rental equipment and air fills.

**Aqua Surf Shop**  
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San Francisco CA 94116  
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Surfboards, skateboards, art & clothing.

**Aqua Surf Shop**  
1742 Haight St.  
San Francisco CA 94117  
415-876-2782  
[www.aquasurfshop.com](http://www.aquasurfshop.com)  
Surfboards, skateboards, art & clothing.

**Bamboo Reef Enterprises, Inc.**  
584 4th St.  
San Francisco CA 94107  
415-362-6694  
[www.bambooreef.com](http://www.bambooreef.com)  
Scuba training, sales and service plus dive trips.

**Blue Waters Kayaking**  
19238 Sir Francis Drake Blvd.  
Inverness CA 94937  
415-669-2600  
[www.bwkayak.com](http://www.bwkayak.com)  
Wilderness kayaking on Tomales Bay including naturalist-led tours, classes, rentals, overnight camping and youth camps. Please see our ad below.

**Bodega Bay Kayak**  
1580 East Shore Dr. @ Blue Whale Shopping Center  
Bodega Bay CA 94923  
707-875-8899  
[www.bodegabaykayak.com](http://www.bodegabaykayak.com)  
Kayak sales, rentals, tours & classes.

**Bodega Bay Surf Shack**  
1400 Hwy 1  
Bodega Bay CA 94923  
707-875-3944  
[www.bodegabaysurf.com](http://www.bodegabaysurf.com)  
Full service surf shop in Bodega Bay with sales, rentals and lessons.

**Cal School of Diving**  
1750 6th St.  
Berkeley CA 94710  
510-524-3248  
[www.caldiver.net](http://www.caldiver.net)  
Scuba instruction and dive trips.

**California Canoe & Kayak**  
409 Water St., Jack London Square  
Oakland CA 94607  
510-893-7833  
[www.calkayak.com](http://www.calkayak.com)  
Year round canoe and kayak sales, rentals, class & trips. Please see our ad on page 25.

**California Dive Center**  
715 El Camino Real  
San Bruno CA 94066  
650-588-4998  
[www.cadive.com](http://www.cadive.com)  
Full service PADI five star dive center.

**California Surf Shop**  
899 Gravenstein Hwy  
Sebastopol CA 95472  
707-824-4360  
[www.californiasurfshop.com](http://www.californiasurfshop.com)  
Home of the Cold Water Surf Club. Family owned and operated full service surf, skate and swim shop supporting the community and the environment.

**California Windsurfing**  
650 Shell Blvd.  
Foster City CA 94070  
650-594-0335  
[www.californiawindsurfing.com](http://www.californiawindsurfing.com)  
Windsurfing lessons - kayak and sailboard rentals.

**Captain Aqua's Scuba Diving Center**  
250 E. Jackson St.  
Hayward CA 94544  
510-728-0225  
[www.captinaqua.com](http://www.captinaqua.com)  
Full service dive center - training, travel, equipment & repair.

**Cass' Marina**  
1702 Bridgeway  
Sausalito, CA 94965  
415 332 6789  
[www.cassmarina.com](http://www.cassmarina.com)  
US Sailing Certified Sailing School with classes starting weekly. We offer bareboat rentals, skippered charters in the Bay and adventures around the world.

**City Kayak**  
Pier 38, The Embarcadero  
San Francisco CA 94107  
415-357-1010  
[www.citykayak.com](http://www.citykayak.com)  
Kayak rentals and trips.

**Clavey River Equipment**  
409 Petaluma Blvd. South  
Petaluma CA 94952  
800-832-4226  
[www.clavey.com](http://www.clavey.com)  
Kayak and whitewater raft rentals and sales.

**Delta Windsurf Company**  
3729 Sherman Island Rd  
Rio Vista CA 94571  
916-777-2299  
[www.deltawindsurf.com](http://www.deltawindsurf.com)  
Windsurfing and kiteboarding sales, lessons and rentals.

**Demo Sport**  
1101 Francisco Blvd.  
San Rafael CA 94901  
415-454-3500  
[www.demosport.com](http://www.demosport.com)  
Wakeboarding, wakesurfing, water skiing and kiteboard equipment sales, rentals & lessons.



**Advanced Diving Technologies**  
625 California Ave, Suite F  
Pittsburg, CA  
[www.adtscuba.com](http://www.adtscuba.com)  
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# WATERFRONT ADVENTURES

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### Diver Dan's

2245 El Camino Real  
Santa Clara CA 95050  
408-984-5819  
www.diverdans.com  
Full service dive center - training, equipment sales & service, dive travel, on site pool available.

### Dublin Dive Center

6715 Dublin Blvd.  
Dublin CA 94568  
925-829-3843  
www.captainaqu.com  
Full service dive center - training, travel, equipment & repair.

### Harbor Dive & Kayak Center

200 Harbor Dr.  
Sausalito CA 94965  
415-331-0904  
www.harbordive.com  
Full service dive center and hobie kayak sales.

### Helm of Sun Valley

333 N. Amphlett Blvd.  
San Mateo CA 94401  
650-344-2711  
www.helmsports.com  
Kitesurfing lessons, wakeboard, windsurfing, kitesurfing and water skiing equipment sales.

### High Tide Surf Shop

9 Fourth St.  
Petaluma CA 94952  
707-763-3860  
www.waveslave.com  
Family owned full service surf shop on the crossroads to the North Coast Beaches. Longboard, short board and paddleboards plus wetsuits and surf accessories. Open 12-7 Mon-Fri. 10-5 Sat & 12-4 Sun.

### Institute of Diving Technology

8646 Davona Dr.  
Dublin CA 94568  
925-551-8478  
www.divewithidt.com  
Certified diving school for all levels plus local trips & travel.

### Kite Wind Surf

430 Westline Dr.  
Alameda CA 94501  
510-522-9463  
www.kitewindsurf.com  
Kiteboarding, windsurfing and surfing equipment, lessons and rentals.

### Mako Marine Outfitters

536 Soscol Ave., Suite 2  
Napa CA 94559  
707-251-5600  
www.makodiveandkayak.net  
Full service dive center, kayak sales & rental.

### Napa Dive & Sport

162 S. Coombs St.  
Napa CA 94559  
707-257-2822  
www.napadive.com  
Friendly full-service dive center with training, equipment sales & service and tropical dive travel.

### Napa River Adventures

P.O. Box 10881  
Napa CA 94581  
707-224-9080  
www.napariveradventures.com  
Regularly scheduled cruises on luxury electric riverboats plus canoe and kayak rentals.

### Nautilus Aquatics

1220 Diamond Way, Suite 110  
Concord CA 94520  
925-827-2822  
www.bayareadiving.com  
Full service dive center including sales, rental, repair, training, recreation & travel.

### OCSC Sailing

One Spinnaker Way  
Berkeley, CA 94710  
800-223-2984  
www.ocsc.com  
The largest sailing school and club in North America. OCSC reinvented sailing 30 years ago making the best of the sport approachable, accessible and affordable for anyone with the desire.

### Open Water Rowing Center

85 Liberty Ship Way  
Sausalito CA 94965  
415-332-1091  
www.owrc.com  
Open water sculling instruction, club memberships and boat sales.

### Outback Adventures

12 E. Sir Francis Drake Blvd.  
Larkspur CA 94939  
415-461-2222  
www.outbackadventures.com  
Kayak sales, rentals, trips & classes.

### Outback Adventures

1158 Saratoga Ave.  
San Jose CA 95129  
408-551-0588  
www.outbackadventures.com  
Kayak sales, rentals, trips & classes.

### Pacific River Supply

3675 San Pablo Dam Rd.  
El Sobrante CA 94803  
510-223-3675  
www.pacificriversupply.com  
Inflatable whitewater raft & kayak sales, rental and repairs.

### Pinnacles Dive Center

875 Grant Ave.  
Novato CA 94945  
415-897-9962  
www.pinnaclesdive.com  
Fully accredited scuba training with onsite-heated pool. Diving equipment sales, rental, repair and local/tropical trips.

### Proof Lab

254 Shoreline Hwy.  
Mill Valley CA 94941  
415-380-8900  
www.prooflab.com  
Surfing & skateboarding equipment & rentals and local art.

### River's Edge

13840 Healdsburg  
Healdsburg CA 95448  
707-433-7247  
Canoe & kayak trips & rentals on the scenic Russian River. Retail sales and concessions.

### Scuba San Francisco

650-873-7321  
www.scubasanfrancisco.com  
Scuba instruction and information on 41 dive sites within a 2 hour drive from SF.

### Sea Trek Ocean Kayaking Center

Schoonmaker Point Marina  
Sausalito CA 94965  
415-332-8494  
www.seatrekkayak.com  
Sea kayaking classes, trips & rentals.

### SF Surf Shop

3809 Noriega  
San Francisco CA 94122  
415-661-7873  
www.sfsurf.com  
Custom made surfboards by John Schultze plus surfboard/wetsuit rentals and board repairs.

### Stan's Skin & Scuba Diving

554 S. Bascom Ave.  
San Jose, CA 95128  
408-998-0767  
www.stansdiving.com  
Full service scuba center since 1957. Training, equipment sales service & rentals, on site heated pool and dive trips.

### Stinson Beach Surf & Kayak

3605 State Rt. 1 North  
Stinson Beach CA 94970  
415-868-2739  
www.stinsonbeachsurfandkayak.com  
Sales and rentals of surfboards, boogie boards and kayaks plus wetsuit rentals. Located 100 yards north of park entrance.

### Sunset Bay Kayaks

Suisun City Marina  
1011-A Park Ln  
Suisun City, CA 94585  
707-429-5925 Cell 707-365-2436  
www.sunsetbaykayaks.com  
Hourly kayak rentals and tours on the largest estuary in the contiguous U.S. Group rates available.

### Tradewinds Sailing School & Club

1230 Brickyard Cove Road Ste 100  
Pt Richmond, CA 94801  
510-232-7999  
www.tradewindssailing.com

Tradewinds has more than 40 years of experience making sailing easy and enjoyable to learn - Offering a professional training program and affordable rental and charter programs to members.

### Wallin's Dive Center

1119 Industrial Rd., Suite 7  
San Carlos CA 94070  
650-591-5641  
www.wallins.com  
Scuba, snorkel & swim center including instruction, sales, rentals, repairs and dive travel.

### Wet Dawg Water Sports Incorporated

4290 Knoxville Rd.  
Napa CA 94558  
707-966-5701  
www.wetdawgwatersports.com  
Located on Lake Berryessa. Kayak, canoe, paddleboat and ski boat rentals. Retail sales of wakeboard, water skis and clothing.

### Wise Surfboards

800 Great Hwy  
San Francisco CA 94121  
415-750-9473  
www.wisesurfboards.com  
Surfboards, wetsuits and accessories. Northern California's largest surf shop.

For advertising inquiries or to submit a listing to Waterfront Adventures, contact Joel Williams at (707) 556-3323 or [joel@baycrossings.com](mailto:joel@baycrossings.com)

## SS JEREMIAH O'BRIEN



## 2007 Cruise Schedule

February 4 Queen Mary 2 "Welcome the Queen Cruise"

April 14 San Francisco to Sacramento River Cruise

April 15 Sacramento to San Francisco River Cruise

May 19 Bridge to Bridge Memorial Cruise

June 16 Father's Day Cruise \* \* \* 2 Jazz Bands

July 4 Alongside Pier 45 Fireworks

August 18 Fortress San Francisco Cruise

Sept 8 Alongside Pier 45 "Brews on the Bay"

Oct. 6 Fleet Week Parade of Ships & Air Show Cruise

Oct. 7 Fleet Week Air show Cruise

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Download an order form from our website: [www.ssjeremiahobrien.org](http://www.ssjeremiahobrien.org) and mail,  
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# STANDING ON AND GIVING WAY

BY SCOTT ALUMBAUGH

There is a kind of corny truism that if you don't change your course, you'll end up where you're headed. I thought about this often some years ago as I rode the Larkspur ferry to work. On the one hand, I had recently left a job in Los Angeles, and traded in a torturous freeway commute for this daily cruise across the Bay. On the other hand, I had only traded one financial district for another, and was still practicing law, which would, at best, lead to partnership. At the time, that did not seem like such a rewarding place to end up. So, I had a lot to ponder on those cross-Bay rides.

Despite loving the water, I have always been prone to seasickness. So I rode outside, even on cold, wet, winter mornings. And the thing I remember most about those mornings was not the cold, or the wet, or the rocking of the boat if it was particularly stormy, but the ship's horn. If you have ever been on deck when a San Francisco ferry blasts its horn, you know why: it is loud and it is deep and plangent. It sounds like it is thumping your chest from the inside trying to break through your ribs to get out. On foggy days, the ferry would blast its horn all the way across the Bay.

Which can really interrupt your thoughts.

And I remember one time, on a perfectly clear afternoon, when out of the

blue the ferry horn blasted five times in quick succession. Nearly knocked me off the boat. I looked around to see a power boat crossing our bow. And it was close, but not that close. I couldn't understand why the captain was so cranky about it.

Seems funny, now, some twelve years later, to remember that horn blast so well.

It is another truism that if you can sail on San Francisco Bay, you can sail anywhere. Most of us take that to mean if you can navigate Bay sailing in thick fog and strong currents, conditions elsewhere will seem mild by comparison. But the Bay has another challenge most sailors don't have to face very often — traffic. And it was only after I changed my career path and started teaching sailing that I gained an appreciation for those loud ferry horn blasts.

One of the first lessons in sailing has nothing to do with steering the boat or trimming the sails. It is much more basic. You have to learn how not to run into other boats. That is, you need to know the rules of the road.

It turns out that for every situation where one boat might possibly hit another there is a rule. The mandatory horn blasts of that ferry underway in fog (one 4-6 second blast every 2 minutes) are as prescribed as the sound a 24 foot sailboat has to make while anchored in fog (ringing bell for 5 seconds every minute). And the five blasts at that powerboat meant, according to the rules, that the ferry captain "was in doubt whether sufficient action is being taken by the other [vessel] to avoid collision."

The reason for the captain's doubt is that most rules of the road require one vessel to hold its course, or "stand-on;" the other vessel is required to alter course, or

"give way." The power boat was crossing the ferry boat's bow from left to right, and as in a car, the vessel to the right — in this case, the ferry — is the stand-on vessel. The power boat was required to alter course, and failed to; which, considering it was going up against a 90-ton ship, makes that failure stupid as well as illegal.

Now, when learning the rules of the road, most students refer to the stand-on vessel has the one having

right-of-way. And that is true. But the stand-on vessel is actually referred to as the "burdened" vessel — the one that has fewer options. It has to hold course until collision is more or less immanent. It's kind of like continuing on your career, or life path, until you have to change course to avoid whatever is coming at you in a way that is not taking sufficient action to avoid collision. So, as you ride across the Bay, in between the blasts of the ferry horn, you might ponder right of way, being burdened and ending up where you're headed.

And it was only after I changed my career path and started teaching sailing that I gained an appreciation for those loud ferry horn blasts.

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Fisherman's Wharf on Pier 47 Foot of Jones on Jefferson Street

Scott Alumbaugh is a US SAILING certified, Coastal Passagemaking instructor. He holds a 100 Ton Masters license, has worked as a delivery and charter skipper in the United States, Mexico and in the Caribbean, and is a sailing instructor at OCSC Sailing in Berkeley Marina.



Rules of the Road online  
[http://www.navcen.uscg.gov/mwv/navrules/rotr\\_online.htm](http://www.navcen.uscg.gov/mwv/navrules/rotr_online.htm)

# Sail, Boat in Winter Weather

**H**igh surf and hazardous weather advisories were in effect for hazardous sea conditions throughout most of December. During times of these winter weather conditions, the US Coast Guard urges sailors and boaters to take actions that ensure their own safety, the safety of others in the vessel and on the water. The following measures should be employed at all times, especially during heavy weather:

- Wear life jackets, especially during heavy weather conditions. By law, mariners are required to carry a life vest for everyone on board.
- Use marine band radios instead of commercial cell phones, which have limited coverage and are unreliable when out of sight of land.
- Inspect all emergency signaling, communications and navigation equipment to ensure good working condition prior to going underway.
- Leave a float plan with someone on shore detailing the vessel's route and estimated departure and arrival times.

Tips provided by the U.S. Coast Guard.

Check sailing weather at <http://windandtides.com/>

## The NorCal Water's Edge

### Safety Advice from Local U.S. Coast Guard

Coast Guard Sector San Francisco urges safety on and around California coastal waters, especially during winter months. Know and consider the hazards before you go past the water's edge.

#### Rocky Shores and Rising Tides

The California coastline has many steep, rocky cliffs as well as many rocky areas in dangerous surf zones. Surf zones are areas of coastline that experience regular heavy surf conditions, which make it difficult or impossible to get back ashore if you fall into the water. Rocky areas can be especially hazardous during a rising tide. Beach-goers can find themselves stranded on rocks surrounded by water, only minutes after the beach was completely exposed. Rising tides can also quickly trap people in small coves along the beach. The best way to avoid these situations is to be aware of the tidal state and the tidal prediction for the area of your beach visit.

*Bay Crossings* recommends checking tides on the National Oceanic Atmospheric Association website: [www.wrh.noaa.gov/warnings.php?wfo=mtr](http://www.wrh.noaa.gov/warnings.php?wfo=mtr)

#### Jetty Safety

Jetties are man-made structures (made usually of rocks or concrete) that project outward from shore to deflect powerful waves away from a harbor or coastline. During times of heavy surf the surface of the jetties can become slippery or loose. To avoid falling into the water or onto the rocks, do not climb or hike on jetties. If you see someone stranded on the rocks, call for help.

#### Remember:

- Be aware of your surroundings.
- Do not underestimate the power of the sea.
- Always tell someone where you will be and when you will return.
- Know how to contact help: Call 911 or the U.S. Coast Guard on marine band channel 16.

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[www.blueandgoldfleet.com](http://www.blueandgoldfleet.com)



The enchanting nautical experience begins when passengers board Blue & Gold Fleet boats that sail on San Francisco Bay. Blue & Gold Fleet is the largest excursion and commuter ferry service provider in the Bay Area.



**San Francisco Bay Cruise Adventure** An hour long cruise along the City's historic waterfront, right past the PIER 39 sea lions, under the Golden Gate Bridge, by Sausalito, past Angel Island and around Alcatraz.

**Sausalito & Tiburon** A comfortable ride across the San Francisco Bay to the two Marin seaside villages of Sausalito and Tiburon to enjoy shopping, dining or an easy stroll around town.

**Angel Island** A California State park and wildlife reserve. Angel Island is both a great picnic destination with hiking, kayak tours, an hour-long fully-narrated TramTour, as well as a historical site dating back to the U.S. Civil War.

**Vallejo** Sail to Vallejo, a waterfront community that includes the city's Heritage District, Vallejo Naval and Historical Museum and family-friendly Marine World amusement park.

**Alameda & Oakland** There's dining in Jack London Square, the Farmer's market on Sundays and jazz nightly.

**Blue & Gold Fleet at PIER 39  
Beach Street & The Embarcadero  
San Francisco**

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WATER TRANSIT AUTHORITY

WTA

# GET THERE BY FERRY



## Harbor Bay Ferry

Leave Harbor Bay Island	Arrive S.F. Ferry Bldg.	Leave S.F. Ferry Bldg.	Arrive Harbor Bay Island
6:30am	6:55am	7:00am	7:25am
7:30	7:55	8:00	8:25
8:30	8:55	4:35pm	5:00pm
-----	4:30pm	5:35	6:00
5:05pm	5:30	6:35	7:00
6:05	6:30	7:35	8:00

No service on weekends

## Angel Island - Tiburon Ferry

Weekends	
Tiburon to Angel Island	Angel Island to Tiburon
10am, 11, 1pm, 3pm	10:20am, 11:20, 1:20pm, 3:30
Weekdays	
Tiburon to Angel Island	Angel Island to Tiburon
10am, 1:00pm	10:20am, 1:20pm

\*Monday Thru Tuesday Flexible Schedule. Call (415) 435-2131 www.angelislandferry.com Bicycles \$1.00

Schedule Subject to change w/o notice  
Adults \$10.00  
Child \$8.00

## Red & White BAY CRUISE SCHEDULE

PIER 43 1/2		California Sunset Cruise Schedules 2-Hour California Sunset Cruise Departures at 7:00PM every Thursday, Friday, and Saturday. Fare: Adult (18+) \$48, Child (5-17) \$33, Children under four ride Free! Includes one drink ticket (good for beer, wine or soda) and appetizers. Fare: Adult ..... \$21 Senior (62+) .....\$17 Youth (12-17) .....\$17 Child (5-11) .....\$13 Under 4.....\$Free
Weekday	Weekends	
10:00am	10:00am	
10:45	10:45	
11:15	11:15	
12:00pm	12:00pm	
12:30	12:30	
1:15	1:15	
1:45	1:45	
2:30	2:30	
3:00	3:00	
3:45	3:45	
4:15	4:15	
5:00	5:00	
5:30	5:30	
6:15	6:15	

## Golden Gate Ferry

### LARKSPUR \*

Weekdays (excluding Holidays)				Weekends and Holidays			
Leave Larkspur	Arrive S F	Leave S F	Arrive Larkspur	Leave Larkspur	Arrive S F	Leave S F	Arrive Larkspur
5:50am	6:20am	6:25am	6:55am	9:40am	10:30am	-----	-----
6:35	7:05	7:10	7:40	11:00	11:50	12:30pm	1:20pm
7:10	7:40	7:45	8:15	1:30pm	2:20pm	2:30	3:20
7:50	8:20	8:30	9:05	3:30	4:20	4:30	5:20
8:20	8:50	9:10	9:45	5:30	6:20	7:00	7:50
9:15	9:50	10:10	10:45	One-Way Ferry Fares			
10:10	10:45	10:55	11:30				
11:10	11:45	11:55	12:30pm	LARKSPUR SAUSALITO			
11:40	12:15pm	12:25pm	1:00	Daily Daily			
12:40pm	1:15	1:25	2:00	Adult Cash Fare \$6.75 \$6.75			
2:15	2:50	3:00	3:30	Frequent Rider Ticket (Book of 20 Tickets) \$4.25 \$3.60			
2:50	3:25	3:35	4:05	Seniors (age 65+) with Medicare or approved I.D. \$3.35 \$3.35			
3:40	4:15	4:25	4:55	Youth (ages 6-18) \$3.35 \$3.35			
4:15	4:45	4:55	5:25	Children (age 5 & under) FREE FREE			
-----	-----	*5:20	6:05				
5:10	5:45	5:55	6:25				
5:35	6:10	6:20	6:50				
6:35	7:10	7:20	7:50				
7:20	7:55	8:10	8:40				
8:10	8:45	8:50	9:20				
8:50	9:25	9:35	10:05				

\*All weekdays trips except on (5:20pm SF departure) are operated by high-speed catamarans. Weekend service is provided by high capacity Spaulding vessels.

### SAUSALITO

Weekdays (excluding Holidays)				Weekends and Holidays			
Leave Sausalito	Arrive SF	Leave SF	Arrive Sausalito	Leave Sausalito	Arrive SF	Leave SF	Arrive Sausalito
7:10am	7:35am	7:40am	8:10am	-----	-----	10:40am	11:10am
8:20	8:45	10:15	10:45	11:20am	11:50am	12:00pm	12:30pm
10:55	11:25	11:35	12:05pm	12:45pm	1:15pm	1:25	1:55
12:15pm	12:45pm	12:55pm	1:25	2:10	2:40	2:50	3:20
1:55	2:25	2:35	3:05	3:35	4:05	4:15	4:45
3:20	3:50	4:00	4:30	5:00	5:25	5:35	6:05
4:45	5:15	5:30	6:00	6:20	6:45	6:30	7:00
6:10	6:35	6:45	7:10				
7:20	7:50	7:55	8:20				

INFORMATION CONTACTS  
511 (toll-free) or 711 (TDD)

E-mail/Comments to ferrycomments.goldengate.org  
For Larkspur and Sausalito website:www.goldengate.org

### HOLIDAY SERVICE: Larkspur & Sausalito

In effect on Martin Luther King, Presidents', Memorial, 4th of July, Labor Day, modified Holiday service is operated on the Day after Thanksgiving.

### NO SERVICE: Larkspur & Sausalito

No ferry service on New Year's, Thanksgiving, and Christmas Day.

## ALAMEDA/OAKLAND

Weekdays to San Francisco			
Leave Oakland	Leave Alameda	Arrive Ferry Bldg.	Arrive Pier 41
6:00am	6:10am	6:30am	-----
7:05	7:15	7:35	-----
8:10	8:20	8:40	-----
9:15	9:25	9:45	10:00
11:00	10:50	11:30	11:45
12:45pm	12:35pm	1:15pm	1:30pm
2:30	2:20	3:00	3:10
4:40	4:30	5:10	-----
5:50	5:40	6:15	-----
6:20	6:10	-----	7:00
6:55	6:45	7:20	-----
7:55	7:45	8:20	-----
8:55	8:45	-----	9:25

## ALAMEDA/OAKLAND

Weekends and Holidays to San Francisco			
Leave Oakland	Leave Alameda	Arrive Ferry Bldg.	Arrive Pier 41
9:00am	9:10am	-----	9:35am
10:40	10:25	11:10	11:25
12:20pm	12:10pm	12:50pm	1:05pm
1:55	1:45	2:25	2:40
4:00	3:45	4:30	4:45
5:45	5:30	-----	6:20
7:20	7:05	7:50	8:05
8:55	8:45	8:25	9:30
10:30	10:20	-----	11:00

### Weekends and Holidays from San Francisco

Leave Pier 41	Leave Ferry Bldg.	Arrive Alameda	Arrive Oakland
9:15am	9:25	10:10	9:55
10:50	-----	11:20	11:30
1:00	1:10	1:30	1:45
3:30	3:45	4:05	-----
5:00	5:15	5:35	5:45
6:30	6:40	7:00	7:10

## ALAMEDA/OAKLAND FARES:

One Round 10Ticket 20Ticket Monthly  
Way Trip Book\* Book\* Pass

Adult (13+)	\$5.50	\$11.00	\$45.00	\$80.00	\$150.00
Child (5-12)	\$2.75	\$5.50			
Child under 5**	FREE	FREE			
Senior (65+)	\$3.25	\$6.50			
Disabled Persons*	\$3.25	\$6.50			
Active Military	\$4.25	\$8.50			

Seniors must show valid I.D., Regional Transit Connection, or Medicare Card. Military personnel must show military I.D.

PURCHASE TICKETS ONBOARD THE FERRY or at the Regional Transit Connection (RTC) at participating Bay Area businesses. Please call the 24-hour Ferry Fone at (510) 522-3300 to confirm times.

Schedule information harvested online.  
Schedules are subject to change.  
January, 2007

*Fun on Ferries, Shoreline Snacking and Shopping, Take the Kids, Bikes on Boats, Fun on Ferries...*

# Blue & Gold Ferry

## BAY CRUISE

### Leave PIER 39

Weekdays	Weekends and Holidays
10:45am	10:00am
12:00pm	10:45
1:15	11:30
2:30	12:00pm
4:00	12:45
	1:15
	2:00
	2:30
	3:15
	4:00
	4:30

Bay Cruise does not operate during inclement weather. Additional cruises may be added on demand. Check with ticket booth on day of sailing for schedule. No reserved seating available.

### FARES: All prices include audio tour.

Adult .....	\$21.00	Junior (12-18) .....	\$17.00
Senior (62+).....	\$17.00	Child (5-11).....	\$13.00
Special Rates On Line			

## ANGEL ISLAND

### Weekdays

Leave Pier 41	Arrive Angel Island	Depart Angel Island	Arrive Pier 41
10:00am	10:20am	3:20pm	4:00pm

### Weekends

Leave Pier 41	Arrive Angel Island	Depart Angel Island	Arrive Pier 41
10:35am	11:00	11:05	12:20pm
		3:50pm	4:55

Angel Island Round      Round Trip via SF\*

Adult .....	\$14.50
Child (6 - 12) .....	\$8.50
Child (5 - under) .....	FREE
*All prices include State Parks Fees	

## TIBURON

### DOWNTOWN S.F., FERRY BLDG.

#### Weekdays

Leave Tiburon	Arrive Ferry Bldg.	Leave Ferry Bldg.	Arrive Tiburon
6:00am	6:20am	-----	-----
6:50	7:10	7:15am	7:35am
7:50	8:10	8:15	8:35
8:45	9:05	-----	-----
-----	-----	4:25pm	4:45pm
5:00pm	5:20pm	5:25	5:45
5:50	6:10	6:15	6:35
6:40	7:00	7:15	7:35

### FARES: One-Way      Round Trip

Adult .....	\$8.50	.....	\$17.00
Child (5-11).....	\$4.50	.....	\$ 9.00
20 Ticket Commute Book .....	\$100.00		
No service Thanksgiving Day, Christmas Day (Dec. 25), New Year's Day (Jan.1), or Presidents' Day.			

## SBC PARK SERVICE

Direct service is available from Alameda, Oakland, Tiburon, Vallejo, Sausalito, and Larkspur for selected Giants baseball games. For information, call (415) 705-5555 or visit our website at [www.blueandgoldfleet.com](http://www.blueandgoldfleet.com).

[http://www.baycrossings.com/ferry\\_schedules.asp](http://www.baycrossings.com/ferry_schedules.asp)

## SAUSALITO

### FISHERMAN'S WHARF, PIER 41

#### Weekdays

Leave Pier 41	Arrive Sausalito	Leave Sausalito	Arrive Pier 41
11:00am	11:40	11:50	12:10pm
12:15pm	12:55pm	1:05pm	1:25
1:35	2:10	2:20	2:35*
2:45*	3:35*	3:40*	4:00*
-----	-----	8:00	8:20

EFFECTIVE THROUGH MARCH 31, 2007

#### Weekend and Holidays

Leave Pier 41	Arrive Sausalito	Leave Sausalito	Arrive Pier 41
10:35am	11:50	11:55	12:20pm
12:30pm	1:20	1:25	1:50
2:00	2:45	2:50	3:15
3:20	4:25	4:30	4:55

### FARES: One-Way

Adult .....	\$8.50
Child (5-11).....	\$4.50
20 Ticket Commute Book .....	\$100.00

## TIBURON

### FISHERMAN'S WHARF, PIER 41

#### Weekdays

Leave Pier 41	Arrive Tiburon	Leave Tiburon	Arrive Pier 41
11:00am	11:20	11:25	12:10pm
12:15	12:35	12:40	1:25
1:35*	1:50*	1:55*	2:35*
1:35**	1:50**	1:55**	-----
2:45	3:05	3:10	4:00
4:05	4:45	-----	-----
-----	-----	7:45	8:20

\* Effective through May 26, 2006. These departures will resume operating starting September 5, 2006

\*\* Effective May 30, 2006 through September 1, 2006

\*\*\* Fridays Only

#### Weekends and Holidays

Leave Pier 41	Arrive Tiburon	Leave Tiburon	Arrive Pier 41
10:35am	11:20	11:35	12:20pm
12:30pm	12:55	1:05	1:50
2:00	2:25	2:30	3:15
3:20	4:05	4:10	4:55

### FARES: One-Way

Adult .....	\$8.50
Child (5-11).....	\$4.50
20 Ticket Commute Book .....	\$100.00

# Vallejo Baylink Ferry

## VALLEJO/SAN FRANCISCO

### FERRY BLDG./ FISHERMAN'S WHARF

#### Weekdays

Leave Vallejo	Leave Ferry Bldg.	Leave Vallejo	Leave Pier 41	Leave Pier 41
5:30am	6:35am	-----	-----	-----
6:30	7:35	-----	-----	-----
7:00	8:10	-----	-----	-----
7:45	8:55	-----	-----	-----
8:45	9:55	-----	-----	-----
10:00	11:10	10:00	11:20	11:30
11:30	12:40pm	-----	-----	-----
1:00pm	2:10	-----	-----	-----
2:00	3:30	2:00	3:00	3:15
3:20	4:30	-----	-----	-----
4:05	5:15	-----	-----	-----
4:45	6:00	-----	-----	-----
5:35	7:05	5:35	6:35	6:45

Schedule effective December 11th. Missed the last ferry from San Francisco? Take the bus to Vallejo, weekdays and weekends at 10:30pm from in front of the Pier 1 Deli.

#### Weekends and Holidays

Leave Vallejo	Leave SF FB	Leave Vallejo	Arrive Pier 41	Leave Pier 41
10:00am	11:10	10:00	11:20	11:30
11:30	12:40pm	-----	-----	-----
1:00	2:10	-----	-----	-----
3:00	4:30	3:00	4:00	4:10
6:00	7:30	6:00	7:00	7:10

## VALLEJO/SAN FRANCISCO

### FARES:

Adult One-Way .....	\$11.50
Senior/Disabled/Medicare One-Way (65+/disabled)* .....	\$5.75
Youth One-Way (6-12 years) .....	\$5.75
Baylink DayPass .....	\$19.25
Monthly Pass .....	\$247.25

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# You Can't Drive on It Yet, But Skyway Deck Is in Place

BY KARIN BETTS

The last two massive concrete deck segments that make up the Skyway of the new San Francisco-Oakland Bay Bridge East Span were lifted into place mid-morning on December 7 in a balancing act that was an engineering achievement in itself. Construction crews lifted the segments — the larger piece tipping the scales at 776 tons — in tandem at both ends of their common bridge pier column, to equalize stress.

Orange-vested workers and the media looked on as the final wing-shaped segments were lifted into place 100 feet above the Bay, completing the elevated roadway and marking a key milestone both for the bridge workers and for the Toll Bridge Program Oversight Committee (TBPOC), made up of representatives from Caltrans, the Bay Area Toll Authority (BATA) and the California Transportation Commission.

“We are excited to be a part of these events; to recognize major milestones that are accomplished for our bridge construction projects and to recognize the hard work that’s occurred to produce such massive, complex projects,” said Rod McMillan, director of Bridge Oversight and Operations for BATA, which is run by the Metropolitan Transportation Commission. BATA funds the day-to-day operations, facilities maintenance and administration of the bridges with funds levied from tolls. BATA also funds the long-term capital improvement and rehabilitation of the bridges, including the projects mandated by Regional Measure 1 and the Toll Bridge Seismic Retrofit Program, which includes construction of the new East Span of the San Francisco-Oakland Bay Bridge.

The 1.2 mile-long Skyway — now 96 percent complete — is the longest portion of the new East Span and will ultimately connect the Oakland shoreline with the bridge’s crowning element, a stunning

suspension span that will join the Skyway to Yerba Buena Island. The Skyway is made up of 452 concrete deck segments that each started life at a Stockton fabrication yard, where custom-made equipment was used to “match-cast” every piece to fit precisely with adjoining pieces. Then each section was placed on a barge and floated through the San Joaquin Delta, past other Bay Area bridges, to its permanent home over the San Francisco Bay.

The lifting of the last Skyway deck segment triggers another milestone event: closure of the Stockton Yard, where, for the past three years, roughly 260 bridge builders working for Caltrans and the joint venture contractor, Kiewit-FCI-Manson (KFM), processed 130,000 cubic yards of concrete and 31 million pounds of steel. The massive construction winches used to lift each segment into place are now being disassembled and removed from the Skyway deck. The recognizable red cranes that have perched in the Bay for years also will be coming down.

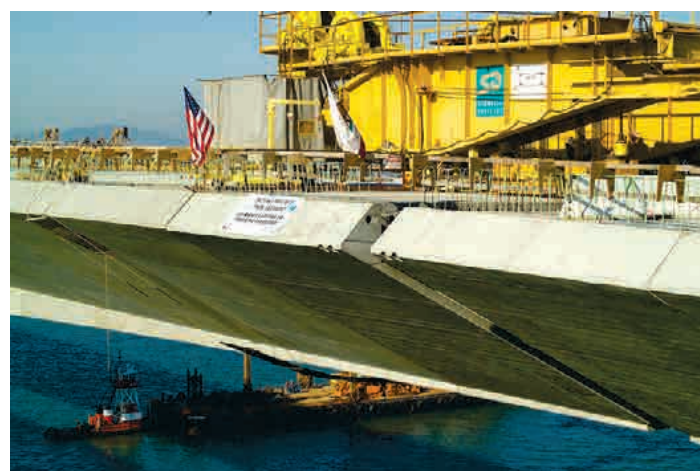
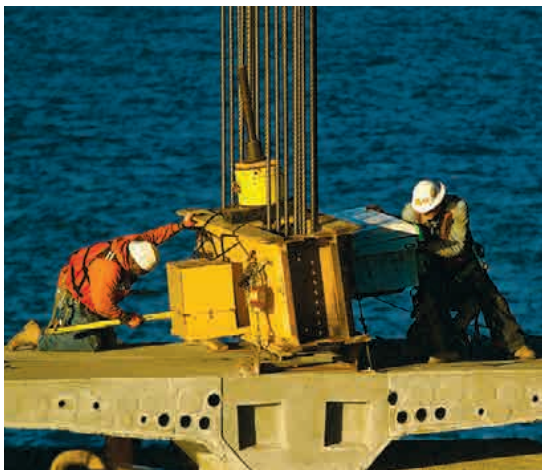
Although the road deck is now in place, the Skyway is not scheduled for completion until the end of 2007. According to Caltrans Resident Engineer Doug Coe, over the next year Caltrans will place the final concrete overlay, install electrical systems, finish the bike and pedestrian path, and put in water lines to serve Treasure Island.

Once the Skyway is complete, it will be used as a staging ground for the next phase of the project: construction of the half-mile self-anchored suspension (SAS) span and its signature 525-foot tower. The foundations for that span and tower are already over 60 percent complete. The SAS’s steel deck sections, tower and cables will be fabricated in China, and then erected here in early 2009. When complete, it will be the longest single tower, self-anchored suspension bridge in the world. The new East Span is expected to be fully open to traffic in 2013.



Photo by John Huseby





A huge banner draped on the last segment to make the voyage from the Stockton fabrication yard to the construction staging ground in Oakland celebrated the moment: "Skyway Project Final Segment... Congratulations to everyone involved." Photos: Caltrans; Noah Berger

# AROUND THE BAY IN JANUARY



Flyaway Festival at Mare Island.

## Back to Nature

### Over One Million Birds and You

This 3-day birding festival in San Francisco Bay celebrates the return of over one million shorebirds and hundreds-of-thousands of ducks and geese, hawks and even monarch butterflies, which migrate through the area during the winter. Mare Island Naval Shipyard will host free events, including guided hikes, riverboat trips, birding outings and wetland walks. Call 707-649-WING (9464) or visit [www.sfbayflywayfestival.com](http://www.sfbayflywayfestival.com)

### Trecycling

Over 33 million real Christmas trees are sold in North America every year. Instead of throwing it out, the National Christmas Tree Association says give it back to the environment. Find a Christmas tree recycler in your area by entering your zip code. Call 1-877-Earth911 or visit [www.earth911.org](http://www.earth911.org).

### Carpool & Hike to Lighthouse

Take an easy hike from Rodeo Beach to Point Bonita Lighthouse, with a guided tour of the lighthouse by a docent. Then, hike back down to the visitor center. Thu., Jan. 18, with carpools from Mill Valley (9:30AM) and Rodeo Beach (10:15AM). Back by 1:30PM. Share carpool cost. Rain cancels. Please bring your food & drink. Contact: Richard Watson (415) 461-9255, [rgwatson@pacbell.net](mailto:rgwatson@pacbell.net)

## Life as Art

### Hands in Motion at FLOAT

FLOAT Gallery & The African Outlet, present works by Nigerian-born, Bay Area award-winning artist Adekunle Kabir Adejare, whose inspiration stems from his culture, which is rich with stories about good & evil, kindness & selfishness, fate & determination. Proceeds go to Paths of Native Africa, a not-for-profit organization that undertakes self-sustaining projects, education and cultural exchange to help African people improve their quality of life. Adejare's works will be shown from Jan. 16-Feb. 15. After visiting the gallery, visit the floatation tanks. (510) 282-0425 or [www.thefloatcenter.com](http://www.thefloatcenter.com)

### Be a Hunk of Burnin' Love

On Sunday, Jan. 8 from 11AM-2PM, the Pavilion Stage in Jack London Square's Farmers' Market will be gyrating with Elvises. All Elvis wanna-bes are invited to show up in costume, shake & snarl with smokey gazes in a look-alike contest. Judging begins at Noon. Several prizes will be given for 1st, 2nd & 3rd place. If you need any more information than this, call (925) 825-9090.

### Studios / Shops at the Shipyard

The shipyard has eight new studios / shops currently available for lease. Of course, these studios are 8 x 20' containers & 8 x 24' Matson boxes with fancy hardwood floors. The Berkeley Shipyard has a large shared indoor fabrication / welding area, with two, yes two, in-ground pneumatic car lifts. Interested? Call Jim Mason (510) 812-3656 or email [jimmason@whatiamupto.com](mailto:jimmason@whatiamupto.com). [www.theshipyard.org](http://www.theshipyard.org)



New studio / shop containers are available at the Shipyard.



Adekunle Kabir Adejare's artwork, showing at FLOAT Gallery in the Cotton Mills Studios in Oakland, is inspired by Nigerian culture.

## Food, Wine, Music

### This One's for the Foodies

The Sixth Annual "Dine About Town" is here, and over 100 San Francisco restaurants are offering three-course prix-fixe menus: \$21.95 for lunch and \$31.95 for dinner (taxes & gratuities not included). The catch is: pay with your Visa. You'll earn miles anyway, right? No matter. It's time to eat as if the holidays never happened. Go somewhere new. Go somewhere you love. Try the organic wine & ask what herb is in the omakase. Do it now, because it ends Jan. 31. Reservations online [www.OpenTable.com](http://www.OpenTable.com)

### Carols in the Caves

"Carols in the Caves" are performed in a cozy, intimate cave of Byington Winery, Los Gatos. The final performance on Jan. 7 at 2PM, "Cave of the Spirits: A Twelfth Night Afternoon," honors the venerable time of Epiphany & Twelfth Night. This is a day for reverence & revelry, connected to the Magis' journey, the solstice rites of Yule, Calends, Saturnalia & other winter celebrations. David Auerbach performs ancient instruments & percussion in stunning natural acoustics. Wine sold during intermission. Children must be over 10 years old to attend. Tickets \$40. Call (707) 224-4222. For details, visit [www.cavemusic.net](http://www.cavemusic.net)

To have your event or announcement considered for the Bay Crossings Around the Bay listings, please send information or a press release to: [editor@baycrossings.com](mailto:editor@baycrossings.com).

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